

Senior News

PROGRAMS & SERVICES FOR ACTIVE SENIOR ADULTS

September—October 2022

Program Registration Begins:
Wednesday, August 24*
at Stow City Hall

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Stow Parks & Recreation Department

Program Registration & Information

Stow City Hall - 3760 Darrow Road
330-689-5100

Monday - Friday 8:00AM - 4:30PM

Stow Senior Center

3968 Darrow Road 330-686-1325

Senior Adult Programs

Kathy Lewis, Recreation Supervisor
klewis@stow.oh.us

www.FunInStow.com

Inside this issue, you will find some annual favorites, including Trunk or Treat and Thanksgiving and some new programs, like the Italian Dinner night, Make it/Take It and a program provided by Summit County probate.

Trip sign up will be a week earlier than usual for this newsletter. Registration will be August 24 due to the holiday weekend and Sunset Blast. For those of you unfamiliar with the process, we begin registration at 8am. Seniors who are at City Hall in person get first priority, once the line is gone our staff works on phone messages. They will return the calls in order they received them. Please leave a voicemail and they will get back to you. Mailed in registrations are processed last. You may also register online. You can call the Parks and Recreation office if you would like to get set up with an online account. For cancellations of any kind, please call our main office at 330-689-5100. Please do not contact staff directly or call the senior center. Please leave a message if it after hours.

On a separate note, you may notice Cindy missing in action at the senior center during the next few months. She is having a medical procedure and will need to rest up for a while. If you would like to send her a card, you may send them to City Hall attention: Cindy Cloud and we will deliver them to her. In the meantime, Rose, Ann, Kristin and I will cover all of the programs.



Join Us for Great Entertainment!

SILVER SPRINGS PARK
5238 Young Rd.

BOTH DAYS - All Day

Food, fun, entertainment,
craft beer, music!

**Over 30 vendors
attending!**

SATURDAY - Sept. 3 (5-10pm)		SUNDAY - Sept. 4 (5-10pm)	
5-8pm	Petting Zoo <i>(included with \$5 daily wrist band)</i>	5-8pm	Petting Zoo <i>(included with \$5 daily wrist band)</i>
5-10pm	Inflatables & Rockwall <i>(included with \$5 daily wrist band)</i>	5-10pm	Inflatables & Rockwall <i>(included with \$5 daily wrist band)</i>
5-10pm	Axe Throwing	5-10pm	Axe Throwing
5-10pm	Mechanical Bull <i>(included with \$5 daily wrist band)</i>	5-10pm	Mechanical Bull <i>(included with \$5 daily wrist band)</i>
6-9pm	Face Painting	6-9pm	Face Painting
6-9pm	Balloon Twister	6-9pm	Balloon Twister
7-10pm	Country Artist: Michael Christopher	7-10pm	Dance Party Band: The Players Club
		9pm	GRAND FINALE FIREWORKS SHOW

Special Events



That's Amore!

That's Amore! Italian Dinner Night

Wednesday, September 28
6:00pm

**Heritage Barn, 5238 Young Rd. Stow
\$10.00

Enjoy a night of music and dinner at the beautiful Heritage Barn. The menu includes salad, homemade lasagna, garlic bread and a cannoli. Non-alcoholic drinks will be provided, but attendees are welcome to bring their own wine or beverage of choice to the event. Register by September 21 or until filled. Sponsored in part by: Danbury Senior Living

**TRUNK OR TREAT
Friday, October 28
1:00pm or 1:30pm
(choose one)**

\$3.00

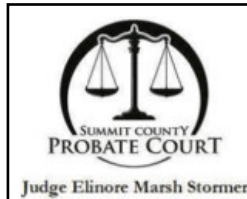
Why let the kids have all of the fun? Join us for a contactless Trunk or Treat in the lower parking lot of Leona Farris Lodge (formerly Silver Springs Lodge.) Just pop your trunk and let us load it with goodies! Both sweet treats and everyday items will be included. Please arrive no earlier than your registered sign up time. Registration is required by October 19th or until filled.

How to Avoid Probate

Thursday, October 6
10am
Stow Senior Center
Cost: Free

Your Family Matters

Probate and Estate Discussion
Join Magistrate Steve Elliott



Most have heard that it is wise to avoid probate, but don't really know why. Make all of your choices known. Learn simple **free** tools to protect your family, and heirs, and learn the truths about probate. We will also discuss the different advanced directives to protect yourself in the future and live your life the way you choose.

Make it and Take it

October 5 @1:00pm
The Griffin, 4962 Darrow Rd.
Cost: \$12

Meet at the Griffin for a step by step bracelet making class. Register by Sept. 29, Optional: Meet us at Luca's New York Style Pizza (next door to the Griffin) at 11:30 for lunch (additional) prior to the class.



Thanksgiving **FEAST**

Friday, November 18
12:00pm
Leona Farris Lodge,
5027 Stow Rd. \$8.00

Our Thanksgiving Feast will be offered as a sit down meal. The meal will include turkey, mashed potatoes, stuffing and green beans with pie for dessert from the Café in Stow. Please register by November 11 or until full.



Fitness & Health

On-Going Programs & Classes for Active Senior Adults

Stow Striders Hiking Group

Bus Fare \$15 / person
Each hike departs Stow City Hall:
Mondays ~ 10am
Mondays, September 12-November 7*

We travel by bus to an easy to moderate trailhead with a program assistant who points the way! Please note: This program is designed for active seniors. All trails are rated by the Summit Metroparks as easy or moderate and include stairs, hills and uneven terrain. Registration required.

*Dates are extended from previous newsletter. Nov. 7 to be used as a rain date.



Our Music and a Meal event was a big hit. Thank you to the Mick and Rick Band, and our sponsors Western Reserve Hospital and Danbury Senior Living.

Chair Massage
with Sue Petrof, LMT
\$15 for 15 minutes
Sept. 9 and 16
Oct. 14 and 21

Massage is credited with reducing pain and allowing deep relaxation.

A chair massage focuses on the neck, shoulders and back only, while fully clothed. *No need to kneel on knees.*

Mornings by appointment at the **Stow Senior Center**
For Appointments Call: Sue Petrof, LMT
330-414-8882

Tyrannosaurus Flex Fitness Classes

3073 Graham Rd., Stow
Tuesdays:
9:00am: Low Impact/Cardio Drumming
10:00am: Low Impact Strength
Thursdays

9:00am : Low Impact/ Cardio Drumming

Classes are adaptable based in individual needs.

Additional classes available for purchase: 4 classes for \$20

Call Kellie for more information and to register: 440-567-5087.

Foot & Nail Care

Reliable Nurse Foot Care

Nurse Provided Toenail & Foot Care

Sept. 2 and Oct. 3

Toenail trimming, thinning and filing + corn & callus reduction performed at the **Stow Senior Center** by a certified foot care nurse at prices often cheaper than a copay.

Foot Care Sessions are \$35 check, cash or credit card.

Please call: (216) 956-0293 to schedule an appointment.

Silver Sneakers Update

Silver Sneakers will no longer be offered through the Stow Senior Center. Classes for eligible participants are offered at other area fitness centers including FitWorks Fitness, Life Center Plus and Cuyahoga Falls Natatorium. Please contact the participating facilities for an up to date listing of classes. Live and On Demand classes can be found at Silversneakers.com

Recreation Programs & Services

On-Going Programs & Classes for Active Senior Adults

Bunco Party

Friday, September 16

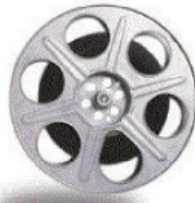
\$3.00

12:00-2:00pm

Leona Farris Lodge, 5027 Stow Rd.



Bunco is a friendly dice game that is very simple to learn. There are no decisions to be made, just pure luck and loads of fun. The object of the game is to accumulate points as you roll the dice in certain combinations. Small prizes will be awarded for most wins, most buncos and more! Our bunco parties always fill up quickly so we are moving to Leona Farris Lodge for this one. Register by September 9 or until full. Light refreshments will be provided.



MOVIE MATINEE

Monday, October 24

Fee: \$5.00 11:30am

Leona Farris Lodge, 5027 Stow Rd., Stow

Why sit at home watching tv when you can view a recent movie and have lunch with friends? Call Stow Parks & Recreation for the title of the movie. The menu will be available during registration.

Pre-Registration is required by October 17 or until full. Limited Seating.



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NEW ASSISTED LIVING!



Regent of Stow

AN EMBASSY HEALTHCARE COMMUNITY

Assisted Living Community

Affordable/All Inclusive Rates! Call 330-285-7362



SMART SYSTEM TUNE-UP

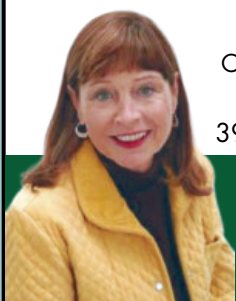
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Judi Lint, CRS, CSP, RRS, GSA

Office: (330) 686-1166 • Cell: (330) 388-9720

judilint@howardhanna.com

3925 Darrow Rd, Ste 101, Stow, OH 44224

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30+ Years



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(330) 688-1188

www.arborsatstow.com

Danbury

SENIOR LIVING

DanburySeniorLiving.com

Independent Living | Assisted Living | Memory Care

Call 888.432.6279 to find a Danbury near you!



“There are no words to describe our appreciation for your kindness, care and loving ways you all show to our Mom. We know you are making the best possible way of life for her.”

-Danbury Resident Family Member



4-D-5-5

For ad info. call 1-800-477-4574 • www.lpicommunities.com

14-1497

Recreation Programs & Services

On-Going Programs & Classes for Active Senior Adults

Unless noted, programs will be offered for drop in play. *Due to spacing at the senior center, all programs will be offered at capacity. Please arrive no earlier than 10 minutes before a weekly program start time.*

Mah-Jongg

**EVERY Tuesday ~
12:00-2:00pm**

Game play start: **Stow Senior Center**

For players familiar with the game. No Fee. No registration

Mah-Jongg Lessons

 Stow Senior Center

Cost: \$20.00

September 1, 6, 8, 13, 15 **Time: 10:00-11:30am**

Learn to play the game of Mah Jongg - Step by Step with other beginner level players. Five classes teaches the rules of play with ample opportunity to practice and play with others new to the game. Please only register if you are able to commit to all of the classes. Registration required by August 30.

Dominoes

 Mexican Train

**EVERY Tuesday ~
12:00-2:00pm**

Come learn to play this fun and easy game.

Enjoy good company!
No Fee. No registration

Bunco is now offered WEEKLY! Wednesdays

12:00- 2:00 OR 2:00-4:00

Bunco is now part of our weekly programming on Wednesdays in the back room of the senior center. This will be a drop in program for the first 16 participants for each time frame. Games will be casual with no prizes provided. Staff will be available to assist new players. Supplies will be provided. No Fee. No registration

Game Day!

**EVERY Wednesday
12:00pm - 4:00pm**

Stow Senior Center

Decks of cards and a variety of board games and bunco supplies will be on hand to play. No Fee. No registration

Senior Bowling

**League Play—Thursdays
9:30am**

Clutch Lanes & Sports Center

4190 State Rd. Cuyahoga Falls

Fee: \$10.00* / 3 games

\$1 paid to league committee

League Coordinator:

Jack Garner

New Players & Subs Welcome

Brain Games

With Danbury Senior Living
Sept. 1 and Oct. 6 @ 1:00
Stow Senior Center

Register by Tuesday of each program
Join Bob from Danbury Senior Living for a fun hour of brain games including logic puzzles, word riddles and out of the box thinking. All materials will be provided. Registration Required.

Blanketeers

**2nd and 4th Wednesdays
12:30-2:30pm**

**Community Church of Stow
1567 Pilgrim Dr. Stow**

You do not need to know how to knit or crochet to join. Just go with a willingness to learn and they will teach you the craft to make hats, mittens and blankets. Since 2005, this group has donated over 4000 blankets to various causes. Donations of yarn are appreciated. Contact Bobbi at 330-688-7390.

Senior Bingo

 at Stow Senior Center

Program Sponsors:

Danbury Senior Living Cuyahoga Falls and the Regent of Stow

2nd, 3rd and 4th Thursday of each month

Games begin at 1 pm

\$3/(3 card) packet for all 10 games

Correct change please

All money taken in is paid out as prizes!

Digital Board displays past numbers. Window Slide Bingo cards provided.

Registration is still required for this program. *Due to the popularity of the program, PLEASE call the front desk at 330-689-5100 if you are unable to attend so that we can fill your spot with someone from the wait list.*



Recreation Programs & Services

On-Going Programs & Classes for Active Senior Adults

Lunch Buddies

Drive yourself to local restaurants to enjoy with friends. Meet the group leader at the restaurant. Order & pay off menu.

Friday, September 9 11:00 am

Rockne's

4240 Hudson Drive, Stow

Friday, October 14 11:00 am

Yours Truly

36 South Main Street
Hudson, OH 44236

Breakfast Buddies

Visit a local restaurant to enjoy good conversation and a tasty breakfast! Meet the group leader at the restaurant. Order & pay off menu.



Monday, September 26 9:00am

Café in Stow

4591 Darrow Road Stow, OH 44224

Monday, October 31 9:00am

Isaly's

3310 Kent Rd, Stow, OH 44224

Call 330-689-5100 to register for Lunch Buddies & Breakfast Buddies.

Registration is required by the Monday prior, unless filled. All restaurants are moderately priced. Transportation and lunch are not included. Wait times may vary by restaurant.

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At Mulberry Gardens Assisted Living and Memory Care WE PUT YOUR LOVED ONE FIRST

At Mulberry Gardens Assisted Living and Memory Care, we know staying socially connected and feeling engaged becomes more important as we age. Healthy relationships, good nutrition and regular fitness programs are all included! When your loved one moves to Mulberry Gardens, they'll become a part of something special...a sense of family, friendship, and belonging that welcomes them each day. There are never any buy-in fees and everything is included in one reasonable monthly rent, even the utilities, except phone. We also offer personal services at an additional cost, and because we focus on individual needs and preferences, you only pay for the services needed.

Mulberry Gardens
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ASSISTED LIVING

330-634-9919

395 South Main Street
Munroe Falls, OH 44262

MEMORY CARE

330-633-3026

47 Steeplechase Ln
Munroe Falls, OH 44262




4-D-5-5

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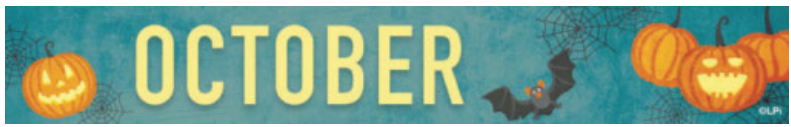
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SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30am Bowling @CLSC Mah Jongg Lessons 1: Brain Games	2 Footcare	3 Sunset Blast
4 Sunset Blast	5 	6 12-2: Mah Jongg 12-2: Dominoes Mah Jongg Lessons	7 12-4: Cards and Bunco <i>Bus Trip: Spring Hill Historical Home</i>	8 9:30am Bowling @CLSC Mah Jongg Lessons 1: BINGO	9 Massages 11:00am Lunch Buddies	10
11	12 12pm: Sunshiners Fall Hiking Spree—10	13 Mah Jongg Lessons 12-2: Mah Jongg 12-2: Dominoes <i>Bus Trip: Little Italy Food Tour</i>	14 12-4: Cards and Bunco Blanketeers 12:30-2:30	15 Mah Jongg Lessons 9:30am Bowling @CLSC 1: BINGO	16 Massages Bunco Party	17
18	19 Fall Hiking Spree—10	20 12-2: Mah Jongg 12-2: Dominoes	21 12-4: Cards and Bunco	22 9:30am Bowling @CLSC 1pm: BINGO	23 <i>Bus Trip: Mum Festival</i>	24
25	26 9am: Breakfast Buddies Fall Hiking Spree—10	27 12-2: Mah Jongg 12-2: Dominoes	28 12-4: Cards and Bunco Blanketeers 12:30-2:30 6: Italian Dinner	29 9:30am Bowling @CLSC	30	

Most Programs are held at:
Stow Senior Center, 3968 Darrow Road

Program Registrations are taken at Stow City Hall - **Stow Parks & Recreation Department, 3760 Darrow Road**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Fall Hiking Spree—10 Footcare 12pm: Sunshiners	4 12-2: Mah Jongg 12-2: Dominoes	5 12-4: Cards and Bunco 1: Make it/Take It	6 9:30am Bowling @CLSC 10– Probate 1pm: Brain Games	7	8
9	10 Fall Hiking Spree—10	11 12-2: Mah Jongg 12-2: Dominoes	12 12-4: Cards and Bunco Blanketeers 12:30-2:30	13 9:30am Bowling @CLSC 1pm: BINGO	14 Massages 11:00 am Lunch Buddies	15
16	17 Fall Hiking Spree—10	18 12-2: Mah Jongg 12-2: Dominoes	19 12-4: Cards and Bunco <i>Bus Trip: Maize Valley</i>	20 9:30am Bowling @CLSC 1pm: BINGO	21 Massages <i>Bus Trip: CVNR</i>	22
23	24 Fall Hiking Spree—10	25 12-2: Mah Jongg 12-2: Dominoes	26 Trip Sign up 12-4: Cards and Bunco Blanketeers 12:30-2:30	27 9:30am Bowling @CLSC 1pm: BINGO	28 Trunk or Treat	29
30	31 9am: Breakfast Buddies Fall Hiking Spree—10					

Most Programs are held at:
Stow Senior Center, 3968 Darrow Road
 Program Registrations are taken at Stow City Hall - **Stow Parks & Recreation Department, 3760 Darrow Road**
 *V= Virtual Programming
 *LFL = Leona Farris Lodge, formerly *Silver Springs Lodge* 5027 Stow Rd

*Bus Trips & Lunch Bunch Depart: *Stow City Center, 3760 Darrow Rd*
 *OT = *Oregon Trails* 2913 Graham Rd
 *HB = Heritage Barn 5238 Young Rd
 *CLSC - *Clutch Lanes & Sports Center, 4190 State Road, Cuyahoga Falls*
 *SMFHS Stow Munroe Falls High School 3227 Graham Rd, Stow, OH 44224
 Tyrannosaurus Flex Fitness Classes -3073 Graham Rd., Stow

Community Events

Stow Sunshiners

Monthly Luncheon is held the 1st Monday of Month (*Holiday, 2nd Mon.)
September 12 and October 3 at 12:00pm

St. Stephen Lutheran Church

3725 Kent Road

Join the Sunshiners as they welcome newcomers and renew old acquaintances at their new location! For seniors 55+.

Stow Sunshiner Membership & Luncheon Reservations/Ticket Information:

Pre-reservation with payment is required Luncheon COST: \$10.50 to Stow Sunshiners
Contact Diane at 330-212-9994 for lunch reservations

SENIOR DRIVE-THRU EVENTS

All events are 11 a.m. - 1 p.m. and require pre-registration. Each registered senior will receive an assigned time to drive-thru the event and fill a provided bag with items from each sponsor. There is no cost. To register, call (330) 926-3445 or email hospitalevents@westernreservehospital.org. Registration ends one week prior to the event.

SEPT. 15 - HEALTHY TAILGATE

Leona Farris Lodge (formerly Silver Springs)
5027 Stow Road, Stow 44224

OCT. 20 - TRUNK-OR-TREAT

Quirk Cultural Center
1201 Grant Ave., Cuyahoga Falls 44223

Follow the Western Reserve Hospital Serving Seniors page (www.facebook.com/WRHservingseniors) to receive information about upcoming events and news.



SENIOR COALITION

Cancellation Policy

Don't delay in registering for a program or trip. Some programs fill quickly or minimum numbers must be met in order to hold an activity. If the Stow Parks & Recreation Department must cancel a program due to low numbers you will receive a full refund of program fees.

If you must cancel your registration due to any reason, including illness, appointments or change of personal plans, you must submit a refund request at least seven days prior to a trip or program. Refunds are given only if no expenses/ticket purchases have occurred. Approved refunds by check incur a \$5 processing fee. Approved refunds applied as program credit will be for the full amount.

Any cancellations within 7 days of the activity **Do Not** receive credit or refund.

You may always allow someone to take your place in the program with the exception of free programs that have a current wait list.

Community Bus Trips

Open to All Ages

Bus departs from Stow City Hall, 3760 Darrow Road, unless otherwise noted.

Spring Hill Historic Home Tour

Date: Wednesday, September 7 Fee: \$16.00

Depart: 9:00am Return: 2:00pm

Explore 200 years of history! Spring Hill Historic Home found its place in history as a station on the Underground Railroad. Freedom seekers took their lives and futures into their own hands to run, and entrusted kind strangers to help them along their journey. This guided walking tour through the three story home includes narrow stairs and some tight spaces. Due to it's history, this home is not ADA compliant. Lunch after the tour at Menches Brothers (additional).

A Taste of Little Italy Food Tour

Date: Tuesday, September 13 Fee: \$75.00

Depart: 9:00am Return: 3:30pm

The Little Italy Food Tour is a 3 hour event that will explore the Cleveland Italian culture that has existed for generations; its people, its philosophies and most importantly its food. You will enjoy specialized dishes from a variety of restaurants. The tour includes a multi-course traditional Italian progressive meal held at critically acclaimed local Italian restaurants and shops and a guided historical walking tour. Participants should plan to walk up to one mile throughout the tour, with stops along the way. Gratuity and tax for each restaurant is included in the tour. Please bring cash for the tour guide tip. Please register by September 6 for this trip.

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NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com





Community Bus Trips

Open to All Ages

Bus departs from Stow City Hall, 3760 Darrow Road, unless otherwise noted.



All trips will be offered at a limited capacity until further notice for the health and safety of our participants. **Masks are optional, but encouraged.** All trips are subject to change and cancellation. All restaurants are moderately priced and wait times may vary. - **Continued from page 11 -**

Mum Festival Garden Tour Barberton

Date: Friday, September 23 Fee: \$14.00

Depart: 11:00am Return: 4:00pm

Lake Anna Park will explode with color as 17,000 chrysanthemums create over a million mum blooms in a rainbow of color at the Thirty Second Annual Mum Fest. See the intricate design for the Red, White and Blooms display, and learn all about the inner workings of this one of a kind festival from Kathy Lewis, who was the chair person for the festival in 2018 and 2019. Tour will take place during the Mum pre-sale. If you would like to purchase a potted mum (limit 1 per person), please bring cash. Lunch (additional) at Angi-e's Italian Restaurant and ice cream (additional) at Scoops.

Maize Valley Winery Hartville

Date: Wednesday, October 19 Fee: \$ 28.00

Depart: 10:15 Return: 3:00pm

An eclectic, ever changing business, Maize Valley offers something for everyone. Our trip will include lunch of 1/2 sandwich and a cup of soup, two tasting tickets for wine or beer and a wagon ride through the spectacular grounds. Our guided tour will including a pumpkin cannon, vineyard and pumpkin patch. You're going to want to make this an annual tradition with your own family once you experience it with us.

Cuyahoga Valley National Railroad

Date: Friday, October 21 Fee: \$25.00

Depart: 11:00am Return: 4:00pm

Climb aboard and hear the whistle blow! The Cuyahoga Valley Scenic Railroad offers an excellent view of the natural scenery and wildlife of the national park and an opportunity to learn about the history of the railroad in valley. We will board the train in Peninsula and head north to the Rockside Road station. We will stop for a late at Winking Lizard (additional) and explore the shops downtown after the train ride.

The Cleveland Orchestra at Severance Hall

Date: Sunday, December 11 Fee: \$93.00

Depart: 1:00pm Return: 5:30pm

Celebrate the holidays with the Cleveland Orchestra in the spectacular Severance Hall. This concert is an annual favorite and is sure to be an experience to remember! Don't forget to dress to impress in your holiday best. We will not be stopping for lunch for this program. Registration closes for this program October 10.

The Letterman Holiday Show at Goodyear Theater

Date: Sunday, December 18 Fee: \$57.00

Depart: 1:00pm Return: 5:30pm

For more than 50 years, The Lettermen-- Donovan Tea, Bobby Poynton and Rob Gulack, each of whom are entertainers in their own right—have kept the meaning of harmony alive with their soft, romantic, harmonic blend of music which is as popular with their fans today as it was in 1961 when they recorded their first hit, "The Way You Look Tonight." The holiday show will transform you back in time to celebrate the season. Registration closes for this trip on September 29.



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14-1497

Overnight Travel Trips

Contact LifeCenter Plus Travel Department for more information, 330-655-7487

Riding the Rails in West Virginia Fall Foliage

Dates: Wednesday October 12 – Friday October 14, 2022

Travel with us to Elkins, West Virginia to board the one-of-kind Cheat Mountain Salamander Railbus, where we will take a 21-mile ride deep into the heart of the Cheat Mountain Wilderness. We will travel to Elkin where it's "All Aboard" the new Tygart Flyer train that takes us on a 23-mile journey that begins with a twisting climb out of the river valley. Along the way we will stop at the "High Falls of the Cheat", only accessible by rail.

Cost: \$429 per person double occupancy Code:

Includes: deluxe motorcoach, 2 breakfasts and 2 dinners and all tours as stated.

Springtime in San Antonio

Dates: Saturday March 4 and Sunday March 12, 2023

Our tour travels south through Memphis, TN and on our way to San Antonio – home of the Alamo! We will enjoy 4-night stay. The tour includes visits to San Fernando Cathedral, the King William Historical district and authentic Mexican market. Other tours include Institute of Texan Cultures, River Walk for a scenic cruise, National Museum of the Pacific War including the George Bush Gallery, tour of the LBJ Ranch, San Antonio Missions, the Alamo. En-route home stops will be the Magnolia Market in Waco, Texas and the William Clinton Presidential Library. A great getaway! *See flyer for day today itinerary!*

Cost: \$990 per person double occupancy

Includes: deluxe motorcoach, 8 nights hotel stay, 8 breakfasts, 6 dinners all tours as stated.

15



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Stow Senior Adult Programs
September - October 2022
Stow Parks & Recreation Department
3760 Darrow Road Stow, OH 44224
330-689-5100
Website: www.FuninStow.com

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Return Service Requested

Dated Material

Program Registration Begins:
Wednesday, August 24*

Stow Senior Programs are coordinated by the Stow Parks & Recreation Department and are open to active Senior Adults 55+

Call Stow Parks & Recreation Department at: 330-689-5100 to be added to the **Stow Senior Newsletter** mailing list. Additional program flyers and bus trips are posted on the **Stow Parks & Recreation website at: www.FunInStow.com** Look under: Senior Adult Programs

Additional Bus Trip Policies: Children under 18 must be accompanied by an adult. Pre-registration is required & full payment is due upon registration. No Holds. Trips include transportation and admissions. Meals are not included unless noted. Return times are approximate so please allow for additional time. Our staff is happy to assist you with basics whenever possible if you are travelling alone such as, if you need assistance retrieving your mobility device, or accessing the lift. (You must have a mobility device if you intend to use the lift.) If you require special assistance boarding, de-boarding, climbing stairs, or walking any distance, or of a personal nature, you should travel with a personal care attendant as our staff will not provide that level of assistance. A personal care attendant **MUST** also be registered for the trip. Please inform us of your intentions regarding these needs when you register.

THANK YOU SPONSORS OF THE STOW CITY CENTER PROJECT