

# SENIOR NEWS

## PROGRAMS & SERVICES FOR ACTIVE ADULTS 55+

### PROGRAM REGISTRATION BEGINS:

**STOW RESIDENTS: JANUARY 3**

**OPEN REGISTRATION: JANUARY 4**

The City of Stow offices and Senior Center are closed January 1, 2, 15 and February 19 in observance of the holidays.

### STOW PARKS & RECREATION DEPARTMENT

**Program Information & In-person Registration:**  
 Stow City Hall  
 3760 Darrow Road  
 330-689-5100  
 Monday - Friday  
 8:00AM - 4:30PM

**Stow Senior Center**  
 3968 Darrow Road  
 330-686-1325  
 Open During  
 Programs & Events

**FUNINSTOW.COM**

Kathy Lewis, Recreation Supervisor  
 klewis@stow.oh.us



### INCLEMENT WEATHER POLICY

In the event of inclement weather, activities may be cancelled. To find out if your class or activity is being held during these times, please contact the following:

**Parks & Recreation Weather Hotline:**  
 330-689-5105

**Parks & Recreation Main Office:**  
 330-689-5100

Monday-Friday 8:00am-4:30pm

We update information throughout the day. It is best to call just prior to your program's scheduled time. Program cancellation decisions are made independent of school district closures, except for those programs held in school facilities.

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# IMPORTANT INFORMATION

Happy New Year! As we enter into the snowy days of winter, keep in mind, programming may be cancelled due to impending weather and not just what is on the ground. Please call the weather hotline or City Hall to find the status of our programs. Our hope is for everyone to stay safe and healthy.

Don't forget, in order to continue receiving the newsletter in the mail, you will need to register and pay for the 2024 subscription fee of \$5.

We hope you find something in this newsletter that you will enjoy. Many of the programs for this newsletter are free, including our Chili Cookoff which is in partnership with the Western Reserve Senior Coalition.

City Hall will be closed for the holidays December 25-26 and again January 1-2, 15 and again on February 19. We hope everyone has a fabulous holiday season! Cheers to 2024! Don't forget to say goodbye (for now) to Rose before she takes off for her adventures out West!

## ACTIVITY LEVELS ARE PROVIDED FOR EACH TRIP:



**Mild: Level 1** - May require leisurely walking. There may be minimal steps or uneven surfaces and some standing.



**Moderate: Level 2** - May require moderate walking and extended standing. There may be steps or uneven surfaces.



**Strenuous: Level 3** - May require extended periods of walking and standing. There may be numerous steps or uneven terrain.

\*all activity levels are estimates and we ask that you carefully look over the waiver each time and answer honestly to ensure you are physically capable of participating without assistance or with your own mobility device.



THANK YOU SPONSORS  
STOW CITY CENTER  
PROJECT



REV. 7/1/2023

## SPECIAL EVENTS

### COFFEE AND CONVERSATION WITH MAYOR PRIBONIC

Tuesday, January 9

10:00am

**Stow Senior Center**, 3968 Darrow Rd., Stow

Fee: Free

Join Mayor Pribonic at the Senior Center to ask questions, share ideas and connect in a friendly, casual environment. Coffee and refreshments will be provided.

Registration required until filled.

Pre-Registration is required by January 8 or until full.

### CHAIR VOLLEYBALL PRESENTED BY FOUNDATIONS HEALTH

Friday, January 19th

1:00pm

**Leona Farris Lodge** 5027 Stow Rd., Stow

Fee: R: \$2 NR:\$4

Come try something new! You won't find a more fun way to break a little sweat than Chair Volleyball! Don't worry if you have never played, Rebecca Moore from Foundations Health will be there to explain all of the rules and provide the equipment. Hearty snacks and drinks provided. Pre-Registration is required by January 12 or until full.

### MOVIE MATINEE

Monday, January 29

11:30am

**Leona Farris Lodge** 5027 Stow Rd., Stow

Fee: R: \$5.00 NR: \$6.00

Why sit home watching TV when you can view a recent movie and have lunch in the company of friends? Dress accordingly, the heat/air conditioning cannot be adjusted by staff. Lunch menu TBD.

Call Stow Parks & Recreation for the title of movie.

Pre-Registration is required by January 22 or until full. Limited Seating.



# FEB. 29

## CHILI COOK-OFF 12 - 1 P.M.

Leona Farris Lodge, 5027 Stow Road, Stow

Space is limited for all events. Registration is required no later than one week prior to each event. Call (330) 926-3445 or email [hospitalevents@westernreservehospital.org](mailto:hospitalevents@westernreservehospital.org)



# RECREATION PROGRAMS & SERVICES

## TRAVEL TRIP PREVIEW

Thursday, February 8

10:00am

**Stow Senior Center**, 3968 Darrow Rd., Stow

Fee: Free

Join Carolyn Szachta, Travel Director from LifeCenter Plus to learn about upcoming travel opportunities. Whether it's a quick overnight trip or an overseas excursion, LifeCenter Plus Travel will take care of all of the planning and details.

Pre-Register at Stow Parks & Recreation Department

Please call Carolyn at 330-655-7487 for more information or specific itineraries. Pre-register by February 2.

## MANICURES BY EDEN VISTA SENIOR LIVING

Monday, February 12

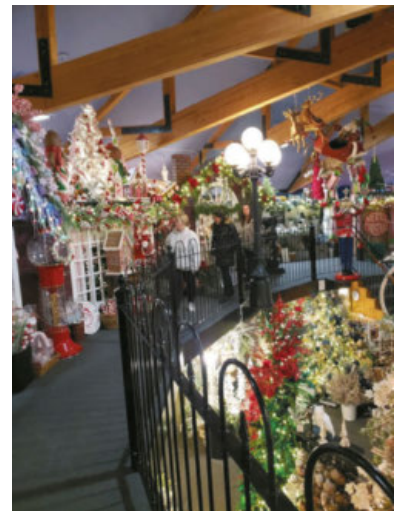
1:00-3:00, register for 15 minute time slots

Fee: R: \$2 NR: \$4

**Stow Senior Center**, 3968 Darrow Rd., Stow

Eden Vista Stow's, formerly the Landing of Stow, activity director Susan will be on hand to file, shape and paint ladies finger nails. Please register for a time slot when you register. Availability is limited to 8 for this program.

Pre-Registration is required by January 29 or until full.



**THE GROUP HAD A GREAT TIME VISITING THE 'TIS THE SEASON CHRISTMAS SHOPPE IN MILLERSBURG, ALONG WITH LUNCH, A CHOCOLATE SHOP AND A TOUR AT THE WARTHER'S MUSEUM!**

# LIBRARY OFFERINGS



Stow • Munroe Falls  
**PublicLibrary**  
 Read. Dream. Connect.

## Wednesday Movie Club

Registration is not required.

January 3: *Barbie*

January 10: *Singing in the Rain*

January 17: *Following*

January 24: *Oppenheimer*

January 31: *Dr. Strangelove*

## The Evolution of Film

Tues., January 2, 2024 6:30 PM

Celebrate the evolution of film with the library on the first Tuesday of every month at 6:30 PM!

**1900s: The Great Train Robbery: And Other Early Short Films**

## Winter Birds of Northeast Ohio

Thurs., January 4, 2024, 7 PM

Join Matt Valencic from the Audubon Society of Greater Cleveland. Registration begins December 1 at 9 AM. To register, call (330) 688-3295 ext. 4 or visit [events.smfpl.org](http://events.smfpl.org). This free program is sponsored by the Friends of the Library.

## Genealogy Interest Group

Tues., January 9, 7 - 8 PM

The Genealogy Interest Group is for anyone interested in genealogy and family history research. All experience levels are welcome. Meetings will be held at the library on the second Tuesday evening of the month. Registration is not required.

## Knit, Stay, Crochet

Mon., January 15, 2024, 2:00 - 4:00PM

Calling all needle crafters! Third Monday of each month at 2 PM. Bring your needles, hooks, and your work in progress. This program is free, and registration is not required. For more information, call (330) 688-3295 ext. 4.

## Centennial Book Discussion

Wed., January 31, 2024 7 - 8 PM

The Centennial Book Discussion Group meets on the last Wednesday of every month at 7 PM. Each month, from January 2024 until January 2025, we will be reading a classic work from a different decade. Registration is not required. **1900s: The Hound of the Baskervilles (1902), by Arthur Conan Doyle**

## Romance Novels and Sunday Tea

Sunday, February 11, 2024

Are you in the mood for something spicy? Something sweet? Stop by to try different teas that have been paired with novels across the romance genre. All books are available for checkout. Registration is not required. This free program is sponsored by the Friends of the Library.



**Judi Lint, CRS, CSP, RRS, GSA**  
 Cell: (330) 388-9720 • Office: (330) 686-1166  
[judilint@howardhanna.com](mailto:judilint@howardhanna.com)  
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# RECREATION PROGRAMS & SERVICES

Unless noted, programs will be offered for drop in play. *Due to spacing at the senior center, all programs will be offered at capacity. Please arrive no earlier than 10 minutes before a weekly program start time.*

**TUES  
DAY**

## DOMINOES MEXICAN TRAIN

EVERY Tuesday @ 12:00-2:00pm

**Stow Senior Center**, 3968 Darrow Rd.

No Fee. No registration. Come learn to play this fun and easy game.

## MAH-JONGG

EVERY Tuesday @ 12:00-3:00pm

**Stow Senior Center**, 3968 Darrow Rd.

No Fee. No registration  
For players familiar with the game.

**WED  
NES  
DAY**

## CARDS AND GAME DAY!

EVERY Wednesday @ 12:00pm - 4:00pm

**Stow Senior Center**, 3968 Darrow Rd.

No Fee. No registration

Come learn and new game or play with friends. Decks of cards and a variety of board games and supplies will be on hand to play.



**THURS  
DAY**

## BRAIN GAMES WITH BOB

First Thursday of the month @ 1:00 pm

**Stow Senior Center**, 3968 Darrow Rd.

No Fee. No Registration Required

Join Bob from Danbury Senior Living for a fun hour of brain games including logic puzzles, word riddles and out of the box thinking. All materials will be provided.

## SENIOR BINGO AT STOW SENIOR CENTER

2nd and 4th Thursday of each month. Games begin at 1:00pm

**Stow Senior Center**, 3968 Darrow Rd., Stow

\$3/(3 card) packet for all 10 games. Correct change please.

All money taken in is paid out as prizes!

Digital Board displays past numbers. Window Slide Bingo cards provided.

Program Sponsor: Danbury Senior Living Cuyahoga Falls



## COMMUNITY NEWS:

The Stow Woman's Club is looking for new members. The purpose of the organization is to promote the service and social culture of the membership and the community. They meet October - May at the Community Church of Stow, 1567 Pilgrim Drive on the first Thursday of each month at 1pm.

# RECREATION PROGRAMS & SERVICES

## LUNCH BUDDIES

Drive yourself to local restaurants to enjoy with friends. Meet the group leader at the restaurant. Order & pay off menu.

## FARMERS RAIL—CUYAHOGA FALLS

**JANUARY 12                      11:30 AM**

2231 Front Street, Cuyahoga Falls, Ohio 44221

## SPICY SOMBREROS—STOW

**FEBRUARY 9                      11:30 AM**

4976 Darrow Rd, Stow, OH 44224

## BREAKFAST BUDDIES

Visit a local restaurant to enjoy good conversation and a tasty breakfast! Meet the group leader at the restaurant. Order & pay off menu.



## TIP TOP

**JANUARY 22                      9:00 AM**

3428 Darrow Road Stow, OH 44224

## EDDY'S DELI

**FEBRUARY 26                      9:00 AM**

4581 Kent Road, Stow, OH 44240

**Call 330-689-5100 to register for Lunch Buddies & Breakfast Buddies.**

Registration is required by the Monday prior, unless filled. All restaurants are moderately priced. Transportation and lunch are not included. Wait times may vary by restaurant. Please call the office if you are unable to make it so that we can call people on the wait list.

## At Mulberry Gardens Assisted Living and Memory Care WE PUT YOUR LOVED ONE FIRST

At Mulberry Gardens Assisted Living and Memory Care, we know staying socially connected and feeling engaged becomes more important as we age. Healthy relationships, good nutrition and regular fitness programs are all included! When your loved one moves to Mulberry Gardens, they'll become a part of something special...a sense of family, friendship, and belonging that welcomes them each day. There are never any buy-in fees and everything is included in one reasonable monthly rent, even the utilities, except phone. We also offer personal services at an additional cost, and because we focus on individual needs and preferences, you only pay for the services needed.



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395 South Main Street  
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MEMORY CARE

**330-633-3026**

47 Steeplechase Ln  
Munroe Falls, OH 44262



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HAWTHORNS  
COMMUNITY LIVING




# JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Closed	2 Closed	3	4 9:15am Bowling @CLSC  1pm: Brain Games	5 Footcare	6
7	8  Footcare	9  10: Coffee and Conversation 12-3: Mah Jongg 12-2: Dominoes	10 12-4: Cards and Games	11  9:15am Bowling @CLSC  1pm: BINGO	12  Massages  11:30 Lunch Bunch	13
14	15  MARTIN LUTHER KING JR. DAY	16 12-3: Mah Jongg 12-2: Dominoes	17 12-4: Cards and Games  Blanketeers 12:30-2:30	18 9:15am Bowling @CLSC  Trip: OBCI	19  Massages  1:Chair Volleyball LFL	20
21	22  9am: Breakfast Buddies	23 12-3: Mah Jongg 12-2: Dominoes  Trip: Beyond Camelot	24 12-4: Cards and Games	25  9:15am Bowling @CLSC  1pm: BINGO  Trip: OBCI	26	27
28	29  11:30 Movie Matinee LFL	30 12-3: Mah Jongg 12-2: Dominoes	31 12-4: Cards and Games Blanketeers 12:30-2:30			

Most Programs are held at:  
**Stow Senior Center, 3968 Darrow Road**  
 Program Registrations are taken at Stow City Hall - **Stow  
 Parks & Recreation Department, 3760 Darrow Road**  
 \*LFL = Leona Farris Lodge, 5027 Stow Rd

\*Bus Trips Depart: *Stow City Center, 3760 Darrow Rd*  
 \*HB = Heritage Barn 5238 Young Rd  
 \*CLSC - *Clutch Lanes & Sports Center, 4190 State Road, Cuyahoga Falls*  
 \*SMFHS Stow Munroe Falls High School 3227 Graham Rd, Stow,  
 OH 44224

# FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:15am Bowling @CLSC  1pm: Brain Games	2	3
4	5  Footcare	6	7  12-4: Cards and Games	8  10: Travel Trip Preivew 1pm: BINGO	9 Massage  11:30 Lunch Buddies	10
11	12  1-3: Manicures	13  12-3: Mah Jongg 12-2: Dominoes	14  12-4: Cards and Games  12:30-2:30 Blanketeers	15  9:15am Bowling @CLSC  Trip: Gervasi	16  Massage	17
18	19   <b>PRESIDENTS' DAY</b>	20  12-3: Mah Jongg 12-2: Dominoes	21  12-4: Cards and Games	22  9:15am Bowling @CLSC  1pm: BINGO	23	24  Trip: Peking Acrobats
25	26  9am: Breakfast Buddies	27  12-3: Mah Jongg 12-2: Dominoes	28  12-4: Cards and Games 12:30-2:30 Blanketeers	29  12: Chili Cookoff LFL		

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 \*LFL = Leona Farris Lodge, 5027 Stow Rd

\*Bus Trips Depart: *Stow City Center, 3760 Darrow Rd*  
 \*HB = Heritage Barn 5238 Young Rd  
 \*CLSC - *Clutch Lanes & Sports Center, 4190 State Road, Cuyahoga Falls*  
 \*SMFHS *Stow Munroe Falls High School 3227 Graham Rd, Stow, OH 44224*

# COMMUNITY EVENTS

## SENIOR BOWLING

### PRACTICE SESSIONS

Every Tuesday @ 11:15am  
**Clutch Lanes & Sports Center**, 4190 State Rd.  
Cuyahoga Falls  
Fee: \$6.00 / 3 games

### SENIOR BOWLING LEAGUE PLAY

Every Thursday Sept– April @ 9:15am  
**Clutch Lanes & Sports Center**, 4190 State Rd.  
Cuyahoga Falls  
Fee: \$12.00\* / 3 games– Mixed Teams  
League Coordinator: Jack Popiel 330-686-8315

## CHAIR MASSAGE WITH SUE PETROF, LMT

2nd and 3rd Fridays of each month  
For Appointments Call: Sue Petrof, LMT, 330-414-8882

**Stow Senior Center**, 3968 Darrow Rd., Stow  
Fee: \$15 for 15 minutes

Massage is credited with reducing pain and allowing deep relaxation. A chair massage focuses on the neck, shoulders and back only, while fully clothed. *No need to kneel on knees.*

## FOOT & NAIL CARE WITH RELIABLE NURSE FOOT CARE

For Appointments call: 216-956-0293  
**Stow Senior Center**, 3968 Darrow Rd., Stow  
Foot Care Sessions are \$40 check, cash or credit card.

Nurse Provided Toenail & Foot Care including toenail trimming, thinning and filing, corn & callus reduction by a certified foot care nurse at prices often cheaper than a copyay.



## BLANKETEERS DONATIONS NEEDED!

2nd and 4th Wednesdays @ 12:30-2:30pm  
**Community Church of Stow**, 1567 Pilgrim Dr. Stow  
You do not need to know how to knit or crochet to join. Just go with a willingness to learn and they will teach you the craft to make hats, mittens and blankets. Since 2005, this group has donated over 4000 blankets to various causes. Donations of yarn are appreciated and can be dropped off at the Senior Center. Contact Bobbi at 330-688-7390.

## PARKINSON'S SPECIALTY CLASS WITH HEATHER KNOLL NURSING AND REHAB

Every Wednesday 2:00pm  
**Sprenger Heather Knoll**, 1134 North Ave,  
Tallmadge, OH 44278

Free for all participants Contact Moria at 330-592-0811 for more information.

## TYRANNOSAURUS FLEX FITNESS CLASSES

### Mondays and Wednesdays:

**9:00am:** Low Impact/Cardio Drumming  
Classes are adaptable based in individual needs.  
**Tyrannosaurus Flex Fitness Studio**, 3073 Graham Rd., Stow

Classes available for purchase: 4 classes for \$20  
Call Kellie for more information and to register: 440-567-5087.

## PURPOSE DRIVEN THERAPY CLASSES

3012 Graham Road  
Stow, OH 44224

**B.E.T.T.E.R Boot Camp** \$115 for 4 -90 minutes sessions beginning in September. This program is for people with neurological injuries and their caregivers to maximize physical independence through exercise and functional activities.

**Delay the Disease** \$59 for 6 sessions  
Tuesdays 11am-12pm  
Designed to help Parkinson's patients through a series of challenging activities

**Tai Chi** \$37 for 4 sessions  
Tuesdays 5:30-6:30pm  
Learn basic exercises to help with balance and strength using the art of Tai Chi.

For more information, call (330)805-4786

# COMMUNITY BUS TRIPS

## BEYOND CAMELOT: THE LIFE AND LEGACY OF JACQUELINE KENNEDY ONASSIS



**Date:** Tuesday, January 23rd      **Resident Fee:** \$28 **Non Resident Fee:** \$ 30  
**Depart:** 9:15am      **Return:** 2:30pm

Let's try this one again. We're heading to Canton's National First Ladies Museum to experience the *Beyond Camelot: The Life and Legacy of Jacqueline Kennedy Onassis*. The exhibit will explore the layers of Jackie's life, from her role as a mother to her position as First Lady. Go beyond the White House and learn about Jackie's life. The exhibition features an exquisite reproduction of her wedding gown created by a couture wedding dress designer (the original dress is too delicate to display). Lunch (additional) at Mulligans Restaurant after the guided tour.

## OHIO BUREAU OF CRIMINAL INVESTIGATION TOUR—RICHFIELD



**Date:** Thursday, January 18      **Resident fee:** \$ 21 **Non-Resident fee:** \$23  
**AND Thursday, January 25**  
**Depart:** 9:00am      **Return:** 1:00pm

Take a tour through the Attorney General's Bureau of Criminal Investigation located in Richfield. As one of three locations in Ohio, the BCI serves as Ohio's crime lab and criminal-records keeper, and it offers expert, impartial investigative services to local, state and federal law enforcement agencies 24/7. We will take a limited number of people per day for this one of a kind tour. Please only register for one. We will stop in Fairlawn for lunch (additional) after the tour.

### Living with Macular Degeneration or other vision limiting condition?

Find out if special microscopic or telescopic glasses can help you see better. Even if you have been told nothing can be done, you owe it to yourself to seek a second opinion.

**Low vision glasses starting at \$500.**

**Macular Degeneration • Head Injury  
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**330-486-8840 www.OhioLowVisionCenter.com**

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# COMMUNITY BUS TRIPS

OPEN TO ALL AGES

Bus departs from Stow City Hall, 3760 Darrow Road, unless otherwise noted.



All trips are subject to change and cancellation. All restaurants are moderately priced and wait times and menu items may vary. Please arrive 15 minutes prior to departure time. All required waivers must be signed prior to the date of the trip.

## GERVASI WINERY PRIVATE LUNCH AND WINE TASTING

**\*Deadline to register is January 5th**



**Date: Thursday, February 15      Resident fee: \$ 58      Non-Resident fee: \$60**  
**Depart: 10:15am      Return: 2:30pm**

Dine in the Villa Grand Ballroom with a menu of Italian salad and bread, chicken parmesan with a side of pasta marinara, chef's choice for dessert and a wine tasting. Shop at the Marketplace, boutique gift shop after lunch. We will need a minimum number of 30 participants for this trip. The deadline for this trip is January 5th. Lunch, tip and wine tasting are included in the cost of the trip.

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## PEKING ACROBATS AT AKRON CIVIC THEATER



**\*Deadline to register is January 5th**

**Date: Saturday, February 24      Resident fee: \$ 48      Non-Resident fee: \$50**  
**Depart: 6:00pm      Return: 10:00pm**

For the last thirty two years, the Peking Acrobats have redefined audience perceptions of Chinese acrobatics. They perform daring maneuvers atop a precarious pagoda of chairs and display their technical prowess at such arts astrick-cycling, precision tumbling, juggling, somersaulting, and gymnastics. They push the limits of human ability, defying gravity with amazing displays of contortion, flexibility, and control. We will not be stopping to eat for this trip, but a small concession stand is available for purchase.



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## FUNNY GIRL AT THE CONNOR PALACE THEATER

**\*Deadline to register is January 31st**



**Date: Tuesday, March 5      Resident Fee: \$62      Non- Resident Fee: \$64**  
**Depart: 6:00pm      Return: 10:30pm**

The sensational Broadway revival dazzles with celebrated classic songs, including “Don’t Rain On My Parade,” “I’m the Greatest Star,” and “People.” This bittersweet comedy is the story of the indomitable Fanny Brice, a girl from the Lower East Side who dreamed of a life on the stage. Everyone told her she’d never be a star, but then something funny happened—she became one of the most beloved performers in history, shining brighter than the brightest lights of Broadway. We will not be stopping to eat for this trip.

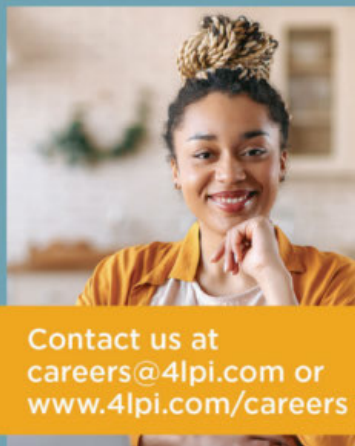
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## LIVE LIFE WITHOUT BOUNDS-



Learn about fall prevention in a way that balances you physically and mentally. Call the Aging and Disability Resource Center to take the next step to help prevent a fall.

Or, consider becoming a paid and trained volunteer leader for one of our free, evidence-based Fall Prevention programs like Tai Chi, Bingocize, and more!

**CONTACT DIRECTION HOME AKRON CANTON  
AREA AGENCY ON AGING AND DISABILITIES**

**COMMUNICATIONS@DHAD.ORG // 877-770-5558**



This project is supported, in part by grant number FP5G19Q00157, from the Administration for Community Living, U.S. Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.



# PROGRAM SIGN UP

Please use this registration form if you are signing up in person for multiple activities at once. If you cannot attend, please call 330-689-5100, so we can add a registration from the waitlist.

Name: \_\_\_\_\_

(circle one)                      Resident\*                      Non Resident

\_\_\_\_\_ **2024 Newsletter Subscription Fee** (Cost: \$5.00)

## SPECIAL EVENTS:

_____	<b>COFFEE AND CONVERSATION</b>	Tuesday, January 9	FREE	
_____	<b>CHAIR VOLLEYBALL</b>	Friday, January 19th	R: \$2	NR:\$4
_____	<b>MOVIE MATINEE</b>	Monday, January 29	R: \$5	NR: \$6
_____	<b>TRAVEL TRIP PREVIEW</b>	Thursday, February 8	FREE	
_____	<b>MANICURES</b>	Monday, February 12	R: \$2	NR:\$4

**CHILI COOKOFF REGISTRATION IS THROUGH WESTERN RESERVE HOSPITAL** see ad on page 3 for registration information.

## LET'S EAT

<b>LUNCH BUDDIES</b>	<b>FRIDAY, JANUARY 12</b>	<b>FRIDAY, FEBRUARY 9</b>
<b>BREAKFAST BUDDIES</b>	<b>MONDAY, JANUARY 22</b>	<b>MONDAY, FEBRUARY 26</b>

## COMMUNITY BUS TRIPS:

<b>BEYOND CAMELOT</b> Tuesday, January 23rd	<b>Resident Fee: \$28    Non Resident Fee: \$ 30</b>
<b>OHIO BCI TOUR</b> Thursday, January 18 Thursday, January 25	<b>Resident fee: \$ 21    Non-Resident fee: \$23</b>
<b>GERVASI WINERY</b> Thursday, February 15	<b>Resident fee: \$ 58    Non-Resident fee: \$60</b> <i>*Deadline to register is January 5th</i>
<b>PEKING ACROBATS</b> Saturday, February 24	<b>Resident fee: \$ 48    Non-Resident fee: \$50</b> <i>*Deadline to register is January 5th</i>
<b>FUNNY GIRL</b> Tuesday, March 5	<b>Resident Fee: \$62    Non- Resident Fee: \$64</b> <i>*Deadline to register is January 31st</i>

## COMMUNITY PROGRAMS

**BUS TRIP POLICIES** Children under 18 must be accompanied by an adult. Pre-registration is required & full payment is due upon registration. No Holds. Trips include transportation and admissions. Meals are not included unless noted. Return times are approximate so please allow for additional time.

Our staff is happy to assist you with basics whenever possible if you are travelling alone such as, if you need assistance retrieving your mobility device, or accessing the lift. (You must have a mobility device if you intend to use the lift.) If you require special assistance boarding, de-boarding, climbing stairs, or walking any distance, or of a personal nature, you should travel with a personal care attendant, as our staff will not provide that level of assistance. A personal care attendant **MUST** also be registered for the trip. Please inform us of your intentions regarding these needs when you register.

### **CANCELLATION POLICY**

Don't delay in registering for a program or trip. Some programs fill quickly or minimum numbers must be met in order to hold an activity. If the Stow Parks & Recreation Department must cancel a program due to low numbers you will receive a full refund of program fees. If you must cancel your registration due to any reason, including illness, appointments or change of personal plans, you must submit a refund request at least seven days prior to a trip or program. Refunds are given only if no expenses/ticket purchases have occurred. Approved refunds by check incur a \$5 processing fee. Approved refunds applied as program credit will be for the full amount. Any cancellations within 7 days of the activity **do not** receive credit or refund.

You may always allow someone to take your place in the program with the exception of free programs that have a current wait list.

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**STOW SENIOR ADULT PROGRAMS  
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**JANUARY AND FEBRUARY 2024**

# **SENIOR NEWS**

**PROGRAMS & SERVICES FOR ACTIVE SENIOR ADULTS 55+**

**PROGRAM REGISTRATION BEGINS:**

**STOW RESIDENTS: JANUARY 3**

**OPEN REGISTRATION: JANUARY 4**