

# SENIOR NEWS

**PROGRAMS & SERVICES FOR ACTIVE SENIOR ADULTS 55+**

## PROGRAM REGISTRATION BEGINS:

**STOW RESIDENTS: AUGUST 23**

**OPEN REGISTRATION: AUGUST 24**

### STOW PARKS & RECREATION DEPARTMENT

**Program Information & In-person Registration:**

Stow City Hall  
 3760 Darrow Road  
 330-689-5100

Monday - Friday  
 8:00AM - 4:30PM

**Stow Senior Center**  
 3968 Darrow Road  
 330-686-1325

Open During  
 Programs & Events

**FUNINSTOW.COM**

Kathy Lewis, Recreation Supervisor  
 klewis@stow.oh.us



Seniors enjoying Music Bingo at Leona Farris Lodge

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# IMPORTANT INFORMATION

We hope you are ready for some fun this fall. This year we will bring back some crowd favorites like the Italian Dinner and Stow Striders Hiking Group. We'll create new memories with our Let's Make a Deal Halloween Party and National Taco Day Celebration. Please check the location listed for all of our special events prior to the program. We have events at all three facilities, including the Senior Center, Heritage Barn and Leona Farris Lodge in upcoming months.

Trips will include the Ohio Star theatre, fall festivities and festivals, a scenic ride on the train, and the Akron Zoo.

Trip sign up will be a week earlier than usual for this newsletter. Registration will be August 23rd for residents and August 24th for non residents due to the holiday weekend and Sunset Blast.



Rose and Cindy dancing the day away during Music Bingo.

## ACTIVITY LEVELS ARE PROVIDED FOR EACH TRIP:



**Mild: Level 1** - May require leisurely walking. There may be minimal steps or uneven surfaces and some standing.



**Moderate: Level 2** - May require moderate walking and extended standing. There may be steps or uneven surfaces.



**Strenuous: Level 3** - May require extended periods of walking and standing. There may be numerous steps or uneven terrain.



## EMERGENCY NOTIFICATIONS

The City of Stow now uses CivicReady to send emergency alerts. **You must sign up** to receive emergency alerts via text message, email, and/or phone call.

**Sign up for Emergency Alerts:**  
<https://www.stowohio.org/360/Alerts-Notifications>



Alerts & Notifications

Examples of notifications sent thru CivicReady:

- Imminent or perceived threat to life or property.
- Disaster notifications.
- Evacuation notices.
- Public health or safety emergencies.
- Any notification to provide emergency-related info.

## THANK YOU SPONSORS STOW CITY CENTER PROJECT



REV 7/1/2021

# SPECIAL EVENTS

## ITALIAN DINNER NIGHT

Monday, September 18  
6:00pm

**Heritage Barn** 5238 Young Rd.,  
Stow

Fee: R: \$10 NR:\$12

Enjoy a night of music and dinner at the beautiful Heritage Barn. The menu includes salad, lasagna, garlic bread and a cannoli. Non-alcoholic drinks will be provided, but attendees are welcome to bring their own wine or beverage of choice with drinkware to the event.

Pre-Registration is required by September 11 or until full.



## MOVIE MATINEE

Monday, September 25  
11:30am

**Leona Farris Lodge**, formerly Silver Springs  
Lodge, 5027 Stow Rd., Stow

Fee: R: \$5.00 NR: \$6.00

Why sit home watching TV when you can view a recent movie and have lunch in the company of friends? Dress accordingly, the heat/air conditioning cannot be adjusted by staff.

Call Stow Parks & Recreation for the title of movie.

Pre-Registration is required by September 19 or until full. Limited Seating.

Sponsored by: CenterWell Home Health

## NATIONAL TACO DAY

Friday, October 6 12:00pm

**Stow Senior Center**,  
3968 Darrow Rd., Stow

Fee: R: \$2 NR:\$3

It's time for a fiesta! Tamarack Ridge will bring all the fixins' for a taco bar to celebrate National Taco Day.

Pre-Registration is required by September 29 or until full. Limited Seating.

Sponsored by:



## LET'S MAKE A DEAL HALLOWEEN PARTY

Monday, October 16  
11:30-2:00pm

**Leona Farris Lodge**,  
formerly Silver Springs  
Lodge, 5027 Stow Rd., Stow

Fee: R: \$10 NR: \$12

Join us for a fun day of laughs and prizes. Let's Make a Deal is a TV game show in which contestants wearing outrageous costumes make deals with the host to win prizes. Everyone's name will be put into a raffle to see who gets to have a chance at going on stage to participate! Dress up in costume for an additional ticket in the raffle. A themed Halloween lunch is included.

Pre-Registration is required by October 9 or until full.



## LET'S CREATE!

**Stow Senior Center**, 3968 Darrow  
Rd., Stow

Join local artist, Jackie Palumbo to explore different art mediums each month for an art class. Classes are open to all skill levels. Please register at least one week prior to each program.



## MANDALA - AN ANCIENT, PEACEFUL ART

Tuesday, September 19

9:00am

Fee: R: \$10 NR:\$12

You will learn a bit about its history and create your own by repurposing a CD and using multi surface paints.

## IT'S FALL Y'ALL!

Tuesday, October 24

9:00am

Fee: R: \$12 NR:\$14

Time to celebrate the changing colors! For this class, we will repurpose materials to create a wonderful fall tree painting.

Pre-Registration is required one week prior or until full. Limited Seating.

# RECREATION PROGRAMS & SERVICES

## STOW STRIDERS HIKING GROUP

Mondays, September 11-October 23

Each hike departs Stow City Hall

10:00am

No hikes week of October 16

Fee: R: \$18 NR:\$20

We travel by bus to an easy to moderate trailhead with a program assistant who points the way! Please note: This program is designed for active seniors and locations will include both Summit Metroparks and Cuyahoga Valley National Park trails. Hikes will include stairs, hills and uneven terrain and up to 2 miles of walking per week.

Rain dates will be on the Wednesday of each week. Please call the weather cancellation line at 330-689-5105 in case of inclement weather. Phone calls will not be made. The line will be updated by 9am Monday morning.

## THE PRICE IS RIGHT GAME PRESENTED BY HUMANA

Friday, September 15

1:00pm

**Stow Senior Center,**

3968 Darrow Rd., Stow

Fee: R: \$2 NR:\$3

Come on down! Join local Humana agent, Tony Lancianese and play a variety of games including some one of a kind games and some seen on the hit TV show The Price is Right. Small prizes will be awarded for winners.

Pre-Registration is required by September 11 or until full.



# Humana



**JOIN THE COMMUNITY FOR STOW'S END OF SUMMER CELEBRATION EVENT.  
COMPLETE WITH THE BEST FIREWORKS SHOW IN THE AREA!**

**SATURDAY & SUNDAY | SEPTEMBER 2-3, 2023**

**SILVER SPRINGS PARK - 5238 YOUNG RD., STOW**

**FOOD, FUN, VENDORS, ENTERTAINMENT, CRAFT BEER, MUSIC!**



Stow Parks & Recreation | 3760 Darrow Rd., Stow, OH 44224 | 330.689.5100 | FUNINSTOW.COM | parks@stow.oh.us

# RECREATION PROGRAMS & SERVICES

# SENIOR COALITION EVENTS

Reserve your spot by calling (330) 926-3445 or emailing [hospitalevents@westernreservehospital.org](mailto:hospitalevents@westernreservehospital.org)

**Sept.  
28**

ICE CREAM SOCIAL DRIVE-THRU, 11 A.M. - 1 P.M.  
Leona Farris Lodge, Stow

**Oct.  
26**

TRUNK OR TREAT DRIVE-THRU, 11 A.M. - 1 P.M.  
Quirk Cultural Center, Cuyahoga Falls

**Nov.  
10**

VETERANS DAY LUNCHEON, 11 A.M. - 1 P.M.  
Cuyahoga Falls Natatorium



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[judilint@howardhanna.com](mailto:judilint@howardhanna.com)

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# RECREATION PROGRAMS & SERVICES

Unless noted, programs will be offered for drop in play. *Due to spacing at the senior center, all programs will be offered at capacity. Please arrive no earlier than 10 minutes before a weekly program start time.*

**TUES  
DAY**

## DOMINOES MEXICAN TRAIN

EVERY Tuesday @ 12:00-2:00pm

**Stow Senior Center**, 3968 Darrow Rd.

No Fee. No registration. Come learn to play this fun and easy game.

## MAH-JONGG

EVERY Tuesday @ 12:00-3:00pm

**Stow Senior Center**, 3968 Darrow Rd.

No Fee. No registration  
For players familiar with the game.

**WED  
NES  
DAY**

## CARDS AND GAME DAY!

EVERY Wednesday @ 12:00pm - 4:00pm

**Stow Senior Center**, 3968 Darrow Rd.

No Fee. No registration

Come learn and new game or play with friends. Decks of cards and a variety of board games and supplies will be on hand to play.



**THURS  
DAY**

## BRAIN GAMES WITH BOB

First Thursday of the month @ 1:00

**Stow Senior Center**, 3968 Darrow Rd.

No Fee. No Registration Required

Join Bob from Danbury Senior Living for a fun hour of brain games including logic puzzles, word riddles and out of the box thinking. All materials will be provided.

## SENIOR BINGO AT STOW SENIOR CENTER

2nd and 4th Thursday of each month. Games begin at 1:00pm

**Stow Senior Center**, 3968 Darrow Rd., Stow

\$3/(3 card) packet for all 10 games. Correct change please.

All money taken in is paid out as prizes!

Digital Board displays past numbers. Window Slide Bingo cards provided.

**Registration is no longer required for this program. Limited seating available.**

Program Sponsor: Danbury Senior Living Cuyahoga Falls



## COMMUNITY NEWS:

The Stow Woman's Club is looking for new members. The purpose of the organization is to promote the service and social culture of the membership and the community. They meet October - May at the Community Church of Stow, 1567 Pilgrim Drive on the first Thursday of each month at 1pm.

# RECREATION PROGRAMS & SERVICES

## LUNCH BUDDIES

Drive yourself to local restaurants to enjoy with friends. Meet the group leader at the restaurant. Order & pay off menu.

## DANNY BOYS

SEPTEMBER 8            11:30 AM  
10 Tallmadge Circle Tallmadge, OH 44278

## THE BASEMENT

OCTOBER 13            11:30 AM  
3732 Darrow Road Stow Ohio 44224

## BREAKFAST BUDDIES

Visit a local restaurant to enjoy good conversation and a tasty breakfast! Meet the group leader at the restaurant. Order & pay off menu.



## OVER EASY AT THE DEPOT

SEPTEMBER 25            9:00 AM  
152 Franklin Ave. Kent, OH 44240

## CAFÉ IN STOW

OCTOBER 30            9:00 AM  
4591 Darrow Rd, Stow, OH 44224

**Call 330-689-5100 to register for Lunch Buddies & Breakfast Buddies.**

Registration is required by the Monday prior, unless filled. All restaurants are moderately priced. Transportation and lunch are not included. Wait times may vary by restaurant.

## At Mulberry Gardens Assisted Living and Memory Care WE PUT YOUR LOVED ONE FIRST

At Mulberry Gardens Assisted Living and Memory Care, we know staying socially connected and feeling engaged becomes more important as we age. Healthy relationships, good nutrition and regular fitness programs are all included! When your loved one moves to Mulberry Gardens, they'll become a part of something special...a sense of family, friendship, and belonging that welcomes them each day. There are never any buy-in fees and everything is included in one reasonable monthly rent, even the utilities, except phone. We also offer personal services at an additional cost, and because we focus on individual needs and preferences, you only pay for the services needed.



ASSISTED LIVING  
**330-634-9919**  
395 South Main Street  
Munroe Falls, OH 44262

MEMORY CARE  
**330-633-3026**  
47 Steeplechase Ln  
Munroe Falls, OH 44262



# SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Bus Trip: Senior Safari Footcare	2
3	4 Closed 	5 12-3: Mah Jongg 12-2: Dominoes	6 12-4: Cards and Games	7 9:15am Bowling @CLSC  1pm: Brain Games	8 Massages  11:30 Lunch Bunch	9
10	11 Stow Striders	12 12-3: Mah Jongg 12-2: Dominoes	13 12-4: Cards and Games  Blanketeers 12:30-2:30  Rain Date: Stow Striders	14 9:15am Bowling @CLSC  1pm: BINGO	15 Massages  1pm: Price is Right	16 Bus Trip: CCR Tribute Concert
17	18 Stow Striders  6pm: Italian Dinner Night	19 12-3: Mah Jongg 12-2: Dominoes  9am: Let's Create	20 12-4: Cards and Games  Rain Date: Stow Striders	21 9:15am Bowling @CLSC	22	23 Bus Trip: Fall Arts and Crafts Festival
24	25 9am: Breakfast Buddies  Stow Striders  11:30am: Movie Matinee	26 9am: Let's Create  12-3: Mah Jongg 12-2: Dominoes	27 12-4: Cards and Games Blanketeers 12:30-2:30  Rain Date: Stow Striders	28 9:15am Bowling @CLSC  1pm: BINGO	29	30

Most Programs are held at:  
**Stow Senior Center, 3968 Darrow Road**  
 Program Registrations are taken at Stow City Hall - **Stow Parks & Recreation Department, 3760 Darrow Road**  
 \*LFL = Leona Farris Lodge, formerly Silver Springs Lodge 5027 Stow Rd

\*Bus Trips Depart: *Stow City Center, 3760 Darrow Rd*  
 \*HB = Heritage Barn 5238 Young Rd  
 \*CLSC - *Clutch Lanes & Sports Center, 4190 State Road, Cuyahoga Falls*  
 \*SMFHS Stow Munroe Falls High School 3227 Graham Rd, Stow, OH 44224

# OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Stow Striders  Footcare	3  12-3: Mah Jongg 12-2: Dominoes	4 Rain Date: Stow Striders  12-4: Cards and Games	5 9:15am Bowling @CLSC  1pm: Brain Games	6  12pm: National Taco Day	7
8	9  Stow Striders	10  12-3: Mah Jongg 12-2: Dominoes	11  12-4: Cards and Games 12:30-2:30 Blanketeers Rain Date: Stow Striders	12 9:15am Bowling @CLSC  1pm: BINGO Bus Trip: CVSR	13 Massage  11:30 Lunch Buddies	14
15	16  11:30am: Let's Make a Deal Halloween Party	17  12-3: Mah Jongg 12-2: Dominoes	18  12-4: Cards and Games	19  9:15am Bowling @CLSC	20  Massage  Bus Trip: Emerald Necklace Inn	21
22	23  Stow Striders	24  12-3: Mah Jongg 12-2: Dominoes  9am: Let's Create	25  12-4: Cards and Games 12:30-2:30 Blanketeers  Rain Date: Stow Striders	26 9:15am Bowling @CLSC  1pm: BINGO	27  Bus Trip: Reeve's Victorian Home	28
29	30 9am: Breakfast Buddies	31  12-3: Mah Jongg 12-2: Dominoes				

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 \*SMFHS *Stow Munroe Falls High School 3227 Graham Rd, Stow, OH 44224*

# COMMUNITY EVENTS

## SENIOR BOWLING

### PRACTICE SESSIONS

Every Tuesday @ 11:15am  
**Clutch Lanes & Sports Center**, 4190 State Rd.  
Cuyahoga Falls  
Fee: \$6.00 / 3 games

### SENIOR BOWLING LEAGUE PLAY

Every Thursday Sept– April @ 9:15am  
**Clutch Lanes & Sports Center**, 4190 State Rd.  
Cuyahoga Falls  
Fee: \$12.00\* / 3 games– Mixed Teams  
League Coordinator: Jack Popiel

## CHAIR MASSAGE WITH SUE PETROF, LMT

2nd and 3rd Fridays of each month  
For Appointments Call: Sue Petrof, LMT, 330-414-8882

**Stow Senior Center**, 3968 Darrow Rd., Stow  
Fee: \$15 for 15 minutes

Massage is credited with reducing pain and allowing deep relaxation. A chair massage focuses on the neck, shoulders and back only, while fully clothed. *No need to kneel on knees.*

## FOOT & NAIL CARE WITH RELIABLE NURSE FOOT CARE

September 1 and October 2  
For Appointments call: 216-956-0293  
**Stow Senior Center**, 3968 Darrow Rd., Stow  
Foot Care Sessions are \$40 check, cash or credit card.

Nurse Provided Toenail & Foot Care including toenail trimming, thinning and filing, corn & callus reduction by a certified foot care nurse at prices often cheaper than a copy.

## PICKLEBALL

**Adell Durbin Park**, 3300 Darrow Road  
**Open Play through October** on: Tuesdays and Thursdays 6pm-8pm, Fridays 10:00-12:00

Adell Durbin courts are lined with both tennis and pickleball courts. To play Pickleball on the courts, mobile nets are used.

## BLANKETEERS DONATIONS NEEDED!

2nd and 4th Wednesdays @ 12:30-2:30pm  
**Community Church of Stow**, 1567 Pilgrim Dr. Stow  
You do not need to know how to knit or crochet to join. Just go with a willingness to learn and they will teach you the craft to make hats, mittens and blankets. Since 2005, this group has donated over 4000 blankets to various causes. Donations of yarn are appreciated and can be dropped off at the Senior Center. Contact Bobbi at 330-688-7390.

## PARKINSON'S SPECIALTY CLASS WITH HEATHER KNOLL NURSING AND REHAB

Every Wednesday 2:00pm  
**Riverfront YMCA**, 544 Broad Blvd., Cuyahoga Falls 44221

Free for all participants Contact Moria Wegelin at 330 592-0811 for more information.

## TYRANNOSAURUS FLEX FITNESS CLASSES

### Mondays and Wednesdays:

**9:00am:** Low Impact/Cardio Drumming  
Classes are adaptable based in individual needs.  
**Tyrannosaurus Flex Fitness Studio**, 3073 Graham Rd., Stow  
Classes available for purchase: 4 classes for \$20  
Call Kellie for more information and to register: 440-567-5087.

## PURPOSE DRIVEN THERAPY CLASSES

3012 Graham Road  
Stow, OH 44224

**B.E.T.T.E.R Boot Camp** \$115 for 4 90 minutes sessions beginning in September. This program is for people with neurological injuries and their caregivers to maximize physical independence through exercise and functional activities.

**Delay the Disease** \$59 for 6 sessions  
Tuesdays 11am-12pm  
Designed to help Parkinson's patients through a series of challenging activities

**Tai Chi** \$37 for 4 sessions  
Tuesdays 5:30-6:30pm  
Learn basic exercises to help with balance and strength using the art of Tai Chi.

For more information, call **(330)805-4786**

# COMMUNITY BUS TRIPS

## SENIOR SAFARI AT THE AKRON ZOO



**Date:** Friday, September 1      **Resident fee:** \$16      **Non-Resident fee:** \$18  
**Depart:** 9:45 am      **Return:** 2:00 pm

Visit with your favorite animals throughout the day while connecting with local organizations that offer services for seniors! Enjoy discounted admission, giveaways, coffee. Plus, Komodo Kingdom Cafe will be offering a lunch special for seniors (additional)!

## CREDESCENCE CLEARWATER REVIVAL TRIBUTE AT OHIO STAR THEATER



**Date:** Saturday, September 16      **Resident fee:** \$69      **Non-Resident Fee:** \$71  
**Depart:** 3:45pm      **Return:** 10:30pm

Bad Moon Rising, a Classic Tributes Live band, invites you to take a trip down the Mississippi delta as they pay tribute to arguably the greatest rock band North America ever produced. Dinner prior to the concert at Dutch Valley Restaurant. Patrons should plan to walk from the restaurant to the theater across the parking lot. \*deadline for registration is August 31.

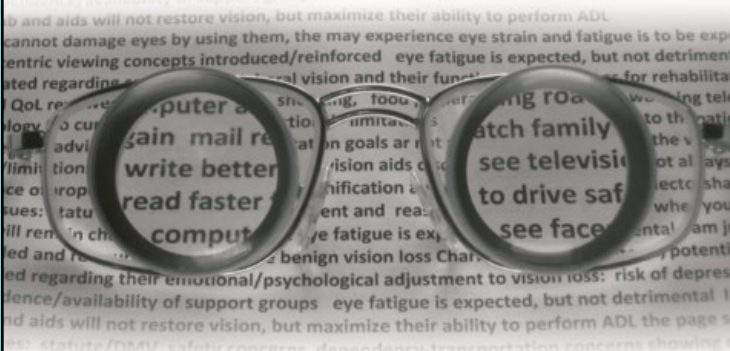
## FALL ARTS AND CRAFTS FESTIVAL AT HARTVILLE MARKETPLACE



**Date:** Saturday, September 23      **Resident Fee:** \$14      **Non Resident Fee:** \$16  
**Depart:** 10:15 am      **Return:** 3:30 pm

The 18th Annual Fall Arts & Crafts Festival showcases dozens of local vendors, handmade goods, foods and crafts. Enjoy a fun-filled afternoon of live music, and food truck fare while seeking out those special finds from over 100 craft vendors! Lunch at Hartville Kitchen (additional).

### Living with Macular Degeneration or other vision limiting condition?



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# COMMUNITY BUS TRIPS

OPEN TO ALL AGES

Bus departs from Stow City Hall, 3760 Darrow Road, unless otherwise noted.



All trips are subject to change and cancellation. All restaurants are moderately priced and wait times and menu items may vary. Please arrive 15 minutes prior to departure time. All required waivers must be signed prior to the date of the trip.

## CUYAHOGA VALLEY SCENIC RAILROAD



**Date: Thursday, October 12**                      **Resident fee: \$30**                      **Non-Resident Fee: \$32**  
**Depart: 10:15am**                      **Return: 3:30pm**

Climb aboard and hear the whistle blow! The Cuyahoga Valley Scenic Railroad offers an excellent view of the natural scenery and wildlife of the national park and an opportunity to learn about the history of the railroad in valley. We will board the train in Peninsula and head south to the Akron station. We will stop for a late lunch (additional) and explore the shops downtown after the train ride. Café cart will have snacks available for purchase. \*deadline for registration is September 12

## EMERALD NECKLACE INN – FAIRVIEW PARK



**Date: Friday, October 20**                      **Resident Fee: \$37**                      **Non-Resident Fee: \$39**  
**Depart: 10:30am**                      **Return: 2:30pm**

The Emerald Necklace Inn & Tea Room is one of Cleveland’s historic treasures. This brick building was built in 1863 during the Civil War and now houses a Bed and Breakfast and Tea Room. Guests will enjoy the Emerald High Tea, which will include a pot of tea, soup or salad, scone, bread plate, quiche, three tea sandwiches and dessert.

## REEVE’S VICTORIAN HOME AND CARRIAGE HOUSE LIVING HISTORY PROGRAM



**Date: Friday, October 27**                      **Resident Fee: \$29**                      **Non-Resident Fee: \$31**  
**Depart: 8:45am**                      **Return: 3:00pm**

Return to the elegance of the late 19th century by visiting the Reeves Victorian Home and its adjoining Carriage House Museum, located in Dover, Ohio. This opulent mansion, the former residence of prominent Dover industrialist, Jeremiah E. Reeves, is owned and operated by the Dover Historical Society. In the Living History Program you will experience the Reeves Home like its 1912. Join the maid as she makes the finishing touches on her chores for a party. Lunch (additional) after the program.

## TRANS SIBERIAN ORCHESTRA TRIBUTE AT OHIO STAR THEATER



**Date: Saturday, December 16**                      **Resident fee: \$69**                      **Non-Resident fee: \$71**  
**Depart: 3:45pm**                      **Return: 10:30pm**

This powerhouse group of classically trained musicians come together to create nothing short of an electrifying evening of holiday rock music. Performing in the style of Trans-Siberian Orchestra, The Prophecy has spared no details when it comes to costumes, choreography, music, lasers, and fog. Dinner prior to the concert at Dutch Valley Restaurant. Patrons should plan to walk from the restaurant to the theater across the parking lot. \*deadline for registration is October 31st

## CLEVELAND ORCHESTRA AT SEVERANCE HALL



**Date: Sunday, December 17**                      **Resident Fee: \$93**                      **Non-Resident Fee: \$95**  
**Depart: 1:00pm**                      **Return: 5:30pm**

Celebrate the holidays with the Cleveland Orchestra in the spectacular Severance Hall with the best seats in the house. This concert is an annual favorite and is sure to be an experience to remember! Don't forget to dress to impress in your holiday best. We will not be stopping for lunch for this program. \*deadline for registration is November 10.



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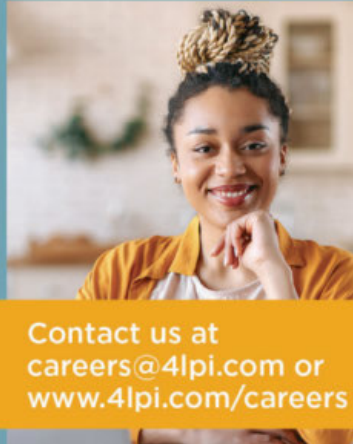
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and 4th Street in Cuyahoga Falls

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**Jayne Pandy**

[jpandy@lpicommunities.com](mailto:jpandy@lpicommunities.com)

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4-D-5-5

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14-1497

# PROGRAM SIGN UP

Please use this registration form if you are signing up in person for multiple activities at once. If you cannot attend, please call 330-689-5100, so we can add a registration from the waitlist.

Name: \_\_\_\_\_

(circle one)                      Resident\*    Non Resident

\_\_\_\_\_ **2024 Newsletter Subscription Fee (Cost: \$5.00)**

## SPECIAL EVENTS:

_____	<b>THE PRICE IS RIGHT GAME</b>	Friday, September 15	R: \$2	NR:\$3
_____	<b>STOW STRIDERS</b>	Mondays, Sept. 11-Oct. 23	R: \$18	NR:\$20
_____	<b>ITALIAN DINNER NIGHT</b>	Monday, Sept. 18	R: \$10	NR: \$12
_____	<b>MOVIE MATINEE</b>	Monday, September 25	R: \$5	NR: \$6
_____	<b>NATIONAL TACO DAY</b>	Friday, October 6	R: \$2	NR:\$3
_____	<b>LET'S MAKE A DEAL</b>	Monday, October 16	R: \$10	NR: \$12
_____	<b>LET'S CREATE!</b>	Tuesday, September 19	R: \$10	NR:\$12
_____	<b>LET'S CREATE!</b>	Tuesday, October 24	R: \$12	NR:\$14

## LET'S EAT

<b>LUNCH BUDDIES</b>	<b>FRIDAY, SEPTEMBER 8</b>	<b>FRIDAY, OCTOBER 13</b>
<b>BREAKFAST BUDDIES</b>	<b>MONDAY, SEPTEMBER 25</b>	<b>MONDAY, OCTOBER 30</b>

## COMMUNITY BUS TRIPS:

### SENIOR SAFARI AT THE AKRON ZOO

**Friday, September 1**    Resident fee: \$16      Non-Resident fee: \$18

### CCR TRIBUTE AT OHIO STAR THEATER

**Saturday, September 16**    Resident fee: \$69      Non-Resident Fee: \$71

### FALL ARTS AND CRAFTS FESTIVAL AT HARTVILLE MARKETPLACE

**Saturday, September 23**    Resident Fee: \$14      Non Resident Fee: \$16

### CUYAHOGA VALLEY SCENIC RAILROAD

**Thursday, October 12**    Resident fee: \$30      Non-Resident Fee: \$32

### EMERALD NECKLACE INN TEA

**Friday, October 20**    Resident Fee: \$37      Non-Resident Fee: \$39

### REEVE'S VICTORIAN HOME AND CARRIAGE HOUSE

**Friday, October 27**    Resident Fee: \$29      Non-Resident Fee: \$31

### TRANS SIBERIAN ORCHESTRA TRIBUTE AT OHIO STAR THEATER

**Saturday, December 16**    Resident fee: \$69      Non-Resident fee: \$71

### CLEVELAND ORCHESTRA AT SEVERANCE HALL

**Sunday, December 17**    Resident Fee: \$93      Non- Resident Fee: \$95

## COMMUNITY PROGRAMS

**BUS TRIP POLICIES** Children under 18 must be accompanied by an adult. Pre-registration is required & full payment is due upon registration. No Holds. Trips include transportation and admissions. Meals are not included unless noted. Return times are approximate so please allow for additional time.

Our staff is happy to assist you with basics whenever possible if you are travelling alone such as, if you need assistance retrieving your mobility device, or accessing the lift. (You must have a mobility device if you intend to use the lift.) If you require special assistance boarding, de-boarding, climbing stairs, or walking any distance, or of a personal nature, you should travel with a personal care attendant, as our staff will not provide that level of assistance. A personal care attendant **MUST** also be registered for the trip. Please inform us of your intentions regarding these needs when you register.

### **CANCELLATION POLICY**

Don't delay in registering for a program or trip. Some programs fill quickly or minimum numbers must be met in order to hold an activity. If the Stow Parks & Recreation Department must cancel a program due to low numbers you will receive a full refund of program fees. If you must cancel your registration due to any reason, including illness, appointments or change of personal plans, you must submit a refund request at least seven days prior to a trip or program. Refunds are given only if no expenses/ticket purchases have occurred. Approved refunds by check incur a \$5 processing fee. Approved refunds applied as program credit will be for the full amount. Any cancellations within 7 days of the activity **do not** receive credit or refund.

You may always allow someone to take your place in the program with the exception of free programs that have a current wait list.

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**STOW SENIOR ADULT PROGRAMS  
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**SENIOR**

**SEPTEMBER & OCTOBER 2023**

**NEWS**

**PROGRAMS & SERVICES FOR ACTIVE SENIOR ADULTS 55+**

**PROGRAM REGISTRATION BEGINS:  
STOW RESIDENTS: AUGUST 23  
OPEN REGISTRATION: AUGUST 24**