

STOW Senior News

Programs & Services for Active Senior Adults 55+

May - June



Registration Begins:

Stow Residents: April 29, 2026

Open Registration: April 30, 2026

STOW PARKS & RECREATION DEPARTMENT

Kathy Lewis, Recreation Supervisor
klewis@stow.oh.us

Stow Community & Senior Center

5344 Fishcreek Rd.
330-689-5150

Open During Programs & Events

Program Information & In-person

Registration:

Stow City Hall

3760 Darrow Road
330-689-5100

Monday - Friday
8:00AM - 4:30PM



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FunInStow.com



IMPORTANT INFORMATION

Welcome to another exciting edition of the Stow Senior Center newsletter! We're thrilled to share that our community has grown to an amazing 650 members in 2026—what a wonderful milestone. With so many friendly faces joining us, we're bringing you even more opportunities to stay active, connected, and inspired. In this issue, you'll find details about our annual hiking spree, a brand-new fitness class to keep you moving, the launch of our garden club, and a variety of fun upcoming trips. There's truly something for everyone, and we can't wait to enjoy it all together!



Late Arrival Policy for Events

We strive to create an enjoyable experience for all attendees. Please note the following policy regarding late arrivals:

Timeliness: We encourage all guests to arrive on time to ensure they can fully enjoy the event, including any provided meals or refreshments. Please arrive no earlier than 10 minutes prior to a weekly activity and 30 minutes prior to a special event.

Food Availability: Due to the nature of our events, food is served for a limited time. If you arrive after the designated serving period, we cannot guarantee food availability. Daily snacks are not guaranteed. Please plan accordingly.

No Refunds: Unfortunately, we are unable to offer refunds for missed meals or portions of the event due to late arrival. We appreciate your understanding.

Communication: If you anticipate being late, please notify us in advance when possible. While we cannot guarantee accommodations, we will do our best to assist.

BUS TRIP POLICIES

Children under 18 must be accompanied by an adult. Pre-registration is required & full payment is due upon registration. No Holds. Trips include transportation and admissions. Meals are not included unless noted. Return times are approximate so please allow for additional time.

Our staff is happy to assist you with basics whenever possible if you are travelling alone such as, if you need assistance retrieving your mobility device, or accessing the lift. (You must have a mobility device if you intend to use the lift.) If you require special assistance boarding, de-boarding, climbing stairs, or walking any distance, or of a personal nature, you must travel with a personal care attendant, as our staff is not able to provide that level of assistance. A personal care attendant **MUST** also be registered for the trip. Please inform us of your intentions regarding these needs when you register, and the City is happy to work with you to accommodate these needs.

CANCELLATION POLICY

Don't delay in registering for a program or trip. Some programs fill quickly or minimum numbers must be met in order to hold an activity. If the Stow Parks & Recreation Department must cancel a program due to low numbers you will receive a full refund of program fees. If you must cancel your registration due to any reason, including illness, appointments or change of personal plans, you must submit a refund request at least seven days prior to a trip or program. Refunds are given only if no expenses/ticket purchases have occurred. Approved refunds by check incur a \$5 processing fee. Approved refunds applied as program credit will be for the full amount. Any cancellations within 7 days of the activity **do not** receive credit or refund. You may always allow someone to take your place in the program with the exception of programs that have a current wait list.

Call 330-689-5100 M-F, 8:00-4:30 for cancellations or 330-697-4615 for trip cancellations outside of regular business hours.

SPECIAL EVENTS



Derby Day!

Friday, May 22 at 12:00pm Stow CSC
Fee: R \$15 NR \$17

Get ready for a festive Kentucky Derby-inspired celebration where Southern charm meets friendly competition! Guests will enjoy a lively viewing experience featuring iconic horse races from years past. Instead of betting, everyone can join in the fun by casting their votes for their favorite horses, Savor a spread of classic Southern cuisine, sip on a non alcoholic version of refreshing mint juleps, and don your finest Derby attire. Registration required.

Forgotten Memories:Cleveland Trivia!

Friday, June 26 at 12:00pm Stow CSC
Fee: R \$10 NR \$12

For over ten years retired executive, local historian, wit and master storyteller Dennis R. Sutcliffe has been rekindling forgotten Cleveland memories. Join us for Lost Cleveland Memories Trivia! Cleveland Trivia questions covering twentieth century people, places and events ranging from the teens thru the 1970's. Lunch provided prior to trivia. Registration required.

Garden Club

Welcome to the gardening group. With the guidance of Cindy Cloud, you will be learning, crafting, and having some adventures as well.

Native Plants

Monday, May 18th 10:30am STOW CSC
Join Master Gardener, Amanda Rome to discuss native plants. Registration required.

2nd Annual Plant Exchange

Tuesday, June 16th 10:30am STOW CSC
Please bring plants, bulbs or seeds to share with fellow gardeners. Please fill out an index card for each plant with its name, how much sun it requires ,when it blooms and if can be aggressive. CAN'T WAIT. Registration required.

Honey Bees vs. Bumble Bees

Thursday, June 18th 10:30am STOW CSC
Pollination is necessary for us to survive. Is it necessary for the web of life to be strong. Who are the best at it? Join Denny Riser, Master Gardener, to discuss and decide. Registration required.

Royally Amused presents: The Royal Jewelry Box

Thursday, May 7 STOW CSC
10:00 AM Fee: R: \$3 NR: \$5

Step into the glittering world of the British royal family, where every gem tells a story of history, tradition, and elegance. Guardians of the Jewels From Queen Victoria's timeless collections to Queen Mary's exquisite curation and Queen Elizabeth, The Queen Mother's signature pieces, the royal jewelry box has long been entrusted to the matriarchs of the monarchy. State Regalia & Iconic Creations The collection encompasses more than personal adornments—it includes state regalia, ceremonial tiaras, and pieces worn during landmark royal events. Wedding gifts from heads of state, nobles, and loved ones have also found their way into the vault, each piece reflecting both personal and diplomatic significance. The current Princess of Wales has embraced this illustrious legacy. She has delighted the public by donning pieces once worn by her late mother-in-law, Diana, Princess of Wales, seamlessly blending tradition with contemporary style. Witness Royal Glamor & History Discover the jewels that have graced coronations, royal weddings, and historic state occasions. Join us in celebrating the brilliance, elegance, and enduring allure of Britain's most treasured gems. Registration required.

RECREATION PROGRAMS & SERVICES

Spring Spree For All

Fridays, May 1, 15, 29 and June 5
(No hike 5/8 & 5/22) R: \$12 NR:\$14
10:00am

We travel by bus to an easy to moderate trailhead with a program assistant who points the way! The spring hikes will all be a part of the Spring Spree for All Hiking Spree with the Summit MetroParks. Please note: This program is designed for active seniors and locations will include trails at local Summit Metroparks. Hikes may include up to 2 miles of walking per week. Due to the nature of the trip, all participants should plan to ride the bus to and from each hike. We will stop for lunch on June 5th after the hike. Hiking location flyer will be available closer to the start of the program. Rain dates TBD. Please call the weather cancellation line at 330-689-5105 in case of inclement weather. Phone calls will not be made. A message will be updated by 9am Friday mornings if there is a cancellation. Registration required.

Volunteers In Action

Upcoming Volunteer Opportunities

Registration required

Card Making Party

Monday, May 4th 10:30AM Stow CSC
Join Serenity Hospice and Cindy from the Stow Senior Center for a volunteer opportunity to make cards for hospice patients. All supplies will be provided, along with light refreshments.

Team Up to Clean Up 8:00 am - 11:00 am
May 16, 2026 - City Hall and City Center Complex
*meet at City Hall main entrance
June 20, 2026 - Silver Springs Park *meet in parking lot by basketball courts.

We will designate one volunteer to pick up supplies prior to date of program. If you helped last year, dig out your safety green t-shirt. This program will not have a staff person present.

Sunflower Arrangements

Monday, June 1st 10:30AM Stow CSC
Volunteers are needed to make small sunflower arrangements to benefit the patients of Gardens of Western Reserve Hospice.

Laugh and Learn

2nd Monday of each month
10:30 AM Stow CSC
Fee: R: \$5 NR: \$6

Try something new and let's get creative with Cindy! Each month, Cindy will lead the group in a project to allow your creativity to flow. Supplies will be provided, unless noted. No experience necessary. Registration required.

Lunch and a Movie Matinee

Monday, May 18 Stow CSC
Monday, June 22
11:30 AM
Fee: R: \$5 NR: \$6



Why sit home watching TV when you can view a recent movie and have lunch in the company of friends? Call 330-689-5100 for upcoming movie titles. Lunch is provided.

Pre-Registration is required until full. Limited Seating.

Morning Movies

Thursday, May 28 Stow CSC
Thursday, June 25
10:00AM

Morning movies are FREE and include the same movie from the Lunch and a Movie, no lunch provided. Registration required.

Library Book Club

Friday, May 22 at 10:30am Stow CSC
Friday, June 26 at 10:30am Stow CSC
Explore a different genre each month, mysteries, historical fiction, science fiction, and more. Dive into diverse stories, share your thoughts, and connect with fellow book lovers. Rediscover the joy of reading with us! Books available at the CSC and SMF Library. Registration required until full.

RECREATION PROGRAMS & SERVICES

Summa Health Wellness Coffee Talk

Monday, June 15 10:30am

Join a Summa Health medical professional to learn about your heart and vascular system and how to keep it healthy. Refreshments provided.

Legal Talk with Drew

Thursday, June 18 1:00pm

Courtroom or Camera? You Decide!

"A new spin on 'Law Talks with Drew,' we will take this time to analyze some of the classic courtroom scenes in movies and television over the last 50 years to determine whether watching your favorite movies is an adequate substitute for going to law school."



Online Registration Help

Monday, June 29th 1:00pm FREE STOW CSC

Interested in registering or programs and classes from the comfort of your own home? Then this is the class for you! Please call City Hall to register and get your username and password prior to the training. In order to participate, bring your tablet/smart phone with you for the training.

This class is intended for seniors who have a basic knowledge of the internet and feel comfortable making payments via credit card through the website. We will not be creating usernames and passwords during the training. Convenience charges will apply for all online transactions. Registration until full.

Reminder: Registrations close one week prior to the event unless noted or the program is full.

Please arrive on time for programs and events. Unless noted, all paid programs require registration and payment prior to the day of the program.



Judi Lint, CRS, CSP, RRS, GSA
 Office: (330) 686-1166 • Cell: (330) 388-9720
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RECREATION PROGRAMS & SERVICES @ STOW CSC

Chair Yoga

Mondays and Wednesdays, 9:30 - 10:15 AM

Fee: R: \$30 NR:\$35 per 2 month session

Join certified instructor, Connie, for a great workout from the comfort (and support) of your own chair. No equipment needed to start. Beginners are welcome! Registration required.

The Body- Mobility Class



Thursdays 9:30-10:30 am

Fee: R: \$18 NR:\$20 per 2 month session

Stay active, feel better, and move with greater ease in this low-impact class designed specifically for adults 55 and older. Participants will focus on improving joint health, increasing flexibility, and enhancing overall movement through gentle dynamic stretching, controlled exercises, and functional mobility techniques. This class promotes better body awareness while helping to reduce stiffness and everyday aches—so you can continue doing the activities you love with confidence. Intensity: Low to Moderate Registration required.

SAIL Fitness

Tuesdays 10:00-11:00am Fee: Free

Stay Active and Independent for Life (SAIL) is an evidence-based strength, balance and fitness program for adults 65 and older. Performing exercises that improve strength, balance and fitness are the single most important activity that adults can do to stay active and reduce their chances of falling. **Registration required.**

Chair Volleyball

2nd and 4th Wednesday of each month 1 PM

Chair volleyball is a fun, low-impact version of traditional volleyball played while seated. It's perfect for all ability levels and encourages movement, laughter, and teamwork! No registration needed.

Line Dancing



Tuesdays 10:00-11:00am Fee: Free

This class teaches easy-to-follow steps set to great music—from classic country to modern favorites. Line dancing is a wonderful way to stay active, improve balance and coordination, and meet new friends in a welcoming, social environment. No partner needed—just bring comfortable shoes. Registration required

Unless noted, programs will be offered for drop-in play. Please arrive no earlier than 10 minutes before a weekly program start time.

Mah- Jongg

Tuesdays @ 12 PM - 3 PM

No Fee. No registration.

For players familiar with the game of American Mah Jongg.

Euchre

Tuesdays 10 AM - 12PM

Euchre is a four-player card game where teammates try to win tricks using a special 24-card deck.

Trivia Time

POSTPONED UNTIL FURTHER NOTICE

Walking Club

Walking Club is suspended during the warmer months. We will resume in late fall.

Brain Games

1st Thursday of the month @ 1 PM - 2 PM

No Fee. No registration.

Join our senior center staff for a fun hour of brain games including logic puzzles, word riddles and out of the box thinking. All materials will be provided.

Dominos Mexican Train

Tuesdays @ 12 PM - 3 PM

No Fee. No registration.

Come learn to play this fun and easy game. Enjoy good company!

Ping Pong

Tuesdays from 12 PM - 3 PM

First and Third Wed.of each month from 12-3.



Games and Cards Day!

Wednesdays @ 12 PM - 3 PM

No Fee. No registration.

Decks of cards and a variety of board games and bunco supplies will be on hand to play. New players are always welcome to learn.

Bingo

2nd and 4th Thursday of each month @ 1 PM

No registration.

\$3 (3 card) packet for all 10 games. **Correct Change please.** All money taken in is paid out as prizes! Digital board displays past numbers. Window slide Bingo cards provided.

RECREATION PROGRAMS & SERVICES

Lunch and Breakfast Buddies

Drive yourself to local restaurants to enjoy with friends. Meet the group leader at the restaurant. Order & pay off menu. Registration is required by the Monday prior, unless filled. All restaurants are moderately priced. Transportation and lunch are not included. Wait times may vary by restaurant.

Lunch at 11:30am

Friday, May 8
Mavis Winkles
8870 Darrow Road
Twinsburg, OH 44087

Friday, June 12
Panini's Bar & Grill
4200 Steels Point
Stow, OH 44224

Breakfast at 9:00am

No Breakfast Buddies
in May.

Monday, June 29
Wild Goats
319 W. Main St
Kent, OH 44240

National Strawberry Shortcake Day!

Monday, June 15 12:00pm STOW CSC
FREE

Let us "treat you" to a sweet reminder to slow down, savor the moment, and enjoy life's little pleasures—fluffy cake, fresh strawberries, and clouds of whipped cream coming together in perfect harmony. Oh and its free! Just be sure to register.

Music Bingo

Monday, June 15 at 1:00pm STOW CSC
Fee: R: \$2 NR: \$4

Join us for prizes, fun and of course great music! You never know what you will hear during our Music Bingo game. Singing along is highly encouraged. Refreshments provided.

NEVER MISS OUR NEWSLETTER!

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Have our newsletter
emailed to you.



VISIT WWW.MYCOMMUNITYONLINE.COM

2026

May

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 10: Hiking Spree Trip: Rubber Ducks Game	2
3	4 10:30: Volunteers in Action 9:30 Chair Yoga 2: Walking Club	5 10: Euchre 10: SAIL 12-3: Dominoes 12-3: Mah-Jongg 1: Library Tech Help 12-3: Ping Pong 2:00 Library Bookmobile	6 9:30 Chair Yoga 12-3: Game Day 12-3: Ping Pong	7 9:30: Body Mobility 10: Royally Amused 1: Brain Games	8 Lunch Buddies Trip: Goodyear Airship Hanger	9
10	11 9:30 Chair Yoga 10:30: Laugh and Learn	12 10: Euchre 10: SAIL 12-3: Ping Pong 12-3: Dominoes 12-3: Mah-Jongg 2:00 Library Bookmobile	13 9:30 Chair Yoga 12-3: Game Day 1: Chair Volleyball	14 9:30: Body Mobility 1: BINGO	15 10: Hiking Spree	16 8: Team Up to Clean Up
17	18 9:30 Chair Yoga 10:30: Native Plants 11:30: Lunch & a Movie Matinee	19 10: Euchre 10: SAIL 12-3: Ping Pong 12-3: Dominoes 12-3: Mah-Jongg 2:00 Library Bookmobile	20 9:30 Chair Yoga 12-3: Game Day 12-3: Ping Pong	21 9:30: Body Mobility Trip: Mahoning Valley Casino	22 10:30: Book Club 12: Derby Day!	23
24	25 MEMORIAL DAY	26 10: Euchre 10: SAIL 12-3: Ping Pong 12-3: Dominoes 12-3: Mah-Jongg 2:00 Library Bookmobile	27 9:30 Chair Yoga 12-3: Game Day 1: Chair Volleyball	28 9:30 : Body Mobility 10: Morning Movie 1: BINGO	29 10: Hiking Spree	30
31						8

2026 *June*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 Chair Yoga 10:30: Volunteers in Action	2 10: Euchre 10: SAIL 12-3: Dominoes 12-3: Ping Pong 12-3: Mah-Jongg 1: Library Tech Help 2:00 Library Bookmobile	3 9:30 Chair Yoga 12-3: Game Day 12-3: Ping Pong	4 9:30: Body Mobility 1: Brain Games Trip: Crocker Park and Trader Joes	5 10: Hiking Spree	6
7	8 9:30 Chair Yoga 10:30: Laugh and Learn	9 10: Euchre 10: SAIL 12-3: Ping Pong 12-3: Dominoes 12-3: Mah-Jongg 2:00 Library Bookmobile	10 9:30 Chair Yoga 12-3: Game Day 1: Chair Volleyball	11 9:30: Body Mobility 1: BINGO	12 Lunch Buddies	13
14	15 9:30 Chair Yoga 10:30 Heart and Vascular Talk 12: Strawberry Shortcake Day! 1: Music Bingo	16 10: Euchre 10: SAIL 10:30 Plant Exchange 12-3: Ping Pong 12-3: Mah-Jongg 12-3: Dominoes 2:00 Library Bookmobile	17 9:30 Chair Yoga 12-3: Ping Pong 12-3: Game Day	18 9:30: Body Mobility 10:30 Bees 1: Legal Talk with Drew Trip: Portage Princess Boat Cruise	19	20 8: Team Up to Clean Up Trip: Beach Boys Tribute
21	22 9:30 Chair Yoga 11:30: Lunch & a Movie Matinee	23 10: Euchre 10: SAIL 12-3: Ping Pong 12-3: Dominoes 12-3: Mah-Jongg 2:00 Library Bookmobile	24 9:30 Chair Yoga 12-3: Game Day 1: Chair Volleyball	25 9:30: Body Mobility 10: Morning Movie 1: BINGO	26 10:30: Book Club 12: Cleveland Trivia	27
28	29 9:30 Chair Yoga 9:30 Breakfast Buddies 1: Online Registration Help	30 10: Euchre 10: SAIL 12-3: Dominoes 12-3: Mah-Jongg 12-3: Ping Pong 2:00 Library Bookmobile				

COMMUNITY PARTNERSHIPS



Participants had a great time painting pots during Laugh and Learn!

Right Fit

A down to earth wellness program offered through Cleveland Clinic for seniors over 65 free of charge. Includes low- intensity fitness classes with a focus on cardio, strength and flexibility. Call 330-945-3106 for more information. This class is offered off site at 4300 Allen Rd., Stow.

Blanketeers

2nd & 4th Wednesdays 12:30 - 2:30 PM

Location: Community Church of Stow,
1567 Pilgrim Dr.

Donations of yarn are appreciated and can be dropped off at the Community & Senior Center. Contact Bobbi at 330-688-7390.

Smart Speaker Series

1st Wednesday every month 1:00-2:30pm

Location: Western Reserve Health System- Hudson
231 Seasons Rd., Hudson

Smart Senior Speaker Series is a free monthly educational program designed for adults age 55+ who want to stay informed, independent, and confident in their next chapter. Each session offers practical takeaways in a welcoming, low-pressure environment with light refreshments provided. Contact Tina White at 330-388-7721 or tina.white@exprealty.com to register

May Topic: Mind Over Matter with Jill Smith
Brain Health, Memory Tips and Strategies for Staying Sharp!

June Topic: Money Matters: Planning for Peace of Mind with Micaela Amburgey, Financial Planner, Ameriprise Financial

Library Bookmobile

Tuesdays, 2:00-3:00 PM

Fee: FREE Stow CSC



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PublicLibrary
Read. Dream. Connect.

The Stow-Munroe Falls Public Library Bookmobile will continue weekly stops at the Stow Senior Center! Join them to borrow from their extensive selection of new fiction and more. No library card? No problem! The Library staff can help with that too! No registration required!

Library Tech Help

First Tuesday of each month 1:00 pm

Stow CSC, FREE

Sign up for a 30-minute time slot to get one-on-one help with your device. Bring your device and talk with library staff about what needs you have and have them help you troubleshoot things like connecting to Wi-Fi outside home, using different apps, getting help using library resources and more. Limited spots available. Registration required. Tech help is also available when the Bookmobile is at the Senior Center on Tuesdays!

Hudson Springs Nursing and Rehab

Location: 5000 Sowul Blvd Stow, Ohio 44224

Breakfast Club

May 12 and June 9 8:00 to 9:30am Enjoy a full breakfast with juice and coffee also includes Sausage Gravy and Biscuits , Bacon, Sausage Links, Scrambled eggs and fruit.

Community Bingo

May 29 and June 26 12:00 pm

Enjoy a full lunch with beverages and play bingo with awesome prizes including a \$50.00 gift card for Coverall prize.

Community Senior Dinner Drive Thru:

May 20, 2026 pick up between 3:30pm to 4:30pm
Spaghetti with Meat Sauce, Toss Salad, Roll, Brownie

RSVP by calling or texting 330-810-6003 and leave your name and phone number and how many will be attending by the Friday before the event .

COMMUNITY PARTNERSHIPS

Senior Summit 2026

Wednesday, May 6
9 AM–2 PM
St. Georges Fellowship Hall, Fairlawn



Big news, friends! Senior Summit 2026 is back — with a new day, new location, and tons of fun packed into one amazing event! Activities, Entertainment and Seminars FREE food (yes, free!) Bonus: The first 300 registered guests get a free lunch — plus grab-and-go breakfast! Learn more & register: <https://bit.ly/SeniorSummit2026> Questions? Call (330) 899-5255



Farmer's Market Drive Thru

Friday, June 5
11am-1pm
Leona Farris Lodge- 5027 Stow Rd., Stow

Join the members of the Western Reserve Hospital Senior Coalition who will have giveaways and information. Space is limited for all events. Registration is required no later than one week prior to the event. Call (330)926-3445 or email hospitalevents@westernreservehospital.org

Mulberry Gardens Assisted Living + Memory Care: Where Care Feels Like Family

At Mulberry Gardens, we believe growing older should never mean feeling alone. That's why we focus on creating a warm, welcoming environment where your loved one can stay connected, feel valued, and truly enjoy each day.

From delicious home-cooked meals and fun social events to wellness programs and caring staff, everything is designed to support a happy, healthy lifestyle, and it's all included in one simple monthly rate (even utilities).

There are no buy-in fees, just a strong sense of community and the comfort of knowing your loved one is part of something special. We also offer extra support services if needed, so your loved one only pays for the care they truly use. At Mulberry Gardens, it's not just about care, it's about feeling at home.

Call Us Today To Schedule A Tour!

ASSISTED LIVING

Phone: 330-634-9919

Address: 395 South Main Street,
Munroe Falls, OH 44262

MEMORY CARE

Phone: 330-633-3026

Address: 47 Steeplechase Ln,
Munroe Falls, OH 44262

MULBERRY GARDENS
SENIOR LIVING AND MEMORY CARE



COMMUNITY BUS TRIPS

All trips are subject to change and cancellation. All restaurants are moderately priced, unless advertised and wait times and menu items may vary. **Please arrive to the Stow City Hall Parking lot, 3760 Darrow Rd., 15 minutes prior to departure time.** All required waivers must be signed prior to the date of the trip. **Call 330-697-4615 for trip cancellations outside of regular business hours.**

Akron Rubber Ducks

Friday, May 1st Fee: Resident \$ 23.00 Non-Resident \$ 25.00

Join us for a night of baseball and fireworks at the Akron Rubber Ducks as they take on the Harrisburg Senators. Dinner will be on your own (additional) at the ballpark.

Depart 6:00 pm Return 11:00 pm



Tour the Goodyear Airship Hanger

Friday, May 8th Fee: Resident \$ 14.00 Non-Resident \$ 16.00

We'll learn about the blimp. The Air Dock is 800 Feet long and we will be walking so wear comfortable shoes! We are also advised to dress in layers as temperature in the hangar varies. After our tour we'll enjoy lunch at The Iron Grill. (Additional expense.)

Depart: 9:00 am Return: by 3:00 pm



Mahoning Valley Casino

Thursday, May 21 Fee: Resident \$ 15.00 Non-Resident \$ 17.00

Take a ride to Youngstown to Hollywood Gaming at Mahoning Valley. Spend the day meandering through the casino, watching horse racing and gamble until your heart's content. There are restaurants in the Casino where you can grab lunch on your own.

Depart: 10:30 am Return: 3:00 pm



Crocker Park/Trader Joe's

Thursday, June 4 Fee: Resident \$16.00 Non-Resident \$18.00

Join us for a fun filled day at Greater Cleveland's premier shopping & dining destination. Crocker Park offers shopping and dining for everyone's taste. Shop and enjoy lunch on your own (additional expense) and then hop on the bus back to Stow while you relax after a day of shopping till you drop!

Depart: 9:30 am Return: 3:30pm



Portage Princess Cruise (Choose one date only)

Thursday, June 18th, OR July 16th Fee: Resident \$38.00 Non-Resident \$40.00

Take a drive with us to Portage Lakes for an evening cruise. J & J Food Truck will be on site for dinner prior to boarding. (Additional expense) Bottled water and snacks on board or feel free to bring your own snacks. (No alcohol on board!) Lots of walking. No restroom on board and restrooms are quite a distance from the dock, so be prepared to walk.

Depart: 3:45pm Return: 9:00 pm



Beach Boys Tribute at the Ohio Star

Saturday, June 20th Fee: Resident \$75.00 Non Resident \$77.00

Enjoy the "Sounds of Summer Beach Boys" tribute band at the Ohio Star Theater. We'll enjoy dinner before the show at Dutch Valley Restaurant.

Depart 4:00pm Return: 10:00 pm



The Lion King at Key Bank State Theater Playhouse Square

Wednesday, July 8 Fee: Resident \$80.00 Non Resident: \$91.00

Giraffes strut. Birds swoop. Gazelles leap. The entire Serengeti comes to life as never before. And as the music soars, Pride Rock slowly emerges from the mist. This is Disney's THE LION KING, making its triumphant return to Playhouse Square! **Deadline for registration is May 22.**

Depart 6:00 pm Return 11:00 pm



Activity levels are provided for each trip:



Mild: Level 1 - May require leisurely walking. There may be minimal steps or uneven surfaces and some standing.



Moderate: Level 2 - May require moderate walking and extended standing. There may be steps or uneven surfaces.



Strenuous: Level 3 - May require extended periods of walking and standing. There may be numerous steps or uneven terrain.

*all activity levels are estimates and we ask that you carefully look over the waiver each time and answer honestly to ensure you are physically capable of participating without assistance or with your own mobility device.

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POP-UP SERIES

BUILDING THE BEAT

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MINI EVENTS CELEBRATING THE NEW STOW AMPHITHEATER CONSTRUCTION

Residents are encouraged to bring friends, bring their energy, and be part of building something special for the community.

As construction begins on the City's long-anticipated outdoor performance venue, the City of Stow is inviting the community to help keep the momentum going with a new series of pop-up events at the future home of The AMP, located at 1680 Norton Rd., Stow, OH 44224.

Wed., May 20 | 6-7:30 PM | "Build the Buzz" Pop-Up

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Worship with us Sundays at 10:30am and meet our New Pastor Dr. Everett Caldwell
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STOW Senior News

Programs & Services for Active Senior Adults 55+

May - June



Registration Begins:

Stow Residents: April 29, 2026

Open Registration: April 30, 2026

Stow Community & Senior Center

5344 Fishcreek Rd.

330-689-5150

Open During Programs & Events