

SENIOR NEWS

PROGRAMS & SERVICES FOR ACTIVE ADULTS 55+

PROGRAM REGISTRATION BEGINS:

STOW RESIDENTS: FEBRUARY 28

OPEN REGISTRATION: FEBRUARY 29

STOW PARKS & RECREATION DEPARTMENT

Program Information & In-person Registration:
Stow City Hall
3760 Darrow Road
330-689-5100

Monday - Friday
8:00AM - 4:30PM

Stow Senior Center
3968 Darrow Road
330-686-1325

Open During
Programs & Events

FUNINSTOW.COM

Kathy Lewis, Recreation Supervisor
klewis@stow.oh.us

INCLEMENT WEATHER POLICY

In the event of inclement weather, activities may be cancelled. To find out if your class or activity is being held during these times, please contact the following:

Parks & Recreation Weather Hotline:

330-689-5105

Parks & Recreation Main Office:

330-689-5100

Monday-Friday 8:00am-4:30pm

We update information throughout the day. It is best to call just prior to your program's scheduled time. Program cancellation decisions are made independent of school district closures, except for those programs held in school facilities.



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IMPORTANT INFORMATION



City of Stow Purchases Cornerstone Church for New Senior Center/Community Center

The City of Stow has acquired the former Cornerstone Church, 5344 Fishcreek Road in Stow and plans for it to serve as the NEW senior center. The property aligns well with the City's needs to provide a facility for fun, active, social programs and events for what is the largest segment of the City's population. The new property/facility offers a considerable upgrade to the current Senior Center with over 8,000 square feet of space, enabling it to serve a larger population and facilitate a wider array of programs, accommodating up to 533 individuals.

Mayor John Pribonic expressed his support for acquiring this facility and property, acknowledging the urgent need to address the shortcomings of the current senior center. A decision was made last year not to propose a levy for a comprehensive community recreation center, as property taxes for residents were already due to be increased for other reasons, including recent property reappraisals. However, the

improvement of the current senior center remained a priority. Mayor Pribonic affirmed that this facility and property would significantly contribute to meeting the City's immediate needs.

The facility is a very clean and well-maintained one-level building with the convenience of no steps. The main entrance offers a protective canopy and a drive-thru under that canopy. Once inside the front doors, a large welcome area/foyer awaits. A large main room that served as the church sanctuary can accommodate 260 guests. There is also a medium sized room, smaller classrooms, a large Kitchen, and 2 offices. Outside includes ample parking and an outbuilding for storage.

The City administration is currently meeting to plan and start the upgrades needed before the grand opening this later this year.

ACTIVITY LEVELS ARE PROVIDED FOR EACH TRIP:



Mild: Level 1 - May require leisurely walking. There may be minimal steps or uneven surfaces and some standing.



Moderate: Level 2 - May require moderate walking and extended standing. There may be steps or uneven surfaces.



Strenuous: Level 3 - May require extended periods of walking and standing. There may be numerous steps or uneven terrain.

*all activity levels are estimates and we ask that you carefully look over the waiver each time and answer honestly to ensure you are physically capable of participating without assistance or with your own mobility device.

SPECIAL EVENTS

MOVIE MATINEE

Monday, March 11
11:30am

Leona Farris Lodge 5027 Stow Rd., Stow
Fee: R: \$5.00 NR: \$6.00

Why sit home watching TV when you can view a recent movie and have lunch in the company of friends? Dress accordingly, the heat/air conditioning cannot be adjusted by staff. Lunch menu TBD.

Call Stow Parks & Recreation for the title of movie.

Pre-Registration is required by March 4 or until full.
Limited Seating.

NATIONAL PI AND POTATO CHIP DAY DRIVE THRU

Thursday, March 14
10:00am-11:30am

Stow City Hall, 3760 Darrow Rd., Stow
Fee: Free

Join Serenity Hospice and the Stow Senior Center to celebrate National Pi Day and National Potato Chip day! All registrants will receive a complimentary pie and bag of potato chips. Please limit registration to one per household.

Pre-Registration is required by March 8 or until full.

COFFEE AND CONVERSATION

Thursday, March 21
10:00 AM—12:00 PM

Leona Farris Lodge 5027 Stow Rd., Stow

Join Mayor Pribonic, Parks and Recreation Director Linda Nahrstedt and Kathy Lewis to hear about the exciting new opportunities coming this year! The program will allow seniors to learn more about the new Stow Community Center, programs and offerings. Come with questions. Light refreshments will be served.

Pre-Registration is required by March 14

BUNCO PARTY

Thursday, April 18
1:00pm

Stow Senior Center, 3968 Darrow Rd., Stow
Fee: R: \$2 NR:\$4

Bunco is a friendly dice game that is very simple to learn. There are no decisions to be made, just pure luck and loads of fun. The object of the game is to accumulate points as you roll the dice in certain combinations. Small prizes will be awarded for most wins, most buncos and more! Snacks provided.

Pre-Registration is required by April 8



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Programming for Adults March – April 2024

For more information for these free programs,
call (330) 688-3295 ext. 4 or visit events.smfpl.org.

Wednesday Movie Club Registration is not required.	Every Wednesday from 2:00 - 4:00 PM
Only Happened in Ohio: An Evening of Music and History with John DiAlessandro	Thurs., March 7, 2024 7:00 - 8:00 PM
Summit County Job and Family Services	Thurs., March 14, 2024, 1:00 - 5:00 PM Thurs., March 28, 2024, 1:00 - 5:00 PM and every other Thursday of the Months
Genealogy Interest Group	Tues., March 12, 2024, 7 - 8 PM
Community Craft Supply Swap	Sat., March 23, 2024, 10:00 AM - 1:00PM
Beijing Guitar Duo, presented by Tuesday Musical	Wed., April 3, 2024 6:30 - 8:30 PM
How to Grow Terrific Tomatoes	Mon., April 29, 2024, 7:00 - 8:45 PM
The Evolution of Film - The Wizard of Oz	Tues., April 2, 2024, 6:30 - 8:30 PM

RECREATION PROGRAMS & SERVICES

NEW SERIES!

SUMMA WELLNESS COFFEE TALK

Monday, April 8
10:00am

Stow Senior Center, 3968 Darrow Rd., Stow
Fee: Free

Join Dr. Jennifer Drost, Summa's Senior Health Medical Director, to learn about the FAQs of healthy aging. Coffee and breakfast snacks will be provided.

Other upcoming events in this new series: Orthopedics on July 8; and Lung Health on October 14

VOLUNTEER OPPORTUNITY

CARD MAKING FOR SERENITY HOSPICE

Friday, March 15
10:00am

Stow Senior Center, 3968 Darrow Rd., Stow
Fee: Free

Join Brandy from Serenity Hospice and Cindy from the Stow Senior Center for a volunteer opportunity to make Easter and Spring cards for hospice patients. All supplies will be provided, along with light refreshments.

MIND CHALLENGE

Friday, March 29
1:00-2:00pm

Stow Senior Center, 3968 Darrow Rd., Stow
The Mind Challenge for the New Majority, a local trivia competition among area senior centers. We will go over dates for the program this year, freshen up on the rules and talk about strategy for the year. Come with your team or sign up solo to be added to a team!

REMINDER: Registrations close one week prior to the event unless noted or the program is full.

TOTAL SOLAR ECLIPSE



A solar eclipse is a rare cosmic event where the Moon passes between the Sun and Earth, casting a shadow on our planet. On April 8, 2024, the phenomenon will grace Ohio, with Summit County falling in its path of totality. There have only been 15 solar eclipses visible since 1867 and this year Summit county is a prime location to witness it!

The eclipse will enter Ohio at around 3:00pm, captivating spectators for 2-4 minutes, leaving around 3:10. Be prepared for significant traffic and population increases that day due to Ohio's accessibility.

There will be no watch party organized for the City of Stow, but glasses (one per family) will be available at the SMF Library and City Hall prior to the event.

SPRING EVENTS



Partnering with
 University Hospitals

To register call
(330) 926-3445

SENIOR COALITION

MARCH 15, 11:30 A.M. - 1 P.M.

ST. PATRICK'S DAY PARTY

Cuyahoga Falls Natatorium, 2345 4th St,
Cuyahoga Falls

- Traditional Irish fare will be served, and entertainment will be provided by the band, Celtic Rush

MAY 17, 11 A.M. - 1 P.M.

DOWN ON THE FARM

PRODUCE PICK-UP

Leona Farris Lodge, 5027 Stow Road, Stow

RECREATIONAL PROGRAMS AND SERVICES

SPRING CLEAN UP OUTDOOR CHORE SERVICE

Thursday, April 11

Stow Munroe Falls High School Student Council will provide assistance with outdoor cleaning for senior adults living in Stow or Munroe Falls. Senior residents must provide all necessary cleaning supplies & tools; plus remain home during time of service. Limited number of homes completed.

Program Requirements: Stow / Munroe Falls residents only & 60+ years of age. This program has limited enrollment.

Outdoor Service projects may include: Flower bed prep, patio furniture moved, flower pots filled or general outdoor clean up.

Work group: 3 students + adult supervisor for 1 hour per home.

Choose One: Morning 9:00am - 11:00am or Afternoon 12:30pm-2:30pm

*exact arrival times cannot be given due to quantity of work. Registration taken until full.

SPRING HIKING SPREE



April 29-June 3
Mondays at 10am

No hike May 27

Bus Fare Fee: R: \$15 NR:\$17

Each hike departs Stow City Hall:

We travel by bus to an easy to moderate trailhead with a program assistant who points the way! The spring hikes will all be a part of the Spring Spree for All Hiking Spree with the Summit MetroParks. Please note: This program is designed for active seniors and locations will include trails at local Summit Metroparks. Hikes may include stairs, hills and uneven terrain and up to 2 miles of walking per week.

Rain dates will be on the Wednesday of each week. Please call the weather cancellation line at 330-689-5105 in case of inclement weather. Phone calls will not be made. The line will be updated by 9am Monday morning.



Judi Lint, CRS, CSP, RRS, GSA
Cell: (330) 388-9720 • Office: (330) 686-1166
judilint@howardhanna.com
3925 Darrow Rd, Ste 101, Stow, OH 44224

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RECREATION PROGRAMS & SERVICES

Unless noted, programs will be offered for drop in play. *Due to spacing at the senior center, all programs will be offered at capacity. Please arrive no earlier than 10 minutes before a weekly program start time.*

**TUES
DAY**

DOMINOES MEXICAN TRAIN

EVERY Tuesday @ 12:00-2:00pm

Stow Senior Center, 3968 Darrow Rd.

No Fee. No registration. Come learn to play this fun and easy game.

MAH-JONGG

EVERY Tuesday @ 12:00-3:00pm

Stow Senior Center, 3968 Darrow Rd.

No Fee. No registration
For players familiar with the game.

**WED
NES
DAY**

CARDS AND GAME DAY!

EVERY Wednesday @ 12:00pm - 4:00pm

Stow Senior Center, 3968 Darrow Rd.

No Fee. No registration

Come learn and new game or play with friends. Decks of cards and a variety of board games and supplies will be on hand to play.



**THURS
DAY**

BRAIN GAMES WITH BOB

First Thursday of the month @ 1:00 pm

Stow Senior Center, 3968 Darrow Rd.

No Fee. No Registration Required

Join Bob from Danbury Senior Living for a fun hour of brain games including logic puzzles, word riddles and out of the box thinking. All materials will be provided.

SENIOR BINGO AT STOW SENIOR CENTER

2nd and 4th Thursday of each month. Games begin at 1:00pm

Stow Senior Center, 3968 Darrow Rd., Stow

\$3/(3 card) packet for all 10 games. Correct change please.

All money taken in is paid out as prizes!

Digital Board displays past numbers. Window Slide Bingo cards provided.

Program Sponsor: Danbury Senior Living Cuyahoga Falls



COMMUNITY NEWS:

The Stow Woman's Club is looking for new members. The purpose of the organization is to promote the service and social culture of the membership and the community. They meet October - May at the Community Church of Stow, 1567 Pilgrim Drive on the first Thursday of each month at 1pm.

RECREATION PROGRAMS & SERVICES

LUNCH BUDDIES

Drive yourself to local restaurants to enjoy with friends. Meet the group leader at the restaurant. Order & pay off menu.

OAK AND EMBERS HUDSON

MARCH 8 11:30 AM

7774 Darrow Rd., Hudson 44236

TOMATO GRILL HUDSON

APRIL 5 11:30 AM

106 First St., Hudson 44236

BREAKFAST BUDDIES

Visit a local restaurant to enjoy good conversation and a tasty breakfast! Meet the group leader at the restaurant. Order & pay off menu.



YOURS TRULY

MARCH 25 9:00 AM

36 S. Main St., Hudson, OH 44236

BOB EVANS

APRIL 22 9:00 AM

3489 Hudson Dr., Stow, OH 44224

Call 330-689-5100 to register for Lunch Buddies & Breakfast Buddies.

Registration is required by the Monday prior, unless filled. All restaurants are moderately priced. Transportation and lunch are not included. Wait times may vary by restaurant. Please call the office if you are unable to make it so that we can call people on the wait list.

7

At Mulberry Gardens Assisted Living and Memory Care WE PUT YOUR LOVED ONE FIRST

At Mulberry Gardens Assisted Living and Memory Care, we know staying socially connected and feeling engaged becomes more important as we age. Healthy relationships, good nutrition and regular fitness programs are all included! When your loved one moves to Mulberry Gardens, they'll become a part of something special...a sense of family, friendship, and belonging that welcomes them each day. There are never any buy-in fees and everything is included in one reasonable monthly rent, even the utilities, except phone. We also offer personal services at an additional cost, and because we focus on individual needs and preferences, you only pay for the services needed.

Mulberry Gardens
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ASSISTED LIVING

330-634-9919

395 South Main Street
Munroe Falls, OH 44262

MEMORY CARE

330-633-3026

47 Steeplechase Ln
Munroe Falls, OH 44262



MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Footcare	2
3	4 Footcare	5 12-3: Mah Jongg 12-2: Dominoes Trip: Funny Girl	6 12-4: Cards and Games	7 9:15am Bowling @CLSC 1pm: Brain Games Trip: Cleveland History Center	8 11:30am: Lunch Buddies	9
10	11 11:30am Movie Matinee LFL	12 12-3: Mah Jongg 12-2: Dominoes	13 12-4: Cards and Games 12:30Blanketeers Trip: Beyond Camelot	14 9:15am Bowling @CLSC 10 – 11:30am: National Pi Day	15 10am: Card Making	16
17	18	19 12-3: Mah Jongg 12-2: Dominoes	20 12-4: Cards and Games	21 9:15am Bowling @CLSC 10am: Coffee & Conversation	22 Massages	23
24	25 9am: Breakfast Buddies	26 12-3: Mah Jongg 12-2: Dominoes	27 12-4: Cards and Games Blanketeers 12:30-2:30	28 9:15am Bowling @CLSC 1pm: BINGO	29 Massages 1pm: Mind Challenge (Senior Center)	30

Most Programs are held at:
Stow Senior Center, 3968 Darrow Road
 Program Registrations are taken at Stow City Hall - **Stow Parks & Recreation Department, 3760 Darrow Road**
 *LFL = Leona Farris Lodge, 5027 Stow Rd

*Bus Trips Depart: *Stow City Center, 3760 Darrow Rd*
 *HB = Heritage Barn 5238 Young Rd
 *CLSC - *Clutch Lanes & Sports Center, 4190 State Road, Cuyahoga Falls*
 *SMFHS Stow Munroe Falls High School 3227 Graham Rd, Stow, OH 44224

APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Footcare	2 12-3: Mah Jongg 12-2: Dominoes	3 12-4: Cards and Games	4 9:15am Bowling @CLSC 1pm: Brain Games	5 11:30 am Lunch Buddies	6
7	8 10am: Summa Wellness Coffee Talk Solar Eclipse	9 12-3: Mah Jongg 12-2: Dominoes	10 12-4: Cards and Games 12:30-2:30pm Blanketeers	11 9:15am Bowling @CLSC 1pm: BINGO Spring Clean Up	12 Massage Trip: Elvis Tribute Band	13
14	15	16 12-3: Mah Jongg 12-2: Dominoes	17 12-4: Cards and Games	18 9:15am Bowling @CLSC 1pm: Bunco Party	19 Massage	20
21	22 9am: Breakfast Buddies	23 12-3: Mah Jongg 12-2: Dominoes Trip: Famous Endings Museum	24 12-4: Cards and Games 12:30-2:30 Blanketeers	25 9:15am Bowling @CLSC 1pm: BINGO	26 Mind Challenge (Barberton)	27
28	29 10: Hiking Spree	30 12-3: Mah Jongg 12-2: Dominoes Trip: Raptor Hallow Sanctuary				

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 *SMFHS *Stow Munroe Falls High School 3227 Graham Rd, Stow, OH 44224*

COMMUNITY EVENTS

SENIOR BOWLING

PRACTICE SESSIONS

Every Tuesday @ 11:15am
Clutch Lanes & Sports Center, 4190 State Rd.
Cuyahoga Falls
Fee: \$6.00 / 3 games

SENIOR BOWLING LEAGUE PLAY

Every Thursday Sept– April @ 9:15am
Clutch Lanes & Sports Center, 4190 State Rd.
Cuyahoga Falls
Fee: \$12.00* / 3 games– Mixed Teams
League Coordinator: Jack Popiel 330-686-8315

CHAIR MASSAGE WITH SUE PETROF, LMT

2nd and 3rd Fridays of each month
Exceptions for March: March 22 & 29
For Appointments Call: Sue Petrof, LMT, 330-414-8882
Stow Senior Center, 3968 Darrow Rd., Stow
Fee: \$15 for 15 minutes
Massage is credited with reducing pain and allowing deep relaxation. A chair massage focuses on the neck, shoulders and back only, while fully clothed. *No need to kneel on knees.*



PICKLEBALL

Open Play starting in May
Tuesdays and Thursdays 6pm-8pm,
Fridays 10:00-12:00
Adell Durbin courts are lined with both tennis and pickleball courts. To play Pickleball on the courts, mobile nets are used.

PICKLEBALL 101

When: Mondays (4 weeks), Starting May 6
Where: Adell Durbin Park, 3300 Darrow Road
Time: 6:00 pm - 7:00 pm
Cost: Residents: \$36; Non-Residents: \$40
Learn the rules, terminology, and primary skills needed to play. Paddles and balls are provided for beginner lessons only. Limited space available for clinics.

BLANKETEERS DONATIONS NEEDED!

2nd and 4th Wednesdays @ 12:30-2:30pm
Community Church of Stow, 1567 Pilgrim Dr.
Stow

You do not need to know how to knit or crochet to join. Just go with a willingness to learn and they will teach you the craft to make hats, mittens and blankets. Since 2005, this group has donated over 4000 blankets to various causes. Donations of yarn are appreciated and can be dropped off at the Senior Center. Contact Bobbi at 330-688-7390.

FOOT & NAIL CARE WITH RELIABLE NURSE FOOT CARE

For Appointments call: 216-956-0293
Stow Senior Center, 3968 Darrow Rd., Stow
Foot Care Sessions are \$40 check, cash or credit card.
Nurse Provided Toenail & Foot Care including toenail trimming, thinning and filing, corn & callus reduction by a certified foot care nurse at prices often cheaper than a copay.

TYRANNOSAURUS FLEX FITNESS CLASSES

Mondays and Wednesdays:
9:00am: Low Impact/Cardio Drumming
Classes are adaptable based in individual needs.
Tyrannosaurus Flex Fitness Studio, 3073 Graham Rd., Stow
Classes available for purchase: 4 classes for \$20
Call Kellie for more information and to register: 440-567-5087.

PURPOSE DRIVEN THERAPY CLASSES

3012 Graham Road, Stow, OH 44224
Delay the Disease \$59 for 6 sessions
Tuesdays starting April 2 from 11am-12pm
Designed to help Parkinson's patients through a series of challenging activities
For more information, call **(330)805-4786**

PARKINSON'S SPECIALTY CLASS WITH HEATHER KNOLL NURSING AND REHAB

Every Wednesday 2:00pm
Sprenger Heather Knoll, 1134 North Ave,
Tallmadge, OH 44278
Free for all participants Contact Moria at 330-592-0811 for more information.

COMMUNITY BUS TRIPS

THESE TRIPS ARE CURRENTLY FULL FROM THE PREVIOUS NEWSLETTER, IF YOU ARE INTERESTED, PLEASE JOIN THE WAIT LIST!

BEYOND CAMELOT: THE LIFE AND LEGACY OF JACQUELINE KENNEDY ONASSIS

Date: Wednesday, March 13 TBD Resident Fee: \$28 Non Resident Fee: \$ 30

Depart: 9:15am Return: 2:30pm



Let's try this one again. We're heading to Canton's National First Ladies Museum to experience the *Beyond Camelot: The Life and Legacy of Jacqueline Kennedy Onassis*. The exhibit will explore the layers of Jackie's life, from her role as a mother to her position as First Lady. Go beyond the White House and learn about Jackie's life. The exhibition features an exquisite reproduction of her wedding gown created by a couture wedding dress designer (the original dress is too delicate to display). Lunch (additional) at Mulligans Restaurant after the guided tour.

FUNNY GIRL AT THE CONNOR PALACE THEATER

Date: Tuesday, March 5 Resident Fee: \$62 Non- Resident Fee: \$64

Depart: 6:00pm Return: 10:30pm

The sensational Broadway revival dazzles with celebrated classic songs, including "Don't Rain On My Parade," "I'm the Greatest Star," and "People." This bittersweet comedy is the story of the indomitable Fanny Brice, a girl from the Lower East Side who dreamed of a life on the stage. Everyone told her she'd never be a star, but then something funny happened—she became one of the most beloved performers in history, shining brighter than the brightest lights of Broadway. We will not be stopping to eat for this trip.

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COMMUNITY BUS TRIPS

OPEN TO ALL AGES

Bus departs from Stow City Hall, 3760 Darrow Road, unless otherwise noted.



All trips are subject to change and cancellation. All restaurants are moderately priced and wait times and menu items may vary. Please arrive 15 minutes prior to departure time. All required waivers must be signed prior to the date of the trip.

CLEVELAND HISTORY CENTER



Date: Thursday, March 7 **Resident fee:** \$ 23 **Non-Resident fee:** \$25
Depart: 10:00am **Return:** 4:30pm

The guided tour will include the Crawford Auto-Aviation Museum, Fashion After Dark exhibit, along with the Hanna Mansion and Women in Politics exhibit. Take a ride on the Euclid Beach Park Grand Carousel after the tour. Lunch TBD

THE ESSENTIAL ELVIS TRIBUTE BAND AT THE OHIO STAR THEATER



Date: Friday, April 12 **Resident Fee:** \$69 **Non Resident Fee:** \$71
Depart: 10:00 AM **Return:** 5:30 PM **Deadline to register:** March 11 (morning)

The Ohio Star Theater will be bringing all of your favorite Elvis hits with the Essential Elvis Tribute Band! Lunch prior to the show at Dutch Valley Restaurant. Shopping at the bakery and shops if time allows. Trip will include lunch and admission to the show.

FAMOUS ENDINGS MUSEUM



Date: Tuesday, April 23 **Resident Fee:** \$ 25 **Non- Resident Fee:** \$ 27
Depart: 11:30am **Return:** 5:45pm

Famous Endings Museum at Toland-Herzig Funeral Home in Dover, Ohio is a collection of more than 2,500 artifacts and pieces from famous funerals. It is considered the largest collection of its kind. View photos, documents, and audio recordings. Every piece has a unique story. And it all started when John Herzig wanted to add Joe Louis' autograph to his autograph collection. Instead, he received a program for the famous boxer's funeral. So, being a funeral homeowner, his collecting took a turn. Lunch prior to the tour at a restaurant TBD.

RAPTOR HALLOW SANCTUARY



Date: Tuesday, April 30 **Resident fee:** \$ 22 **Non-Resident fee:** \$24
Depart: 10:30am **Return:** 4:00pm

We will travel to Alliance to visit the Raptor Hallow Sanctuary. During the What is a Raptor program, participants will gather in the outdoor amphitheater, and enjoy meeting the animals up close. Some of the birds will even fly right over top of your heads! After the program has ended, all participants are welcome to walk around Raptor Hallow's grounds to visit the rest of the animal ambassadors. Lunch prior to the program TBD.

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This project is supported, in part by grant number FPSC19Q00157, from the Administration for Community Living, U.S. Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.



For ad info. call 1-800-477-4574 • www.lpicommunities.com

14-1497

PROGRAM SIGN UP

Please use this registration form if you are signing up in person for multiple activities at once. If you cannot attend, please call 330-689-5100, so we can add a registration from the waitlist.

Name: _____

(circle one) Resident* Non Resident

_____ **2024 Newsletter Subscription Fee** (Cost: \$5.00)

SPECIAL EVENTS:

_____	MOVIE MATINEE	Monday, March 11	R: \$5	NR: \$6
_____	NATIONAL PI & POTATO CHIP DAY DRIVE THRU	Thursday, March 14	FREE	
_____	VOLUNTEER CARD MAKING	Friday, March 15	FREE	
_____	COFFEE AND CONVERSATION	Thursday, March 21	FREE	
_____	MIND CHALLENGE	Friday, March 29	FREE	
_____	SUMMA WELLNESS COFFEE TALK	Monday, April 8	FREE	
_____	SPRING CLEAN UP	Thursday, April 11	_____ Morning	_____ Afternoon
_____	BUNCO PARTY	Thursday, April 18th	R: \$2	NR:\$4
_____	SPRING HIKING SPREE	Mondays, April 29-June 3	R: \$15	NR:\$17
_____	PICKLEBALL	Mondays, starting May 6	R: \$36	NR: \$40

LET'S EAT

LUNCH BUDDIES	_____ FRIDAY, MARCH 8	_____ FRIDAY, APRIL 5
BREAKFAST BUDDIES	_____ MONDAY, MARCH 25	_____ MONDAY, APRIL 22

COMMUNITY BUS TRIPS: CIRCLE FEE

CLEVELAND HISTORY CENTER	Resident Fee: \$23	Non Resident Fee: \$ 25
Thursday, March 7th		
THE ESSENTIAL ELVIS TRIBUTE BAND /OHIO STAR	Resident fee: \$69	Non-Resident fee: \$71
Friday, April 12	*Deadline to register is March 11th (morning)	
FAMOUS ENDINGS MUSEUM	Resident fee: \$25	Non-Resident fee: \$27
Tuesday, April 23		
RAPTOR HALLOW SANCTUARY	Resident fee: \$22	Non-Resident fee: \$24
Tuesday, April 30		

COMMUNITY PROGRAMS

BUS TRIP POLICIES Children under 18 must be accompanied by an adult. Pre-registration is required & full payment is due upon registration. No Holds. Trips include transportation and admissions. Meals are not included unless noted. Return times are approximate so please allow for additional time.

Our staff is happy to assist you with basics whenever possible if you are travelling alone such as, if you need assistance retrieving your mobility device, or accessing the lift. (You must have a mobility device if you intend to use the lift.) If you require special assistance boarding, de-boarding, climbing stairs, or walking any distance, or of a personal nature, you should travel with a personal care attendant, as our staff will not provide that level of assistance. A personal care attendant **MUST** also be registered for the trip. Please inform us of your intentions regarding these needs when you register.

CANCELLATION POLICY

Don't delay in registering for a program or trip. Some programs fill quickly or minimum numbers must be met in order to hold an activity. If the Stow Parks & Recreation Department must cancel a program due to low numbers you will receive a full refund of program fees. If you must cancel your registration due to any reason, including illness, appointments or change of personal plans, you must submit a refund request at least seven days prior to a trip or program. Refunds are given only if no expenses/ticket purchases have occurred. Approved refunds by check incur a \$5 processing fee. Approved refunds applied as program credit will be for the full amount. Any cancellations within 7 days of the activity **do not** receive credit or refund.

You may always allow someone to take your place in the program with the exception of free programs that have a current wait list.

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**STOW SENIOR ADULT PROGRAMS
STOW PARKS & RECREATION DEPARTMENT
3760 DARROW ROAD STOW, OH 44224
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MARCH AND APRIL 2024

SENIOR NEWS

PROGRAMS & SERVICES FOR ACTIVE SENIOR ADULTS 55+

PROGRAM REGISTRATION BEGINS:

STOW RESIDENTS: FEBRUARY 28

OPEN REGISTRATION: FEBRUARY 29