

SENIOR NEWS

PROGRAMS & SERVICES FOR ACTIVE ADULTS 55+

You're Invited:

The Wizard of Oz

April 26th at 9:30am

Stow Munroe Falls HS

3227 Graham Rd. Stow, OH 44224

Free for Seniors!

No registration necessary

PROGRAM REGISTRATION BEGINS:

STOW RESIDENTS: APRIL 24

OPEN REGISTRATION: APRIL 25

STOW PARKS & RECREATION DEPARTMENT

Program Information & In-person Registration:

Stow City Hall
3760 Darrow Road
330-689-5100

Monday - Friday
8:00AM - 4:30PM

Stow Senior Center

3968 Darrow Road
330-686-1325

Open During
Programs & Events

FUNINSTOW.COM

Kathy Lewis, Recreation Supervisor
klewis@stow.oh.us

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Sat., May 25, 2024

My Friend Jack
Pop and Classic Rock
Music

Fri., June 7, 2024

The Cover Band
Dance Hits from the
last 5 Decades

Fri., June 21, 2024

Maria & The Balance
Rock, Funk, and Dance
Music

Fri., July 5, 2024

Sudden Change
A tribute to female rock,
pop and Top 40 hits



IMPORTANT INFORMATION

Ok, everyone mark your calendars for the (tentative) Grand Opening of the new Stow Community Center, which will be the new home of the Senior Center! The date will be July 6th for the community and July 10th for our Senior Celebration! More information will be in the upcoming newsletter for July/August. This date is subject to change pending any scheduling delays in the upcoming months.

We would like to welcome Valerie Huddleston to our staff as a program assistant and welcome back Rose from her winter vacation and wish Ann Berger the best in her retirement. You may have already met Valerie at the senior center or on a trip. She is going to be a great addition to the staff, especially as we move forward with more programming in our new space.

The staff and I are so excited for the next few months. Soon, you will see a Senior Survey at our events and programs. The more people that complete the survey, the better. Please only complete it once. Suggestions are always welcome, but please keep in mind that some programming or trips may not be possible.

Summit County Public Health is inviting you to the Senior Summit 2024. This event is scheduled for Saturday, May 18 from 9am-2pm at the Firestone CLC, located at 470 Castle Blvd., Akron, OH 44313. This event, held every other year, brings together services and opportunities for those 55 and over and those who love them. Go see what Summit County has to offer as you have a light grab and go breakfast or boxed lunch for the first 500 attendees. Entertainment and education sessions or a trip to the stars in the Firestone CLC Planetarium. An Age Friendly Community will be on display with chances to register for needed services or look for opportunities for vibrant living for older adults all under one roof. You do not have to register for this event.

SPRING EVENTS

WESTERN RESERVE HOSPITAL
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SENIOR COALITION

To register call
(330) 926-3445

MAY 17, 11 A.M. - 1 P.M.
DOWN ON THE FARM
PRODUCE PICK-UP
Leona Farris Lodge, 5027 Stow Road, Stow

ACTIVITY LEVELS ARE PROVIDED FOR EACH TRIP:



Mild: Level 1 - May require leisurely walking. There may be minimal steps or uneven surfaces and some standing.



Moderate: Level 2 - May require moderate walking and extended standing. There may be steps or uneven surfaces.



Strenuous: Level 3 - May require extended periods of walking and standing. There may be numerous steps or uneven terrain.

*all activity levels are estimates and we ask that you carefully look over the waiver each time and answer honestly to ensure you are physically capable of participating without assistance or with your own mobility device.

SPECIAL EVENTS

MIND CHALLENGE

Friday, May 3

1:00-3:00pm

Barberton Senior Center, 500 W. Hopocan Ave. Barberton, OH 44203

We will depart City Hall at 11:30 to travel to Barberton on the bus to compete against other area senior centers and teams. We will not be stopping to eat, please plan accordingly. Please let us know if you plan to drive yourselves.

Additional dates possible based on points and team advancement: May 10, May 17, May 21st and 22nd.



*This information is for teams who are already registered.

CINCO DE MAYO PARTY

Tuesday, May 7

11:30am

Leona Farris Lodge 5027

Stow Rd., Stow

Fee: R: \$5.00 NR: \$7.00



We'll celebrate Cinco de Mayo, but just a couple days later. Enjoy an authentic Mexican meal from Spicy Sombrero. We will provide the fun and entertainment with games and music. Food provided by Heritage of Hudson. Pre-Registration is required by May 1 or until full.

MOVIE MATINEE

Monday, May 13

11:30am

Leona Farris Lodge 5027 Stow

Rd., Stow

Fee: R: \$5.00 NR: \$6.00

Why sit home watching TV when you can view a recent movie and have lunch in the company of friends? Dress accordingly, the heat/air conditioning cannot be adjusted by staff. Lunch menu TBD.

Call Stow Parks & Recreation for the title of movie.

Pre-Registration is required by May 8 or until full. Limited Seating.



TAI CHI

TAUGHT BY SERENITY HOSPICE



Thursday, May 16 & Monday, June 10
10:00am

Stow Senior Center, 3968 Darrow Rd., Stow

Fee: R: \$2 NR: \$4

Tai chi is an internal Chinese martial art practiced for self-defense and health. Known for its slow, intentional movements, tai chi has practitioners worldwide and is particularly popular as a form of gentle exercise and moving meditation, with benefits to mental and physical health. Learn the basics from Brandy from Serenity Hospice who is a certified instructor. Pre-Registration is required by one week prior to class.

VANTAGE AGING

Thursday, May 9

10:00am

Stow Senior Center, 3968 Darrow Rd., Stow

Fee: Free

Learn about the great programs of VANTAGE Aging, a non-profit in Summit and surrounding counties that has provided programs for over 45 years to support us as we age. VANTAGE offers services to help older adults remain healthy, active, and independent in our communities.

MAH JONGG LESSONS

1st four Wednesdays in May

10:00-11:00am

Stow Senior Center, 3968 Darrow Rd., Stow

Fee: R: \$20 NR: \$22

Learn to play the game of Mah Jongg - Step by Step with other beginner level players. 5 week class teaches the rules of play with ample opportunity to practice and play with others new to the game. Please only register if you are able to commit to all of the classes. All materials will be provided for this class.

Pre-Registration is required by April 26 or until full.

REMINDER: Registrations close one week prior to the event unless noted or the program is full.

RECREATION PROGRAMS & SERVICES

NATIONAL CHOCOLATE ICE CREAM DAY

Friday, June 7
1:00

Fee: R: \$2 NR: \$4

Stow Senior Center, 3968 Darrow Rd., Stow
Join Mulberry Gardens Memory Care and Senior Living to celebrate National Chocolate Ice Cream Day! Other flavors will be available as well, along with toppings. Indoor and outdoor seating will be available, weather permitting.

Pre-Registration is required by May 31 or until full.



MANICURES BY EDEN VISTA SENIOR LIVING

Monday, June 17

1:00-3:00, register for 15 minute time slots

Fee: R: \$2 NR: \$4

Stow Senior Center, 3968 Darrow Rd., Stow
Eden Vista Stow's, formerly the Landing of Stow, activity director Susan will be on hand to file, shape and paint ladies finger nails. Please register for a time slot when you register. Availability is limited to 8 for this program.

Pre-Registration is required by June 10 or until full.

VOLUNTEER OPPORTUNITY CARD MAKING FOR SERENITY HOSPICE

Monday, June 17th 1:00-3:00,

Stow Senior Center, 3968 Darrow Rd., Stow

Fee: Free

Join Brandy from Serenity Hospice Center for a volunteer opportunity to make cards for hospice patients. All supplies will be provided, along with light refreshments.

	<p>Stow • Munroe Falls PublicLibrary Read. Dream. Connect.</p>	<p>Programming for Adults May – June 2024</p>	<p>For more information for these free programs, call (330) 688-3295 ext. 4 or visit events.smfpl.org.</p>
Wednesday Movie Club		Every Wednesday from 2:00 - 4:00 PM	
Deer in Stow and Munroe Falls: What to Do?		Thurs., May 7, 2024 7:00 - 8:00 PM	
Summit County Job and Family Services		Thurs., May 16, 2024, 1:00 - 5:00 PM Thurs., May 30, 2024, 1:00 - 5:00 PM and every other Thursday of the Months	
Genealogy Interest Group		Tues., March 12, 2024, 7 - 8 PM	
The Evolution of Film: Citizen Kane		Tues., May 7, 2024, 6:30 PM	
Basic Bike Repair 101		Sat., May 4, 2024, 2 PM, Rain Date Sat., May 11, 2024, 2 PM	
Photography Workshop 1 - Vision		Mon., May 20, 6:30 - 8:30 PM	
Photography Workshop 2 - The Power of Capture		Mon., June 3, 6:30 - 8:30 PM	
Photography Workshop 3 - Communication		Mon., June 10, 3:30 - 8:30 PM	
Supertronics Flute Performance		Wed., May 29, at 7:00 PM	
Riverfront Community Band		Wed., Jun 5, 2024, at 7:00 - 8:00 PM	
Community Recipe Swap		Sat, June 15, 1:00 - 4:00 PM	
Acoustic Night		Wed., May 8, 6:30 - 8:30 PM & Wed., June 12, 6:30 - 8:30 PM	
Knit, Stay, Crochet		Mon., May 2, 2 - 4 PM & Mon., June 17, 2 - 4 PM	

RECREATIONAL PROGRAMS AND SERVICES

SPRING HIKING SPREE *This program is close to being full



April 29-June 3

Mondays at 10am Bus Fare Fee: R: \$15 NR:\$17

No hike May 27 Each hike departs Stow City Hall:

We travel by bus to an easy to moderate trailhead with a program assistant who points the way! The spring hikes will all be a part of the Spring Spree for All Hiking Spree with the Summit Metro-Parks. Please note: This program is designed for active seniors and locations will include trails at local Summit Metroparks. Hikes may include stairs, hills and uneven terrain and up to 2 miles of walking per week. Due to the nature of the trip, all participants should plan to ride the bus to and from each hike. We will stop for lunch on June 3rd after the hike. Hiking location flyer will be available closer to the start of the program. Rain dates will be on the Wednesday of each week. Please call the weather cancellation line at 330-689-5105 in case of inclement weather. Phone calls will not be made. The line will be updated by 9am Monday morning.




Judi Lint, CRS, CSP, RRS, GSA
 Cell: (330) 388-9720 • Office: (330) 686-1166
 judilint@howardhanna.com
 3925 Darrow Rd, Ste 101, Stow, OH 44224

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RECREATION PROGRAMS & SERVICES

Unless noted, programs will be offered for drop in play. *Due to spacing at the senior center, all programs will be offered at capacity. Please arrive no earlier than 10 minutes before a weekly program start time.*

TUESDAY

DOMINOES MEXICAN TRAIN

EVERY Tuesday @ 12:00-2:00pm

Stow Senior Center, 3968 Darrow Rd.

No Fee. No registration. Come learn to play this fun and easy game.

MAH-JONGG

EVERY Tuesday @ 12:00-3:00pm

Stow Senior Center, 3968 Darrow Rd.

No Fee. No registration
For players familiar with the game.

WEDNESDAY

CARDS AND GAME DAY!

EVERY Wednesday @ 12:00pm - 4:00pm

Stow Senior Center, 3968 Darrow Rd.

No Fee. No registration

Come learn and new game or play with friends. Decks of cards and a variety of board games and supplies will be on hand to play.



BRAIN GAMES WITH BOB

First Thursday of the month @ 1:00 pm

Stow Senior Center, 3968 Darrow Rd.

No Fee. No Registration Required

Join Bob from Danbury Senior Living for a fun hour of brain games including logic puzzles, word riddles and out of the box thinking. All materials will be provided.

THURSDAY

SENIOR BINGO AT STOW SENIOR CENTER

2nd and 4th Thursday of each month. Games begin at 1:00pm

Stow Senior Center, 3968 Darrow Rd., Stow

\$3/(3 card) packet for all 10 games. Correct change please.

All money taken in is paid out as prizes!

Digital Board displays past numbers. Window Slide Bingo cards provided.

Program Sponsor: Danbury Senior Living Cuyahoga Falls



COMMUNITY NEWS:

The Stow Woman's Club is looking for new members. The purpose of the organization is to promote the service and social culture of the membership and the community. They meet October - May at the Community Church of Stow, 1567 Pilgrim Drive on the first Thursday of each month at 1pm.

RECREATION PROGRAMS & SERVICES

LUNCH BUDDIES

Drive yourself to local restaurants to enjoy with friends. Meet the group leader at the restaurant. Order & pay off menu.

THE BOULEVARD TAVERN

MAY 10 **11:30 AM**

435 Chestnut Blvd. Cuyahoga Falls, Ohio 44221

DONTINO'S LA VITA GARDENS

JUNE 14 **11:30 AM**

555 E Cuyahoga Falls Ave, Akron, OH 44310

BREAKFAST BUDDIES

Visit a local restaurant to enjoy good conversation and a tasty breakfast! Meet the group leader at the restaurant. Order & pay off menu.



PERKINS RESTAURANT

MAY 20 **9:00 AM**

130 W. Streetsboro, Unit 1, Hudson, OH 44236

MICHAELS AM

JUNE 24 **9:00 AM**

1562 Akron Peninsula Rd #120, Akron, OH 44313

Call 330-689-5100 to register for Lunch Buddies & Breakfast Buddies.

Registration is required by the Monday prior, unless filled. All restaurants are moderately priced. Transportation and lunch are not included. Wait times may vary by restaurant. Please call the office if you are unable to make it so that we can call people on the wait list.

At Mulberry Gardens Assisted Living and Memory Care WE PUT YOUR LOVED ONE FIRST

At Mulberry Gardens Assisted Living and Memory Care, we know staying socially connected and feeling engaged becomes more important as we age. Healthy relationships, good nutrition and regular fitness programs are all included! When your loved one moves to Mulberry Gardens, they'll become a part of something special...a sense of family, friendship, and belonging that welcomes them each day. There are never any buy-in fees and everything is included in one reasonable monthly rent, even the utilities, except phone. We also offer personal services at an additional cost, and because we focus on individual needs and preferences, you only pay for the services needed.




ASSISTED LIVING
330-634-9919
395 South Main Street
Munroe Falls, OH 44262

MEMORY CARE
330-633-3026
47 Steeplechase Ln
Munroe Falls, OH 44262



MAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10: Mah Jongg lessons 12-4: Cards and Games	2 1pm: Brain Games	3 Mind Challenge (Barberton)	4
5	6 10 AM: Hiking Spree Footcare	7 11:30: Cinco De Mayo Party (No Mah Jongg or Dominoes today)	8 10: Mah Jongg lessons 12-4: Cards and Games 12:30-2:30 Blanketeers Bus Trip: Acrobats	9 10: Vantage Aging 1pm: BINGO	10 Massages 11:30am: Lunch Buddies	11
12	13 10 AM: Hiking Spree 11:30am Movie Matinee LFL	14 12-3: Mah Jongg 12-2: Dominoes	15 10: Mah Jongg lessons 12-4: Cards and Games	16 10 AM: Tai Chi	17 Massages	18
19	20 10 AM: Hiking Spree 9am: Breakfast Buddies	21 12-3: Mah Jongg 12-2: Dominoes	22 10: Mah Jongg lessons 12-4: Cards and Games Blanketeers 12:30-2:30	23 10am: Coffee & Conversation 1pm: BINGO	24 Bus Trip: Emerald Necklace Inn	25 6-8PM: Concert on the Green
26	27 Memorial Day 	28 12-3: Mah Jongg 12-2: Dominoes	29 12-4: Cards and Games	30	31 Bus Trip: Rubber Ducks	

Most Programs are held at:
Stow Senior Center, 3968 Darrow Road
 Program Registrations are taken at Stow City Hall - **Stow Parks & Recreation Department, 3760 Darrow Road**

*LFL = Leona Farris Lodge, 5027 Stow Rd
 *Bus Trips Depart: *Stow City Center, 3760 Darrow Rd*
 *HB = Heritage Barn 5238 Young Rd
 *CLSC - *Clutch Lanes & Sports Center, 4190 State Road, Cuyahoga Falls*
 *SMFHS Stow Munroe Falls High School 3227 Graham Rd, Stow,

JUNE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 10 AM: Hiking Spree	4 12-3: Mah Jongg 12-2: Dominoes	5 12-4: Cards and Games	6 1pm: Brain Games	7 1 PM: Ice Cream Day 6-8PM: Concert on the Green	8 Bus Trip: Frankie Valli Tribute
9	10 10 AM: Hiking Spree 10 AM: Tai Chi	11 12-3: Mah Jongg 12-2: Dominoes	12 12-4: Cards and Games 12:30-2:30pm Blanketeers	13 1pm: BINGO	14 Massage 11:30am: Lunch Buddies	15
16	17 10 AM: Hiking Spree 1: Manicures by Eden Vista 1: Card Making	18 12-3: Mah Jongg 12-2: Dominoes	19 12-4: Cards and Games	20 Bus Trip: Back to the Future	21 Massage 6-8PM: Concert on the Green	22
23 Bus Trip: Lady Caroline	24 9am: Breakfast Buddies	25 12-3: Mah Jongg 12-2: Dominoes	26 12-4: Cards and Games 12:30-2:30pm Blanketeers	27 1pm: BINGO	28	29
30	10 AM: Hiking Spree					

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 *SMFHS Stow Munroe Falls High School 3227 Graham Rd, Stow, OH 44224

COMMUNITY EVENTS

CHAIR MASSAGE WITH SUE PETROF, LMT

2nd and 3rd Fridays of each month
For Appointments Call: Sue Petrof, LMT, 330-414-8882

Stow Senior Center, 3968 Darrow Rd., Stow
Fee: \$15 for 15 minutes

Massage is credited with reducing pain and allowing deep relaxation. A chair massage focuses on the neck, shoulders and back only, while fully clothed. *No need to kneel on knees.*

FOOT & NAIL CARE WITH RELIABLE NURSE FOOT CARE

For Appointments call: 216-956-0293

Stow Senior Center, 3968 Darrow Rd., Stow
Foot Care Sessions are \$40 check, cash or credit card.

Nurse Provided Toenail & Foot Care including toenail trimming, thinning and filing, corn & callus reduction by a certified foot care nurse at prices often cheaper than a copay.

BLANKETEERS DONATIONS NEEDED!

2nd and 4th Wednesdays @ 12:30-2:30pm
Community Church of Stow, 1567 Pilgrim Dr. Stow
You do not need to know how to knit or crochet to join. Just go with a willingness to learn and they will teach you the craft to make hats, mittens and blankets. Since 2005, this group has donated over 4000 blankets to various causes. Donations of yarn are appreciated and can be dropped off at the Senior Center. Contact Bobbi at 330-688-7390.

PARKINSON'S SPECIALTY CLASS

Every Wednesday 2:00pm

Sprenger Heather Knoll, 1134 North Ave,
Tallmadge, OH 44278

Free for all participants Contact Moria at
330-592-0811 for more information.

TYRANNOSAURUS FLEX FITNESS CLASSES

Tyrannosaurus Flex Fitness Studio, 3073 Graham Rd., Stow

Call Kellie for more information and to register:
440-567-5087.

JOIN OUR FRIENDS AT KENT HEALTHCARE AND REHABILITATION FOR THE FOLLOWING PROGRAMS:

Location: 1290 Fairchild Ave Kent ~330-678-4912.

May 3rd 2pm-4pm for a Pre-Cinco De Mayo celebration. Kent Health Care celebrates Cinco De Mayo with Tacos and Tours. Food, Drinks, Music and Games. RSVP appreciated by May 1st but not required.

May 10th Annual Spring Craft Show. Meet local crafters and vendors, enjoy various food and drinks from 10a-3p. If you would like to be a vendor please call and ask for Julie for details.

June 1st 1st annual Kent Healthcare Cruise -In Classic Car Show from 12pm-3pm. Join us for an afternoon of classics, oldies but goodies. Music, Food and Fun bringing back those great memories. If you would like to register a car please ask for Julie. Registration is free! Registration deadline May 28th.

June 7th Kent HealthCare is celebrating National Donut day! Join us for a hot breakfast (Eggs, Sausage, Fruit, Yogurt and of course your favorite Donut) Maple Cream Stick, Classic Glazed, Jelly, or another kind, what is your favorite? RSVP by June 5th 330-678-4912

June 18th National Picnic Day. All your favorites along with classic backyard games and prizes. 1290 Fairchild Ave ~ Kent ~ 330-678-4912. RSVP by June 14th.

COMMUNITY BUS TRIPS

PEKING ACROBATS AT AKRON CIVIC THEATER -RESCHEDULED



(Limited tickets available)

Date: Wednesday, May 8 Resident fee: \$ 48 Non-Resident fee: \$50

Depart: 6:00pm Return: 10:00pm

For the last thirty two years, the Peking Acrobats have redefined audience perceptions of Chinese acrobatics. They perform daring maneuvers atop a precarious pagoda of chairs and display their technical prowess at such arts astrick-cycling, precision tumbling, juggling, somersaulting, and gymnastics. They push the limits of human ability, defying gravity with amazing displays of contortion, flexibility, and control. We will not be stopping to eat for this trip, but a small concession stand is available for purchase.

EMERALD NECKLACE INN – FAIRVIEW PARK

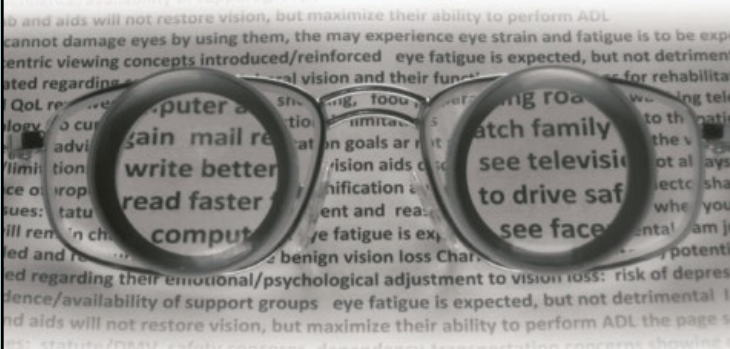
Date: Friday, May 24 Resident Fee: \$37 Non-Resident Fee: \$39

Depart: 10:30am Return: 3:00pm



The Emerald Necklace Inn & Tea Room is one of Cleveland's historic treasures. This brick building was built in 1863 during the Civil War and now houses a Bed and Breakfast and Tea Room. Guests will enjoy the Emerald High Tea, which will include a pot of tea, soup or salad, scone, bread plate, quiche, three tea sandwiches and dessert. *If you attended this trip in the fall, we ask that you do not register again and allow for others to attend.*

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COMMUNITY BUS TRIPS

OPEN TO ALL AGES

Bus departs from Stow City Hall, 3760 Darrow Road, unless otherwise noted.



All trips are subject to change and cancellation. All restaurants are moderately priced and wait times and menu items may vary. Please arrive 15 minutes prior to departure time. All required waivers must be signed prior to the date of the trip.

RUBBER DUCKS BASEBALL



Date: Friday, May 31 **Resident fee: \$22** **Non-Resident fee: \$24**
Depart: 6:00 PM **Return 10:30 PM**

It's Fireworks night at the ballgame! The Akron Rubber Ducks host the New Hampshire Fisher Cats at Canal Park. Dinner will be on your own (additional) at the ballpark.

LET'S HANG ON- FRANKIE VALLI & THE FOUR SEASONS TRIBUTE AT THE OHIO STAR THEATER

Date: Saturday, June 8 **Resident fee: \$ 69** **Non-Resident fee: \$71**
Depart: 10:00am **Return: 5:30pm**



The nation's premier Frankie Valli and The Four Seasons Tribute Show is a full-blown stage production complete with that Four Seasons sound, crisp choreography, and a 4-7 piece live band. The guys of Let's Hang On! cover all of the great Four Seasons Hits complete with that awesome falsetto supported by superb harmonies! LET'S HANG ON! is proud to be one of the few remaining touring productions that guarantees a Live Band with EVERY show! No tracks, real music and that authentic Frankie Valli and The Four Seasons sound. Great music shouldn't be compromised. The full Let's Hang On! cast is sure to make you want to get out of your seat and dance the night away to some of the best music to come from the '60's and '70's. Lunch prior to the show at Dutch Valley Restaurant. Shops and bakery shopping, if time allows. Trip will include lunch and admission to the show. Register by May 6th.

BACK TO THE FUTURE AT KEYBANK STATE THEATER



Date: Thursday, June 20 **Resident fee: \$ 72** **Non-Resident fee: \$74**
Depart: 6:00pm **Return: 10:45pm**

Great Scott! Back to the Future, the beloved, cinematic classic is now a Broadway musical with its destination set for Cleveland in 2024. When Marty McFly finds himself transported back to 1955 in a time machine built by the eccentric scientist Doc Brown, he accidentally changes the course of history. Now he's in a race against time to fix the present, escape the past, and send himself...back to the future. When Back to the Future hits 88mph, it'll change musical theatre history forever. We will not stop to eat for this trip. Register by May 20th.

BRUNCH CRUISE ON THE LADY CAROLINE



Date: Sunday, June 23 **Resident fee: \$ 75** **Non-Resident fee: \$77**
Depart: 11:00am **Return: 4:30pm**

Lady Caroline, which replaced the Nautica Queen last year, offers a relaxing opportunity to experience Cleveland and the local waterways. In this unique dining experience, your ticket will include a 2.5 hour boat ride, and a freshly prepared buffet meal along with coffee, tea and water. A selection of soft drinks and alcoholic beverages are available for purchase. Lady Caroline has three fully enclosed, climate-controlled decks for your comfort with restrooms on all floors. Register by May 1st.



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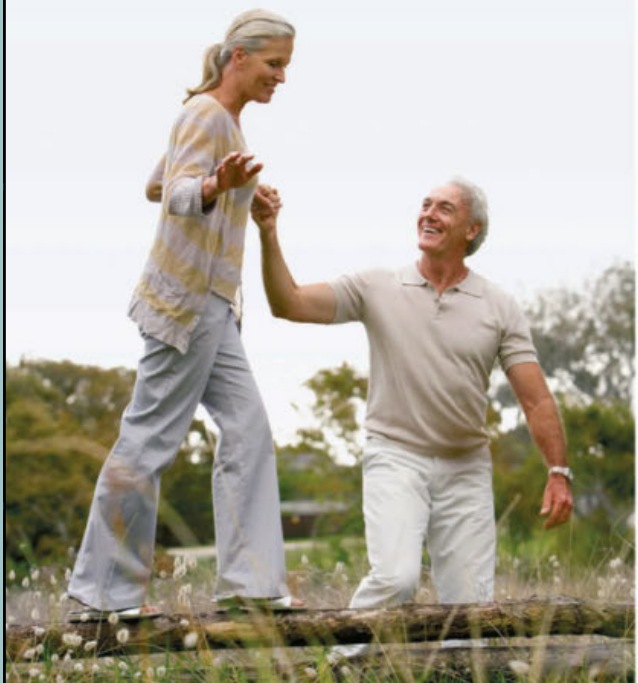
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LIVE LIFE WITHOUT BOUNDS-



Learn about fall prevention in a way that balances you physically and mentally. Call the Aging and Disability Resource Center to take the next step to help prevent a fall.

Or, consider becoming a paid and trained volunteer leader for one of our free, evidence-based Fall Prevention programs like Tai Chi, Bingocize, and more!

**CONTACT DIRECTION HOME AKRON CANTON
AREA AGENCY ON AGING AND DISABILITIES**

COMMUNICATIONS@DHAD.ORG // 877-770-5558



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For ad info. call 1-800-477-4574 • www.lpicommunities.com

14-1497

PROGRAM SIGN UP

Please use this registration form if you are signing up in person for multiple activities at once. If you cannot attend, please call 330-689-5100, so we can add a registration from the waitlist.

Name: _____

(circle one) Resident* Non Resident

SPECIAL EVENTS:

_____	MAH JONGG LESSONS Wednesdays in May	R: \$20	NR: \$22
_____	CINCO DE MAYO PARTY Tuesday, May 7	R: \$5	NR: \$7
_____	VANTAGE AGING Thursday, May 9	FREE	
_____	MOVIE MATINEE Monday, May 13	R: \$5	NR: \$6
_____	TAI CHI Thursday, May 16	FREE	
_____	NATIONAL ICE CREAM DAY Friday, June 7	R: \$2	NR: \$4
_____	TAI CHI Monday, June 10	FREE	
_____	MANICURES BY EDEN VISTA Monday, June 17 (15 Minute)	R: \$2	NR: \$4
_____	VOLUNTEER CARD MAKING Monday, June 17	FREE	
_____	SPRING HIKING SPREE Mondays, April 29-June 3	R: \$15	NR: \$17
_____	PICKLEBALL (currently full– wait list only)	R: \$36	NR: \$40

LET'S EAT

LUNCH BUDDIES	_____ FRIDAY, MAY 10	_____ FRIDAY, JUNE 14
BREAKFAST BUDDIES	_____ MONDAY, MAY 20	_____ MONDAY, JUNE 24

COMMUNITY BUS TRIPS: CIRCLE FEE

PEKING ACROBATS AT AKRON CIVIC THEATER

Date: Wednesday, May 8 Resident fee: \$ 48 Non-Resident fee: \$50

EMERALD NECKLACE INN – FAIRVIEW PARK

Date: Friday, May 24 Resident Fee: \$37 Non-Resident Fee: \$39

RUBBER DUCKS BASEBALL

Date: Friday, May 31 Resident fee: \$22 Non-Resident fee: \$24

LET'S HANG ON- FRANKIE VALLI & THE FOUR SEASONS TRIBUTE AT THE OHIO STAR THEATER

Date: Saturday, June 8 Resident fee: \$ 69 Non-Resident fee: \$71

BACK TO THE FUTURE AT KEYBANK STATE THEATER

Date: Thursday, June 20 Resident fee: \$ 72 Non-Resident fee: \$74

BRUNCH CRUISE ON THE LADY CAROLINE

Date: Sunday, June 23 Resident fee: \$ 75 Non-Resident fee: \$77

POLICIES AND PROCEDURES

BUS TRIP POLICIES Children under 18 must be accompanied by an adult. Pre-registration is required & full payment is due upon registration. No Holds. Trips include transportation and admissions. Meals are not included unless noted. Return times are approximate so please allow for additional time.

Our staff is happy to assist you with basics whenever possible if you are travelling alone such as, if you need assistance retrieving your mobility device, or accessing the lift. (You must have a mobility device if you intend to use the lift.) *If you require special assistance boarding, de-boarding, climbing stairs, or walking any distance, or of a personal nature, you must travel with a personal care attendant, as our staff is not able to provide that level of assistance. A personal care attendant MUST also be registered for the trip.* Please inform us of your intentions regarding these needs when you register, and the City is happy to work with you to accommodate these needs.

CANCELLATION POLICY

Don't delay in registering for a program or trip. Some programs fill quickly or minimum numbers must be met in order to hold an activity. If the Stow Parks & Recreation Department must cancel a program due to low numbers you will receive a full refund of program fees. If you must cancel your registration due to any reason, including illness, appointments or change of personal plans, you must submit a refund request at least seven days prior to a trip or program. Refunds are given only if no expenses/ticket purchases have occurred. Approved refunds by check incur a \$5 processing fee. Approved refunds applied as program credit will be for the full amount. Any cancellations within 7 days of the activity **do not** receive credit or refund.

You may always allow someone to take your place in the program with the exception of free programs that have a current wait list.



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**STOW SENIOR ADULT PROGRAMS
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MAY AND JUNE 2024

SENIOR NEWS

PROGRAMS & SERVICES FOR ACTIVE SENIOR ADULTS 55+

PROGRAM REGISTRATION BEGINS:
STOW RESIDENTS: APRIL 24
OPEN REGISTRATION: APRIL 25