

STOW Senior News

Programs & Services for Active Senior Adults 55+

Registration Begins at 8 AM at City Hall and Senior Center

Stow Residents: October 29
Open Registration: October 30

November - December

We will be closed:
November 27-28
December 24-26, 31
January 1-2

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STOW PARKS & RECREATION DEPARTMENT

Kathy Lewis, Recreation Supervisor
klewis@stow.oh.us

Stow Community & Senior Center

5344 Fishcreek Rd.
330-689-5150

Open During Programs & Events

Program Information & In-person

Registration:

Stow City Hall

3760 Darrow Road
330-689-5100

Monday - Friday

8:00AM - 4:30PM

FunInStow.com



City OF Stow
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IMPORTANT INFORMATION

Time to Renew! 2026 Membership Fees Now Due

It's that time of year again — membership fees for 2026 are now due!

Cost: \$5 per person

During registration, you'll be asked to complete all required paperwork, including:

- Waivers
- Code of Conduct
- Emergency Medical Information (just in case!)

Good news! Your current membership card will remain the same — no need to re-issue a new one.

INCLEMENT WEATHER POLICY

During inclement weather, activities may be cancelled. To find out if your class or activity is being held during these times, please contact the following:

Parks & Recreation Weather Hotline:

330-689-5105

Parks & Recreation Main Office:

330-689-5100

Monday-Friday 8:00am-4:30pm

We update information throughout the day. It is best to call just prior to your program's scheduled time. Program cancellation decisions are made independent of school district closures, except for those programs held in school facilities.

Late Arrival Policy for Events

We strive to create an enjoyable experience for all attendees.

Please note the following policy regarding late arrivals:

Timeliness: We encourage all guests to arrive on time to ensure they can fully enjoy the event, including any provided meals or refreshments. Please arrive no earlier than 10 minutes prior to a weekly activity and 30 minutes prior to a special event.

Food Availability: Due to the nature of our events, food is served for a limited time. If you arrive after the designated serving period, we cannot guarantee food availability. Daily snacks are not guaranteed. Please plan accordingly.

No Refunds: Unfortunately, we are unable to offer refunds for missed meals or portions of the event due to late arrival. We appreciate your understanding.

Communication: If you anticipate being late, please notify us in advance when possible. While we cannot guarantee accommodations, we will do our best to assist.

BUS TRIP POLICIES

Children under 18 must be accompanied by an adult. Pre-registration is required & full payment is due upon registration. No Holds. Trips include transportation and admissions. Meals are not included unless noted. Return times are approximate so please allow for additional time.

Our staff is happy to assist you with basics whenever possible if you are travelling alone such as, if you need assistance retrieving your mobility device, or accessing the lift. (You must have a mobility device if you intend to use the lift.) If you require special assistance boarding, de-boarding, climbing stairs, or walking any distance, or of a personal nature, you must travel with a personal care attendant, as our staff is not able to provide that level of assistance. A personal care attendant MUST also be registered for the trip. Please inform us of your intentions regarding these needs when you register, and the City is happy to work with you to accommodate these needs.

CANCELLATION POLICY

Don't delay in registering for a program or trip. Some programs fill quickly or minimum numbers must be met in order to hold an activity. If the Stow Parks & Recreation Department must cancel a program due to low numbers you will receive a full refund of program fees. If you must cancel your registration due to any reason, including illness, appointments or change of personal plans, you must submit a refund request at least seven days prior to a trip or program. Refunds are given only if no expenses/ticket purchases have occurred. Approved refunds by check incur a \$5 processing fee. Approved refunds applied as program credit will be for the full amount. Any cancellations within 7 days of the activity **do not** receive credit or refund. You may always allow someone to take your place in the program with the exception of programs that have a current wait list.

Call 330-689-5100 M-F, 8:00-4:30 for cancellations or 330-697-4615 for trip cancellations outside of regular business hours.

THANK YOU SPONSORS
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PROJECT



REV. 7/1/2023

SPECIAL EVENTS

Thanksgiving Feast

Friday, November 21

12:00 Stow CSC

Fee: R \$15 NR \$17

Come help us celebrate all there is to be thankful for! The meal will be buffet style and include turkey, mashed potatoes, stuffing and corn with pie for dessert. Menu is subject to change. Bath Creek Estates will be present with basket raffles to benefit the Falls Cancer Club. Tickets will be available for purchase at the event.

Pre-Registration is required by November 11 or until full



Trips Without the Travel

Big experiences. No bus required.

This winter, we're bringing the destinations to you!

Join us for a special series of programs where popular attractions and experiences come right to the Stow Community & Senior Center. No travel, no weather worries—just great entertainment, education, and connection!

Speaking on Q presents:

The Making of It's a Wonderful Life

Thursday, November 6 Stow CSC

10:00 AM Fee: R: \$4 NR: \$6

The story behind the making of the 1946 Christmas classic from first idea to movie production to box-office disappointment to eventual holiday favorite.

Remember When: Grandma's Attic & Grandpa's Garage

Stow CSC

Thursday, November 20

10:00 AM Fee: R: \$3 NR: \$5

Suitcases brimming with tools, clothing, sporting equipment, and miscellaneous treasures are sure to spark fond memories of yesteryear as we explore the nooks and crannies of Grandma's Attic and Grandpa's garage. Presented by: Summit Historical Society.

A Christmas Carol Tea

Stow CSC

Tuesday, December 16

10:00 AM Fee: R: \$4 NR: \$6

Enjoy a presentation by local expert, Julie Koenig of Royally Amused, about Charles Dickens and his inspiration for writing his most famous book. Learn about English history, politics and class identity while enjoying a cup of Fornum and Mason Christmas Black Tea (brough back from the UK!) and homemade mince pie.



"Thanks a Waffle Lot"

Volunteer Appreciation Brunch

Tuesday, December 2

Stow CSC

10:00 AM Fee: Free

We would be "muffin" without our amazing volunteers! To show our gratitude for all the time, energy, and heart you've given, we're hosting a special Volunteer Appreciation Brunch in your honor. Join us for brunch and a small token of our appreciation to thank you for the incredible difference you make. Registration required.

Bingo Extravaganza

Friday, December 5 Stow CSC

9:00am-1:00pm Fee: R \$2 NR \$4

Back for it's third year, join Buckeye Hospice Care and friends for a Holiday BINGO Extravaganza. The day will be filled with food, fun, games, BIG PRIZES and of course BINGO. Come hungry and ready to win! Light breakfast and lunch will be provided.



Activity levels are provided for each trip:



Mild: Level 1 - May require leisurely walking. There may be minimal steps or uneven surfaces and some standing.



Moderate: Level 2 - May require moderate walking and extended standing. There may be steps or uneven surfaces.



Strenuous: Level 3 - May require extended periods of walking and standing. There may be numerous steps or uneven terrain.

*all activity levels are estimates and we ask that you carefully look over the waiver each time and answer honestly to ensure you are physically capable of participating without assistance or with your own mobility device.

RECREATION PROGRAMS & SERVICES

Holiday Bunco Party

Monday, December 1

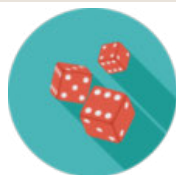
1:00 PM

Stow CSC

Fee: R: \$5

NR: \$6

Wear your ugliest sweater or just your holiday attire for this one. There are no decisions to be made, just pure luck and loads of fun. The object of the game is to accumulate points as you roll the dice in certain combinations. Small prizes will be awarded for most wins, most buncos and more. Refreshments provided. Registration required.



Laugh and Learn

2nd Monday of each month

10:30 AM

Stow CSC

Fee: R: \$5 NR: \$6

Try something new and let's get creative with Cindy! Each month, Cindy will lead the group in a project to allow your creativity to flow. Supplies will be provided, unless noted. No experience necessary. Registration required.

Lunch and a Movie Matinee

Monday, November 17

Monday, December 22

11:30 AM

Stow CSC

Fee: R: \$5

NR: \$6

Why sit home watching TV when you can view a recent movie and have lunch in the company of friends? Call 330-689-5100 for upcoming movie titles.

Pre-Registration is required until full. Limited Seating.



Volunteers In Action

Upcoming Volunteer Opportunities



Stuff the Bus at Acker-Moore Memorial Post, 3733 Fishcreek Road, Stow

Saturday, November 15, 8:00am-12:00pm or 12:00pm-4:00pm

Volunteers are needed to help unload and sort donations of clothing. Food provided for volunteers. Sign up through RecDesk or by calling the office.

Holiday Suncatchers with Serenity Hospice

Monday, December 1

10:30AM

Stow CSC

Join Brandy from Serenity Hospice for a volunteer opportunity to make holiday suncatchers for hospice patients. All supplies will be provided, along with light refreshments.

Santa's Helpers with Stow Parks and Recreation

Thursdays, December 4, 11 & 18

10am-12pm

Stow CSC

We're looking for kind-hearted volunteers to help spread holiday cheer by writing letters back to children who have sent their wishes to Santa's mailbox at City Hall! Each year, we receive over 300 letters—and we want to make sure every child gets a magical reply. If you have a warm heart, a creative spirit, and a little time to spare, we'd love your help in keeping the magic of the season alive. No previous elf experience needed, templates provided. Registration required.



Morning Movies

Monday, November 24

Monday, December 29

10:00AM

Morning movies are FREE and include the same movie from the Lunch and a Movie, no lunch provided. Registration required.

Library Tech Help:

Stow CSC, FREE

Tuesday, November 4 and December 2

1:00pm

Sign up for a 30 minute time slot to get one on one help with your device. Bring your device and talk with library staff about what needs you have and have them help you troubleshoot things like connecting to Wi-Fi outside home, using different apps, getting help using library resources and more. Limited spots available. Registration required.

RECREATION PROGRAMS & SERVICES

Planning Ahead...

Thurs., November 20 at 1:30 PM
Stow CSC

Join the City of Stow's Planning Department as they share updates on current and upcoming development projects shaping our community. Registration required until full.

Legal Talk with Drew

Thurs., December 18 at 1:30 PM
Stow CSC

Join Stow Law Director Drew Reilly to discuss the hot topics of scams that are targeting Stow residents. Registration required until full.



Reminder: Registrations close one week prior to the event unless noted or the program is full. Please arrive on time for programs and events. Unless noted, all paid programs require registration and payment prior to the day of the program.



Judi Lint, CRS, CSP, RRS, GSA
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judilint@howardhanna.com
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RECREATION PROGRAMS & SERVICES @ STOW CSC

Chair Yoga

Mondays and Wednesdays

November and December 9:30-10:15 AM

Fee: R: \$30 NR:\$35 per 2 month session

Join certified instructor, Connie, for a great workout from the comfort (and support) of your own chair. No equipment needed to start. Beginners are welcome! Registration required. No class 11/24-11/26, 12/24, 12/31

Chair Volleyball

November and December, 2nd Wednesday of each month at 1 PM

Free

Chair volleyball is a fun, low-impact version of traditional volleyball played while seated. It's perfect for all ability levels and encourages movement, laughter, and teamwork! No registration needed.

SAIL Fitness

November 11, December 9 and 23

10:00-11:00am

Fee: \$10 per session (3 sessions)

A new partnership with University Hospital, Stay Active and Independent for Life (SAIL) is an evidence-based strength, balance and fitness program for adults 65 and older. Performing exercises that improve strength, balance and fitness are the single most important activity that adults can do to stay active and reduce their chances of falling. **Registration required.** Limited to 20 participants.

Unless noted, programs will be offered for drop-in play. Please arrive no earlier than 10 minutes before a weekly program start time.

Mah- Jongg

Tuesdays @ 12 - 3 PM

No Fee. No registration.

For players familiar with the game of American Mah Jongg.

Dominos Mexican Train

Tuesdays @ 12 - 3 PM

No Fee. No registration.

Come learn to play this fun and easy game. Enjoy good company!

Trivia Time

3rd Wednesday of the month @ 10:30

No Fee. No registration.

Trivia questions and games will vary from week to week. This is just for fun so come and enjoy!

Game Day!

Wednesdays @ 12 - 3 PM

No Fee. No registration.

Decks of cards and a variety of board games and bunco supplies will be on hand to play. Euchre players welcome, too! Canasta for players familiar with the game. New players are always welcome to learn.

Brain Games

1st Thursday of the month @ 1 - 2 PM

No Fee. No registration.

Join our senior center staff for a fun hour of brain games including logic puzzles, word riddles and out of the box thinking. All materials will be provided.

Bingo

2nd and 4th Thursday of each month.

Games begin at 1:00 PM No registration.

\$3 (3 card) packet for all 10 games. Correct Change please. All money taken in is paid out as prizes! Digital board displays past numbers. Window slide Bingo cards provided. No Bingo 11/27, 12/25

RECREATION PROGRAMS & SERVICES

Call 330-689-5100 to register for Lunch Buddies & Breakfast Buddies.

Registration is required by the Monday prior, unless filled. All restaurants are moderately priced.

Transportation and lunch are not included. Wait times may vary by restaurant.

Lunch Buddies

Drive yourself to local restaurants to enjoy with friends. Meet the group leader at the restaurant. Order & pay off menu.

Friday, November 14 at 11:30 AM

Leo's Italian Social

225 Front Street , Cuyahoga Falls



Friday, December 12 at 11:30 AM

Mike's Place

1700 S. Water Street, Kent

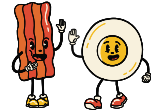
Breakfast Buddies

Visit a local restaurant to enjoy good conversation and a tasty breakfast! Meet the group leader at the restaurant. Order & pay off menu.

Monday, November 24 at 9:00 AM

Eddy's Deli

458 Kent Rd., Stow



Monday, December 29 at 9:00 AM

Johnny's Diner

180 W. Streetsboro St., Hudson

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emailed to you.



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NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 9:30 Chair Yoga	4 12-3: Mah-Jongg 12-3: Dominoes 1: Library Tech Help 2:00 Library Bookmobile	5 9:30 Chair Yoga 12-3: Game Day	6 10: It's a Wonderful Life 1: Brain Games	7	8
9	10 9:30 Chair Yoga 10:30: Laugh and Learn	11 10: SAIL 12-3: Dominoes 12-3: Mah-Jongg 2:00 Library Bookmobile	12 9:30 Chair Yoga 12-3: Game Day 1: Chair Volleyball Trip: Federal Reserve Bank	13 1: BINGO Trip: Dueling Pianos at Hartville Kitchen	14 Lunch Buddies	15 Volunteers in Action @ VFW
16	17 9:30 Chair Yoga 11:30: Lunch & a Movie Matinee	18 12-3: Dominoes 12-3: Mah-Jongg 2:00 Library Bookmobile Trip: Stan Hywet	19 9:30 Chair Yoga 10:30: Trivia Time 12-3: Game Day	20 10: Remember When SHS 1:30 Planning Dept	21 10:30: Book Club @ SMFPL 12: Thanksgiving Feast	22
23 	24 Breakfast Buddies 10: Morning Movie No Yoga	25 12-3: Dominoes 12-3: Mah-Jongg 2:00 Library Bookmobile No SAIL	26 12-3: Game Day No Yoga or Chair Volleyball	27  	28 	29
30						

DECEMBER

SUNDAY

MONDAY







TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

	1 9:30 Chair Yoga 1: Bunco Holiday Party 10:30: Volunteers in Action	2 10: Thanks a Waffle Lot 12-3: Dominoes 12-3: Mah-Jongg 1: Library Tech Help 2:00 Library Bookmobile	3 9:30 Chair Yoga 12-3: Game Day	4 10: WRH 10: VIA: Santa's Helpers 1: Brain Games	5 9: Bingo Extravaganza	6
7	8 9:30 Chair Yoga 10:30: Laugh and Learn	9 10: SAIL 12-3: Dominoes 12-3: Mah-Jongg 2:00 Library Bookmobile	10 9:30 Chair Yoga 12-3: Game Day 1: Chair Volleyball	11 10: VIA: Santa's Helpers 1: BINGO	12 Lunch Buddies	13 Trip: Severance Hall Holiday Concert
14	15 9:30 Chair Yoga Trip: Don's Pomeroy House	16 10: A Christmas Carol Tea 12-3: Dominoes 12-3: Mah-Jongg 2:00 Library Bookmobile	17 9:30 Chair Yoga 10:30 Trivia Time 12-3: Game Day	18 10: VIA: Santa's Helpers 1:30 Legal Talk with Drew Trip: John Denver Experience	19 10:30: Book Club @ SMFPL	20
21	22 9:30 Chair Yoga 11:30: Lunch & a Movie Matinee	23 10: SAIL 12-3: Dominoes 12-3: Mah-Jongg 2:00 Library Bookmobile	24 	25  	26	27
28	29 9: Breakfast Buddies 9:30 Chair Yoga 10: Morning Movie	30 12-3: Dominoes 12-3: Mah-Jongg 2:00 Library Bookmobile	31  			

COMMUNITY PARTNERSHIPS



Library Book Club

November 21st - 10:30am @ SMFPL

December 19- 10:30am @SMFPL Fee: FREE

Explore a different genre each month, mysteries, historical fiction, science fiction, and more. Dive into diverse stories, share your thoughts, and connect with fellow book lovers. Rediscover the joy of reading with us! Books available at the CSC and SMF Library. Registration required.

Manicures by Eden Vista Senior Living

Monday, November 10th at 12:30-1:30pm

Location:Eden Vista Senior Living

5511 Fishcreek Rd. Stow

Eden Vista Stow's activity director Susan will be on hand to file, shape and paint ladies finger nails. Please register a time slot when you register. Availability is limited for this program. Pre-Registration is required. Please call Susan at 330 342-0934

Blanketeers

2nd & 4th Wednesdays 12:30 - 2:30 PM

Location: Community Church of Stow,
1567 Pilgrim Dr.

You do not need to know how to knit or crochet to join. Just go with a willingness to learn and they will teach you the craft to make hats, mittens and blankets. **Donations of yarn are appreciated** and can be dropped off at the Community & Senior Center. Contact Bobbi at 330-688-7390.

Library Bookmobile

Tuesdays, 2:00-3:00 PM

Fee: FREE

Stow CSC

The Stow-Munroe Falls Public Library Bookmobile will continue weekly stops at the Stow Senior Center! Join them to borrow from their extensive selection of new fiction and more. No library card? No problem! The Library staff can help with that too! No registration required!



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Read. Dream. Connect.

Right Fit

A down to earth wellness program offered through Cleveland Clinic for seniors over 65 free of charge. Includes low- intensity fitness classes with a focus on cardio, strength and flexibility. Call 330-945-3106 for more information. This class is offered off site at 4300 Allen Rd., Stow.

Women's Bowling Group

Do you like to bowl? Looking for a fun, friendly league? The Tuesday afternoon ladies league is looking to add new teams and/or fill vacant slots on existing teams. New season begins Tuesday, September 2, 2025 for 30 weeks at Clutch Lanes, 4190 State Rd., Cuyahoga Falls, OH 44223. Games begin at 12:30. Three games played per day. Please contact Barb at stowcat@neo.rr.com or Carol at petecott@frontier.com or 330-907-3857.

COMMUNITY PARTNERSHIPS



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Programming for Adults November - December 2025

For more information for these free programs, call (330) 688-3295 ext. 4 or visit events.smfpl.org.

Wednesday Movie Club
Every Wednesday of the Month
2:00 PM

Knit, Stay, Crochet
Second Monday of the Month
6:30 - 8:30 PM

Genealogy Interest Group
Second Tuesday of the Month
7 - 8 PM

Chess for All Ages
Third Monday of the Month
6:30 - 8:30 PM

Acoustic Night
Weds., November 12
Weds., December 10
6:30 - 8:30 PM

Summit County Job and Family Services
Thurs., Nov. 13
1:00 - 5:00 PM

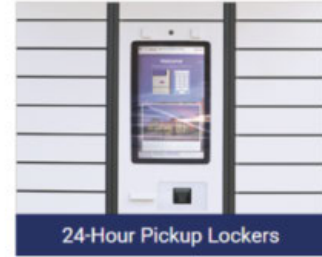
Dungeons & Dragon Club for Adults
Weds., November 5
Weds., December 3
6:00 - 8:00 PM

Star Wars at the Library
Saturday, November 1
11 AM - 3 PM

Unbreakable: The Navajo Code Talkers of World War II
Tuesday, November 4, 7 PM - 8 PM

The Best Movie You (Probably) Haven't Seen
Sunday, November 9, 2 PM - 4 PM

Understanding and Living with Dyslexia
Tuesday, November 18, 6:30 PM - 7:30 PM



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Address: 47 Steeplechase Ln,
Munroe Falls, OH 44262

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COMMUNITY BUS TRIPS

All trips are subject to change and cancellation. All restaurants are moderately priced, unless advertised and wait times and menu items may vary. **Please arrive to the Stow City Hall Parking lot, 3760 Darrow Rd., 15 minutes prior to departure time.** All required waivers must be signed prior to the date of the trip. **Call 330-697-4615 for trip cancellations outside of regular business hours.**

Cleveland Federal Reserve Bank Tour

Wed., Nov 12th 2025

Resident fee: \$43



Depart: 12:00pm Return: 5:30pm

Non Resident fee: \$45

Tour the Federal Reserve Bank of Cleveland. Commonly known as the Cleveland Fed, it is part of the Federal Reserve System, the central bank of the United States. Enjoy a guided tour of this stunning landmark building - the vault door weighs 10 tons and the lobby has a gold leaf domed ceiling. Behind the scenes guided tour of this stunning landmark and the history and workings of a federal bank. **Photo ID required at trip.** No purses, bags, or backpacks, phones or video equipment will be allowed in the building. All visitors must have a valid drivers license or photo ID for admittance. After our tour we will stop for lunch at Casa D'Angelo's in Macedonia. A buffet lunch and tip is included with the trip. **Deadline to register is Oct. 31**

Dueling Pianos at Harville Kitchen

This trip is full, but a wait list is available!

Thurs., November 13th, 2025

Resident fee: \$75



Depart: 11:30am Return: 5:00 pm ****Time change from last newsletter**

Non Resident fee: \$77

Cleveland Keys Dueling Pianos delivers an electrifying musical experience rooted in Cleveland, offering a thrilling blend of interactive piano performances. Crafted by skilled pianists united by their passion for entertainment, the act seamlessly intertwines music, humor, and audience participation. With a versatile repertoire spanning across genres and decades. You won't want to miss this show! Lunch at Hartville Kitchen after the performance is included in the cost of the trip.

Stan Hywet: Nooks & Crannies Tour

Tues. Nov. 18, 2025

Resident fee: \$33



Depart: 9:30am Return 2:30pm

Non Resident fee: \$35

Take a behind-the-scenes guided tour of the Manor House to learn more about the domestic staff who worked and lived at the estate. Admission also includes self-guided tours of the Manor House, gardens, Gate Lodge and Corbin Conservatory. This tour lasts approximately 90 minutes. It includes several flights of stairs and narrow passageways and is not recommended for guests who are unable to stand or walk for long distances. We will stop for lunch after at Farmer Boy Restaurant. (additional)

Cleveland Orchestra Holiday Concert at Severance Hall

Sat. Dec. 13, 2025

Resident fee: \$89



Depart 1:00 pm Return 5:30 pm

Non Resident fee: \$91

Join us for a trip to see The Cleveland Orchestra and Cleveland Orchestra Chorus for an unforgettable experience that will fill Mandel Concert Hall with the sounds of the holiday season. **Deadline to register is Oct. 31**

Don's Pomeroy House \$\$\$\$

Mon., December 15th

Resident fee: \$14



Depart 4:00pm Return 8:00 pm

Non Resident fee: \$16

Don's Pomeroy House is a beautifully restored, mid-19th century mansion and architectural gem located just south of Cleveland in Strongsville. This classic upscale American grille overlooks Town Square and is now legendary for serving the freshest seafood, steaks and chops in Northeast Ohio. Dinner will be ordered off a limited menu at additional expense. Enjoy the holiday lights of Strongsville Town Square after dinner. Dinner will be held up a flight of stairs. There is no elevator available.

A John Denver Christmas @ Hartville Kitchen/Theater

Thurs., Dec. 18, 2025

Resident fee: \$89



Depart 4:30 pm Return 9:30 pm

Non Resident fee: \$91

Ted Vigil pays tribute to John Denver. As part of Ted's 90-minute tribute to John Denver's Rocky Mountain Christmas you'll hear John's hits like Annie's Song, Sunshine on My Shoulders and Thank God I'm a Country Boy, however unlike most Christmas shows, you won't be hearing the Christmas songs you learned in school but John's original songs from his top selling Christmas albums.

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PROGRAM SIGN UP

Please use this registration form if you are signing up for multiple activities at once. You must sign up for each month. If you cannot attend, please call 330-689-5100, so we can add a registration from the waitlist.

Name: _____

Circle one:

Resident*

Non-Resident

Stow mailing address and 44224 zip code

_____ 2026 Senior Center Membership

\$5

SPECIAL EVENTS:

_____ BINGO Extravaganza	R: \$2	NR: \$4
_____ Holiday Bunco Party	R: \$5	NR: \$6
_____ Chair Yoga	R: \$30	NR: \$35
_____ Laugh and Learn: November _____	R: \$5	NR: \$6
_____ December _____	R: \$5	NR: \$6
_____ Lunch & a Movie Matinee - November _____	R: \$5	NR: \$6
_____ December _____	R: \$5	NR: \$6
_____ SAIL: Fitness (4 sessions)	R: \$10	NR: \$10
_____ Thanksgiving Feast	R: 15	NR: \$17
_____ Trips Without Travel: It's a Wonderful Life	R: \$4	NR: \$6
_____ Trips without Travel: Remember When	R: \$3	NR: \$5
_____ Trips without Travel: A Christmas Carol Tea	R: \$4	NR: \$6

FREE PROGRAMS WITH REGISTRATION

- _____ Western Reserve Hosp- Hernias
- _____ Thanks a Waffle Lot Brunch
- _____ Library Book Club: ____ Nov. ____ Dec.
- _____ Morning Movie: ____ Nov. ____ Dec.
- _____ Library: Tech Help (30 min. sessions)
- _____ Planning Ahead
- _____ Legal Talk with Drew

BUS TRIPS

- _____ Cleveland Federal Reserve Bank Tour
- _____ Dueling Pianos at Hartville Kitchen (WL)
- _____ Stan Hywet: Nooks & Crannies Tour
- _____ Cleveland Orchestra Holiday Concert @ SH
- _____ Don's Pomeroy House
- _____ A John Denver Christmas

Volunteers in Action

- _____ Stuff the Bus
- _____ Holiday Suncatchers
- _____ Santa's Helpers

LET'S EAT:


Lunch Buddies Nov _____ Dec _____

Breakfast Buddies Nov _____ Dec _____

Registration Begins:

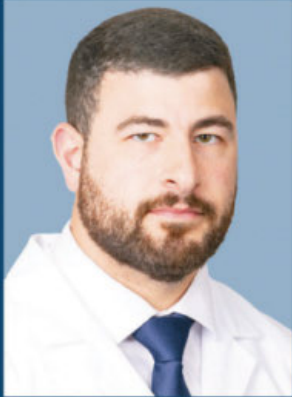
Stow Residents: October 29
Open Registration: October 30


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UNDERSTANDING HERNIAS: SYMPTOMS, TREATMENT AND PREVENTION – Presented by Dr. Omar Mujahed, General Surgery, Western Reserve Hospital





City of Stow

**December 4
10 - 11 AM**

STOW COMMUNITY & SENIOR CENTER
5344 Fishcreek Road
Stow, Ohio 44224

*light breakfast will be served



CITY OF STOW

Glow With Stow

Holiday Lighting Event

Sat., December 6, 2025
5:30 - 8:30 PM
Tree Lighting @ 5:55 PM


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STOW Senior News

Programs & Services for Active Senior Adults 55+

November - December

Registration Begins at 8:00 AM

Stow Residents: Wednesday, October 29

Open Registration: Thursday, October 30