

SENIOR NEWS

PROGRAMS & SERVICES FOR ACTIVE ADULTS 55+

PROGRAM REGISTRATION BEGINS:

STOW RESIDENTS: AUGUST 21

OPEN REGISTRATION: AUGUST 22

STOW PARKS & RECREATION DEPARTMENT

Program Information & In-person Registration:
 Stow City Hall
 3760 Darrow Road
 330-689-5100
 Monday - Friday
 8:00AM - 4:30PM

Stow Senior Center
 3968 Darrow Road
 330-686-1325
 Open During
 Programs & Events

INSIDE THIS ISSUE:

Important Information	2
Special Events	3
Recreation Programs & Services	4-7
Program Calendars	8-9
Community Events	10
Community Bus Trips (All ages)	11-12
Program Registration Sign Up	14



IMPORTANT INFORMATION

It is hard to believe the summer is almost over already, but we hope there are enough fall activities in the newsletter to make you excited for some cooler weather! The program registration is one week sooner than usual to allow for our staff to prepare for the biggest event of the year, Summer Sunset Blast.

Thank you to all of you who completed the senior center programming survey. In the upcoming months, you will start to see new programming and events that are reflective of the results, including a trip for a Halloween themed murder mystery at Spaghetti Warehouse.

We do not have an opening date for the new Community and Senior Center, but we hope to have more information in the next newsletter. We will also keep you updated with any news at the upcoming events.



**FALL
DRIVE-THRU
EVENTS**

WESTERN RESERVE HOSPITAL
Proudly Physician Owned

Partnering with
University Hospitals

SENIOR COALITION

To register (330) 926-3445 or
hospitalevents@westernreservehospital.org

**SEPTEMBER 20, 11 A.M. - 1 P.M.
CELEBRATE THE 50 YARD LINE**
Leona Farris Lodge
5027 Stow Road, Stow

**OCTOBER 25, 11 A.M. - 1 P.M.
SPOOKY FUN**
Quirk Cultural Center
1201 Grant Street, Cuyahoga Falls



**JOIN THE COMMUNITY FOR STOW'S END OF SUMMER CELEBRATION EVENT.
COMPLETE WITH THE BEST FIREWORKS SHOW IN THE AREA!**

**SATURDAY & SUNDAY AUGUST 31 & SEPTEMBER 1
SILVER SPRINGS PARK—5238 YOUNG RD., STOW**

FOOD, FUN, VENDORS, ENTERTAINMENT, CRAFT BEER, MUSIC!



SPECIAL EVENTS

LIBRARY BOOKMOBILE

Tuesdays beginning September 3
2:00

Stow Senior Center, 3968 Darrow Rd., Stow
Fee: FREE

The Bookmobile is coming to the Senior Center!

The Stow-Munroe Falls Public Library Bookmobile will start making weekly stops at the Stow Senior Center beginning September 3rd. Join them every Tuesday from 2 PM to 3 PM to borrow from their extensive selection of new fiction and more.

We'd love to chat with you about your favorite genres and take your requests for future visits. **To help you get acquainted with our services, the library will be coming into the Senior Center before their first few visits at 2 PM to provide a brief overview and answer any questions you might have.** No registration required.

MANICURES BY EDEN VISTA SENIOR LIVING

Monday, September 16
1:00-3:00, register for 15 minute time slots
Fee: R: \$2 NR: \$4

Stow Senior Center, 3968 Darrow Rd., Stow
Eden Vista Stow's, formerly the Landing of Stow, activity director Susan will be on hand to file, shape and paint ladies finger nails. Please register for a time slot when you register. Availability is limited to 8 for this program.

Pre-Registration is required by Sept. 11 or until full.

STROKE SEMINAR

Tuesday, September 17
10:00am

Stow Senior Center, 3968 Darrow Rd., Stow
Fee: R: \$2 NR:\$4

Join Western Reserve Hospital for a life-saving session on stroke awareness! Learn the signs, symptoms, and prevention tips to safeguard yourself and your loved ones. Presented by Kristen Holmes, Manager of Quality and Accreditation, Western Reserve Hospital. Light refreshments served.

ITALIAN DINNER NIGHT

Wednesday, September 18
5:00pm

Heritage Barn 5238 Young Rd.,
Stow

Fee: R: \$17 NR:\$19

Enjoy a night of music provided by Mic and Rick and dinner at the beautiful Heritage Barn. The menu includes salad, lasagna, garlic bread and a cannoli. Non-alcoholic drinks will be provided, but attendees are welcome to bring their own wine or beverage of choice with drinkware to the event.

Pre-Registration is required by September 11 or until full.



MOVIE MATINEE

Monday, September 30
11:30am

Leona Farris Lodge 5027 Stow Rd., Stow
Fee: R: \$5 NR: \$6

Why sit home watching TV when you can view a recent movie and have lunch in the company of friends? Dress accordingly, the heat/air conditioning cannot be adjusted by staff. Lunch menu TBD. Call Stow Parks & Recreation for the title of movie.

Pre-Registration is required until full. Limited Seating.



LET'S MAKE A DEAL HALLOWEEN PARTY

Thursday, October 17
11:30

Leona Farris Lodge, 5027 Stow Rd., Stow
Fee: R: \$15 NR: \$17

Join us for a fun day of laughs and prizes. Let's Make a Deal is a TV game show in which contestants wearing outrageous costumes make deals with the host to win prizes. Everyone's name will be put into a raffle to see who gets to have a chance at going on stage to participate! Dress up in costume for an additional ticket in the raffle. Lunch included

Pre-Registration is required by October 7 or until full.



RECREATION PROGRAMS & SERVICES

AGING IN PLACE

Presented by Direction Home
Friday, September 27
10:00am

Stow Senior Center,
3968 Darrow Rd., Stow
Fee: R: \$2 NR: \$4

Join Courtney Flickinger from Direction Home Area Agency on Aging to learn about the Aging in Place program. The program will provide relief for Summit County residents over 60 who do not qualify for Medicaid and cannot afford to privately pay for services that keep them safe in their home. Learn about Care coordination for home delivered meals, emergency response systems and home care. Minor home modifications and chore services as well as digital inclusion including free tablets, hands on tech coaching and wifi will also be covered during the presentation. Registration required.

LET'S GET SOCIAL

Presented by Vitalia Senior Living
Monday, September 23
1:00pm

Leona Farris Lodge 5027 Stow Rd., Stow
Fee: R: \$2 NR: \$4

Join Vitalia Senior Living for a Walking Taco Social. Consisting of a snack size bag of Fritos, taco meat and fixins' and eaten right out of the bag, it's a treat everyone is sure to enjoy. Registration required.

SUMMA WELLNESS COFFEE TALK

Monday, October 14
10:00am
Fee: R: \$2 NR: \$4



Stow Senior Center, 3968
Darrow Rd., Stow

The specialist for this program is still TBD. The description for the program will be available at registration. Light refreshments will be provided. Registration is required.

REMINDER: Registrations close one week prior to the event unless noted or the program is full.

SIP AND PAINT

Monday, October 21
1:00

Stow Senior Center, 3968 Darrow Rd., Stow
Fee: R: \$33 NR: \$35

Genna from Deer Path Designs will give you all the tools you will need to create your own custom wood round sign for the winter months. With step by step directions, and no drawing necessary, this is one craft you will want to display in your home or even feel proud to give away as a gift for the holidays! Light refreshments will be provided, but feel free to bring your own or to share! Registration required.

ACTIVITY LEVELS ARE PROVIDED FOR EACH TRIP:



Mild: Level 1 - May require leisurely walking. There may be minimal steps or uneven surfaces and some standing.



Moderate: Level 2 - May require moderate walking and extended standing. There may be steps or uneven surfaces.



Strenuous: Level 3 - May require extended periods of walking and standing. There may be numerous steps or uneven terrain.

*all activity levels are estimates and we ask that you carefully look over the waiver each time and answer honestly to ensure you are physically capable of participating without assistance or with your own mobility device.

RECREATIONAL PROGRAMS AND SERVICES

STOW STRIDERS HIKING GROUP



September 9—October 28

Mondays at 10am Rain Dates each week will be on Wednesdays at 10am

Bus Fare Fee: R: \$24 NR:\$26

Each hike departs Stow City Hall:

We travel by bus to an easy to moderate trailhead with a program assistant who points the way! Please note: This program is designed for active seniors and locations will include both Summit Metroparks and Cuyahoga Valley National Park trails. Hikes will include stairs, hills and uneven terrain and up to 2 miles of walking per week. ***Due to the trails difficulty, we do not anticipate hikers will receive credit for the Summit Metro Parks Fall Hiking Spree. Hike locations are not released by the Metro Parks until after newsletter deadline. A flyer with hikes and locations will be given out on the first day of hiking.***

Rain dates will be on the Wednesday of each week. Please call the weather cancellation line at 330-689-5105 in case of inclement weather. Phone calls will not be made. The line will be updated by 9:00 am Monday morning.

Each hike departs Stow City Hall on Mondays. Meet at 10:00 am in the City Hall Parking Lot.




Judi Lint, CRS, CSP, RRS, GSA
 Cell: (330) 388-9720 • Office: (330) 686-1166
 judilint@howardhanna.com
 3925 Darrow Rd, Ste 101, Stow, OH 44224

Living In & Serving Stow
 30+ Years




SMART SYSTEM TUNE-UP
 Call Today and SAVE!



20 Point Precision
 Furnace or Air Conditioning
 Tune-Up
\$94⁹⁵

Preventative Maintenance
\$175⁰⁰
 Keep your equipment at top performance all year long.

Carrier service • installations • estimates
 turn to the experts 330.686.9828 | www.BrandonHeating.com
 Proudly Serving Stow and Surrounding Communities for Over 30 Years*

PRE-PLANNING ■ GRIEF SUPPORT
 PERSONALIZED VIDEO TRIBUTES ■ CREMATION SERVICES



Redmon FUNERAL HOME
 3633 Darrow Road
 Stow, Ohio 44224
 330-688-6631

Serving Our Communities, One Family at a Time
 www.redmonfuneralhome.com



certus healthcare

- Long-term Care and Rehab
- Memory Care

Call for a tour at **(330) 678-4912**
 1290 Fairchild Ave, Kent OH 44240
www.certushc.com



Tina White, REALTOR®
 Cell: 330-388-7721
 Tina.white@exprealty.com



Specializing in Senior Moves

Providing a **FREE Step-by Step Guide to walk you through the Downsizing Process!**
Knowledge/Experience/Compassion Tina Listens!



Arbors at Stow
 Specializing in Alzheimer's and Dementia Care

2910 L'Ermitage Place
(330) 688-1188
www.arborsatstow.com



RECREATION PROGRAMS & SERVICES

Unless noted, programs will be offered for drop in play. *Due to spacing at the senior center, all programs will be offered at capacity. Please arrive no earlier than 10 minutes before a weekly program start time.*

**TUES
DAY**

DOMINOES MEXICAN TRAIN

EVERY Tuesday @ 12:00-2:00pm

Stow Senior Center, 3968 Darrow Rd.

No Fee. No registration. Come learn to play this fun and easy game.

MAH-JONGG

EVERY Tuesday @ 12:00-3:00pm

Stow Senior Center, 3968 Darrow Rd.

No Fee. No registration
For players familiar with the game.

**WED
NES
DAY**

CARDS AND GAME DAY!

EVERY Wednesday @ 12:00pm - 4:00pm

Stow Senior Center, 3968 Darrow Rd.

No Fee. No registration

Come learn and new game or play with friends. Decks of cards and a variety of board games and supplies will be on hand to play.



**THURS
DAY**

BRAIN GAMES WITH BOB

First Thursday of the month @ 1:00 pm

Stow Senior Center, 3968 Darrow Rd.

No Fee. No Registration Required

Join Bob from Danbury Senior Living for a fun hour of brain games including logic puzzles, word riddles and out of the box thinking. All materials will be provided.

TAI CHI

Now an ongoing program!

1st and 3rd Thursdays each month at 9:00am

Stow Senior Center, 3968 Darrow Rd., Stow

Tai chi is an internal Chinese martial art practiced for self-defense and health. Known for its slow, intentional movements, tai chi has practitioners worldwide and is particularly popular as a form of gentle exercise and moving meditation, with benefits to mental and physical health. Learn the basics from Brandy from Serenity Hospice who is a certified instructor. No registration is required, but class size is limited to the first 15 participants.

SENIOR BINGO

2nd and 4th Thursday of each month. Games begin at 1:00pm

Stow Senior Center, 3968 Darrow Rd., Stow

\$3/(3 card) packet for all 10 games. Correct change please. All money taken in is paid out as prizes! Digital Board displays past numbers. Window Slide Bingo cards provided. Program Sponsor: Danbury Senior Living Cuyahoga Falls

RECREATION PROGRAMS & SERVICES

LUNCH BUDDIES

Drive yourself to local restaurants to enjoy with friends. Meet the group leader at the restaurant. Order & pay off menu.

LEMONGRASS GRILL

SEPT 13 11:30 AM

20 N. Main Street Munroe Falls, OH 44262

ROCKNE'S

OCTOBER 11 11:30 AM

4240 Hudson Drive, Stow

BREAKFAST BUDDIES

Visit a local restaurant to enjoy good conversation and a tasty breakfast! Meet the group leader at the restaurant. Order & pay off menu.



RYES AND SHINE

SEPT 23 9:00 AM

2704 Front Street Cuyahoga Falls 44221

CAFÉ IN STOW

OCT 28 9:00 AM

4591 Darrow Rd, Stow

Call 330-689-5100 to register for Lunch Buddies & Breakfast Buddies.

Registration is required by the Monday prior, unless filled. All restaurants are moderately priced. Transportation and lunch are not included. Wait times may vary by restaurant. Please call the office if you are unable to make it so that we can call people on the wait list.

7

At Mulberry Gardens Assisted Living and Memory Care WE PUT YOUR LOVED ONE FIRST

At Mulberry Gardens Assisted Living and Memory Care, we know staying socially connected and feeling engaged becomes more important as we age. Healthy relationships, good nutrition and regular fitness programs are all included! When your loved one moves to Mulberry Gardens, they'll become a part of something special...a sense of family, friendship, and belonging that welcomes them each day. There are never any buy-in fees and everything is included in one reasonable monthly rent, even the utilities, except phone. We also offer personal services at an additional cost, and because we focus on individual needs and preferences, you only pay for the services needed.

Mulberry Gardens
ASSISTED LIVING & MEMORY CARE

ASSISTED LIVING

330-634-9919

395 South Main Street
Munroe Falls, OH 44262


MEMORY CARE

330-633-3026

47 Steeplechase Ln
Munroe Falls, OH 44262



SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Summer Sunset Blast	2 	3 12-3: Mah Jongg 12-2: Dominoes 2: Library Bookmobile	4 12-4: Cards and Games	5 <i>9 AM: Tai Chi</i> <i>1: Brain Games</i>	6	7
8	9 10: Hiking TRIP: Pier W	10 12-3: Mah Jongg 12-2: Dominoes 2: Library Bookmobile	11 12-4: Cards and Games 12:30-2:30 Blanketeers	12 <i>1pm: BINGO</i>	13 11:30am: Lunch Buddies	14
15	16 10: Hiking 1-3:Manicures	17 10: Stroke Seminar 12-3: Mah Jongg 12-2: Dominoes 2: Library Bookmobile	18 12-4: Cards and Games 5: Italian Dinner	19 <i>9 AM: Tai Chi</i> TRIP: Geneva Winery Tour	20 Trip: Ohio Star WRH Drive Thru	21
22	23 9am: Breakfast Buddies 10: Hiking 1: Let's Get Social	24 12-3: Mah Jongg 12-2: Dominoes 2: Library Bookmobile	25 12-4: Cards and Games Blanketeers 12:30-2:30	26 <i>1pm: BINGO</i>	27 10:Aging in Place	28
29	30 10: Hiking 11:30: Movie Matinee					

Most Programs are held at:
Stow Senior Center, 3968 Darrow Road
 Program Registrations are taken at Stow City Hall - **Stow
 Parks & Recreation Department, 3760 Darrow Road**

*LFL = Leona Farris Lodge, 5027 Stow Rd
 *Bus Trips Depart: *Stow City Center, 3760 Darrow Rd*
 *HB = Heritage Barn 5238 Young Rd
 *CLSC - *Clutch Lanes & Sports Center, 4190 State Road, Cuyahoga Falls*
 *SMFHS Stow Munroe Falls High School 3227 Graham Rd, Stow,

OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 12-3: Mah Jongg 12-2: Dominoes 2: Library Bookmobile	2 12-4: Cards and Games	3 9: <i>Tai Chi</i> 1: Brain Games	4 TRIP: Maize Valley	5
6	7 10: Hiking	8 12-3: Mah Jongg 12-2: Dominoes 2: Library Bookmobile	9 12-4: Cards and Games 12:30-2:30pm Blanketeers	10 1: <i>BINGO</i>	11 11:30: Lunch Buddies	12
13 TRIP: Murder Mystery	14 10: Hiking 10: <i>Coffee Talk</i>	15 12-3: Mah Jongg 12-2: Dominoes 2: Library Bookmobile	16 12-4: Cards and Games	17 9: <i>Tai Chi</i> 11:30: Let's Make a Deal	18	19
20	21 10: Hiking 1: Sip and Paint	22 12-3: Mah Jongg 12-2: Dominoes 2: Library Bookmobile	23 12-4: Cards and Games 12:30-2:30pm Blanketeers	24 1: <i>BINGO</i>	25 WRH Drive Thru	26
27	28 9am: Breakfast Buddies 10: Hiking	29 TRIP: Oberlin Art Museum 12-3: Mah Jongg 12-2: Dominoes 2: Library Bookmobile	30 12-4: Cards and Games Trip Sign Up	31 Trip Sign Up		

Most Programs are held at:
Stow Senior Center, 3968 Darrow Road
 Program Registrations are taken at Stow City Hall - **Stow
 Parks & Recreation Department, 3760 Darrow Road**
 *LFL = Leona Farris Lodge, 5027 Stow Rd

*Bus Trips Depart: *Stow City Center, 3760 Darrow Rd*
 *HB = Heritage Barn 5238 Young Rd
 *CLSC - *Clutch Lanes & Sports Center, 4190 State Road, Cuyahoga Falls*
 *SMFHS Stow Munroe Falls High School 3227 Graham Rd, Stow,
 OH 44224

COMMUNITY EVENTS



Shelby Miller

The new pickleball courts are now open at Oregon Trail park!

BLANKETEERS DONATIONS NEEDED!

2nd and 4th Wednesdays @ 12:30-2:30pm
Community Church of Stow, 1567 Pilgrim Dr. Stow
 You do not need to know how to knit or crochet to join. Just go with a willingness to learn and they will teach you the craft to make hats, mittens and blankets. Since 2005, this group has donated over 4000 blankets to various causes. Donations of yarn are appreciated and can be dropped off at the Senior Center. Contact Bobbi at 330-688-7390.

PARKINSON'S SPECIALTY CLASS

Every Wednesday 2:00pm
Sprenger Heather Knoll, 1134 North Ave,
 Tallmadge, OH 44278
 Free for all participants Contact Moria at 330-592-0811 for more information.



Stow • Munroe Falls
PublicLibrary
 Read. Dream. Connect.

Programming for Adults September - October 2024

For more information for these free programs, call (330) 688-3295 ext. 4 or visit events.smfpl.org.

The Evolution of Film	First Tuesday of the Month at 6:30 PM
Wednesday Movie Club	Every Wednesday at 2:00 PM
Knit, Stay, Crochet (NEW TIME)	Second Monday of the Month, 6:30 - 8:30 PM
Family Folklore	Every Thursday in September, 10:30 AM - 12:30 PM
Summit County Job and Family Services	Thurs., September 12, 2024, 1:00 - 5:00 PM Thurs., September 26, 2024, 1:00 - 5:00 PM
Summit Metro Parks: Grow A Wild Backyard	Wed., September 4, 2024, 6:00 - 7:30 PM
The Evolution of Fashion	Wed., September 18, 2024, 7:00 - 8:00 PM
Ralph N. Paulk Author Talk	Mon., September 23, 2024, 6:00 - 7:30 PM
Raptor Encounters with Lake Metroparks	Thurs., September 26, 2024, 4:00 - 5:00 PM
World Postcard Day	Sat., September 28, 2024, 10:00 AM - 2:00 PM

COMMUNITY BUS TRIPS

PIER W RESTAURANT



Date: Monday, September 9 **Resident fee: \$45 Non-Resident fee: \$47**
Depart: 3:45pm **Return: 7:00pm**

Pier W is a landmark restaurant that has been Cleveland's premier destination for five-star dining, fresh seafood and fine wines since 1965. Set within a cliff overlooking Lake Erie, guests will enjoy a panoramic view of Lake Erie while they dine. The limited menu will consist of fried walleye with chef's accompaniments, fresh lobster pasta, or hearth roasted chicken with mashed potatoes and chef's vegetables. The cost of the trip includes dinner and the tip.

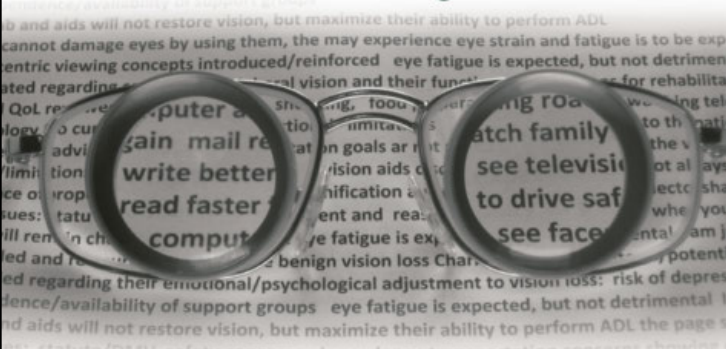
GENEVA WINERY TOUR



Date: Thursday, September 19 **Resident fee: \$43 Non-Resident \$ 45**
Depart: 10:30am **Return: 5:30pm**

We will start the day at Ferrante Winery for a lunch of Polo Parmesan, and wine tasting (included). We will continue our day at Debonne Winery, where we will take a tour of the production area and enjoy tastings of your choice (additional). We will end our day at Grand River Cellars with a presentation of wines, four tastings and cheese and crackers (included in cost). Please bring cash for gratuity for tastings, the tip is included in the cost for lunch.

Living with Macular Degeneration or other vision limiting condition?



Find out if special microscopic or telescopic glasses can help you see better. Even if you have been told nothing can be done, you owe it to yourself to seek a second opinion.
Low vision glasses starting at \$500.

**Macular Degeneration • Head Injury
 Diabetic Retinopathy • Stroke**



Call the Ohio Low Vision Center for a free phone consultation with Heather L. Alcorn, O.D.
330-486-8840 www.OhioLowVisionCenter.com



Looking for answers to your Medicare Questions?

I Can Help!

- First Diagnosis Cancer Insurance
- Hospital Indemnity Insurance
- Dental, Vision, Hearing (DVH) Plans
- Medicare Supplement/Advantage

Annual Enrollment Period and Year-Round Help



- 24/7 Notary Services
- Help Refinancing or Purchasing a Home

Contact Me for Preferred Pricing and a Smooth Mortgage Process!

Hedy Jarwono
 Agent/Advisor

Refer Us and Get a \$5.00 Gift Card!

151-1 Portage Trail, Cuyahoga Falls, Ohio 44221 NMLS #2381977
330-245-4118
877-830-3421
 hedy@jarwonoinsuranceagency.com

"WHAT TO DO IN CASE OF AN ACCIDENT"
Get Our FREE Brochure Guide!





COMMUNITY BUS TRIPS

OPEN TO ALL AGES

Bus departs from Stow City Hall, 3760 Darrow Road, unless otherwise noted.



All trips are subject to change and cancellation. All restaurants are moderately priced and wait times and menu items may vary. Please arrive 15 minutes prior to departure time. All required waivers must be signed prior to the date of the trip.

ALTER EAGLES- EAGLES TRIBUTE BAND AT OHIO STAR



Date: Friday, September 20 **Resident fee:** \$69 **Non-Resident fee:** \$71

Depart: 3:30 **Return:** 11:00pm

For a decade, The Alter Eagles have been astonishing audiences across the United States with their inspiring tribute to the number one selling band of all time in North America. Trip will include dinner at Dutch Valley Restaurant and admission to the show.

This trip is currently full, but a wait list is available!

MAIZE VALLEY WINERY

HARTVILLE



Date: Friday, October 4 **Resident fee:** \$28 **Non-Resident fee:** \$30

Depart: 10:15am **Return:** 3:45pm

An eclectic, ever changing business, Maize Valley offers something for everyone. Our trip will include lunch of 1/2 sandwich and a cup of soup, two tasting tickets for wine or beer and a wagon ride through the spectacular grounds and shopping at their gift shop. You're going to want to make this an annual tradition with your own family once you experience it with us. Wagons have open sides and hay bail seating.

DEATH BENEATH THE SPHINX MURDER MYSTERY AT SPAGHETTI WAREHOUSE



Date: Sunday, October 13 **Resident fee:** \$63 **Non-Resident fee:** \$65

Depart: 3:00pm **Return:** 7:30pm

The heat of the Egyptian sun, palm trees, and pyramids mingle with international finance, smuggled treasures, and death curses. Things get interesting when word spreads of a new archaeological discovery. But the team that made the find seems to have gone missing! Now it's up to you to help solve the mystery! Trip includes 3 course meal, soft drinks and admission to the show.

OBERLIN ART MUSEUM AND WELTZHEIMER/JOHNSON HOUSE TOUR



Date: Tuesday, October 29 **Resident fee:** \$ 17 **Non-Resident fee:** \$ 19

Depart: 8:15am **Return:** 3:30pm

The first stop on the trip will be the The Weltzheimer/Johnson House at Oberlin College. It is a Frank Lloyd Wright Usonian House designed in 1947 and completed in 1949. It is the first Usonian house in Ohio and one of the few in the nation open to the public. We will continue the guided tour at the Allen Memorial Art Museum on the campus of Oberlin College, recognized as one of the best academic art museums in the nation. Lunch (additional) at Olive Garden.

A CHRISTMAS CABARET AT OHIO STAR THEATER



Date: Saturday, November 16 **Resident fee:** \$62 **Non-Resident fee:** \$64

Depart: 3:30pm **Return:** 10:30pm

Spotlight Entertainment presents this Christmas Cabaret! The area's best live band and vocalist round out this spectacular Christmas Tribute Concert. Presented live on stage, Christmas tributes to all your favorite artists such as The Carpenters, Elvis, Amy Grant, Mariah Carey, Nat King Cole, Michael Buble', Burl Ives, Bing Crosby, Perry Como, Brenda Lee, and many more. Something that you will not want to miss. This fabulous holiday show includes the holiday classic songs "It's The Most Wonderful Time Of The Year", "Sleigh Ride", "The Christmas Song", "Blue Christmas "Merry Christmas Darling", "White Christmas", and so much more. Revisit your cherished Christmas memories...and prepare for some magical surprises as we take you down memory lane! Trip will include dinner at Dutch Valley Restaurant and admission to the show. Gift shop and bakery shopping before dinner. Deadline is October 19 or until full.

NEW ASSISTED LIVING!



Regent of Stow

AN EMBASSY HEALTHCARE COMMUNITY

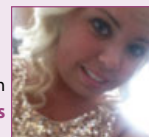
Assisted Living Community

Affordable/All Inclusive Rates! Call 330-285-7362

SCENTSY

Mandy Weber-Lee
Independent Consultant

Cell:
440-731-5246
Mandyweb13@yahoo.com
mandylee13.scentys.us



DOES YOUR NONPROFIT ORGANIZATION NEED A NEWSLETTER?



Engaging, ad-supported print and digital newsletters to reach your community.

Visit lpicommunities.com

LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

CONTACT ME
Jayne Pandy

jpandy@lpicommunities.com

(800) 477-4574 x6401

LIVE LIFE WITHOUT BOUNDS-



Learn about fall prevention in a way that balances you physically and mentally. Call the Aging and Disability Resource Center to take the next step to help prevent a fall.

Or, consider becoming a paid and trained volunteer leader for one of our free, evidence-based Fall Prevention programs like Tai Chi, Bingocize, and more!

**CONTACT DIRECTION HOME AKRON CANTON
AREA AGENCY ON AGING AND DISABILITIES**

COMMUNICATIONS@DHAD.ORG // 877-770-5558



This project is supported, in part by grant number FP5G19Q00157, from the Administration for Community Living, U.S. Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.



For ad info. call 1-800-477-4574 • www.lpicommunities.com

14-1497

PROGRAM SIGN UP

Please use this registration form if you are signing up in person for multiple activities at once. If you cannot attend, please call 330-689-5100, so we can add a registration from the waitlist.

Name: _____

(circle one) Resident* Non Resident

SPECIAL EVENTS:

_____	MANICURES Monday, September 16	R: \$2	NR: \$4
_____	STROKE SEMINAR Tuesday, September 17	R: \$2	NR: \$4
_____	ITALIAN DINNER NIGHT Wednesday, September 18	R: \$17	NR: \$19
_____	LET'S GET SOCIAL Monday, September 23	R: \$2	NR: \$4
_____	AGING IN PLACE Friday, September 27	R: \$2	NR: \$4
_____	MOVIE MATINEE Monday, September 30	R: \$5	NR: \$6
_____	SUMMA WELLNESS COFFEE TALK Monday, October 14	R: \$2	NR: \$4
_____	LET'S MAKE A DEAL Thursday, October 17	R: \$15	NR: \$17
_____	SIP AND PAINT Monday, October 21	R: \$33	NR: \$35
_____	STOW STRIDERS HIKING Mondays, Sept. 9—Oct. 28	R: \$24	NR: \$26

LUNCH BUDDIES	_____ FRIDAY, SEPTEMBER 13	_____ FRIDAY, OCTOBER 11
BREAKFAST BUDDIES	_____ MONDAY, SEPTEMBER 23	_____ MONDAY, OCTOBER 28

COMMUNITY BUS TRIPS: CIRCLE FEE

PIER W RESTAURANT

Date: Monday, September 9 Resident Fee: \$ 45 Non-Resident Fee: \$ 47

GENEVA WINERY TOUR

Date: Thursday, September 19 Resident fee: \$ 43 Non-Resident fee: \$46

MAIZE VALLEY

Date: Friday, October 4 Resident fee: \$ 28 Non-Resident fee: \$ 30

DEATH BENEATH THE SPHINX MURDER MYSTERY

Date: Sunday, October 13 Resident fee: \$ 63 Non-Resident fee: \$65

OBERLIN ART MUSEUM AND WELTZHEIMER/JOHNSON HOUSE TOUR

Date: Tuesday, October 29 Resident Fee: \$17 Non-Resident Fee: \$19

CHRISTMAS CABARET AT OHIO STAR THEATER

Date: Saturday, November 16 Resident fee: \$ 62 Non-Resident fee: \$ 64

POLICIES AND PROCEDURES

BUS TRIP POLICIES Children under 18 must be accompanied by an adult. Pre-registration is required & full payment is due upon registration. No Holds. Trips include transportation and admissions. Meals are not included unless noted. Return times are approximate so please allow for additional time.

Our staff is happy to assist you with basics whenever possible if you are travelling alone such as, if you need assistance retrieving your mobility device, or accessing the lift. (You must have a mobility device if you intend to use the lift.) *If you require special assistance boarding, de-boarding, climbing stairs, or walking any distance, or of a personal nature, you must travel with a personal care attendant, as our staff is not able to provide that level of assistance. A personal care attendant MUST also be registered for the trip.* Please inform us of your intentions regarding these needs when you register, and the City is happy to work with you to accommodate these needs.

CANCELLATION POLICY

Don't delay in registering for a program or trip. Some programs fill quickly or minimum numbers must be met in order to hold an activity. If the Stow Parks & Recreation Department must cancel a program due to low numbers you will receive a full refund of program fees. If you must cancel your registration due to any reason, including illness, appointments or change of personal plans, you must submit a refund request at least seven days prior to a trip or program. Refunds are given only if no expenses/ticket purchases have occurred. Approved refunds by check incur a \$5 processing fee. Approved refunds applied as program credit will be for the full amount. Any cancellations within 7 days of the activity **do not** receive credit or refund.

You may always allow someone to take your place in the program with the exception of programs that have a current wait list.



**SUPPORT THE
ADVERTISERS**
that Support our
Community!



**STOW SENIOR ADULT PROGRAMS
STOW PARKS & RECREATION DEPARTMENT
3760 DARROW ROAD STOW, OH 44224
330-689-5100
WEBSITE: WWW.FUNINSTOW.COM**

PRE-SORTED
STANDARD
U.S. POSTAGE
PAID
CUYAHOGA FALLS, OH
PERMIT NO. 501

Return Service Requested

Dated Material

SEPTEMBER & OCTOBER 2024

SENIOR NEWS

PROGRAMS & SERVICES FOR ACTIVE SENIOR ADULTS 55+

PROGRAM REGISTRATION BEGINS:

STOW RESIDENTS: AUGUST 21

OPEN REGISTRATION: AUGUST 22