

STOW Senior News

Programs & Services for Active Senior Adults 55+

July - August

**Registration Begins at 8 AM
at City Hall and Senior Center**

Stow Residents: June 25

Open Registration: June 26

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STOW PARKS & RECREATION DEPARTMENT

Kathy Lewis, Recreation Supervisor
klewis@stow.oh.us

Stow Community & Senior Center

5344 Fishcreek Rd.
330-689-5150

Open During Programs & Events

Program Information & In-person Registration:

Stow City Hall

3760 Darrow Road
330-689-5100

Monday - Friday
8:00AM - 4:30PM

FunInStow.com

IMPORTANT INFORMATION



The group had a great lunch and tea samplings at Miss Molly's Tea Room



Congratulations to Team Janson on qualifying for the Elevated 12 in the Mind Challenge Trivia Competition.

Late Arrival Policy for Events

We strive to create an enjoyable experience for all attendees. Please note the following policy regarding late arrivals:

Timeliness: We encourage all guests to arrive on time to ensure they can fully enjoy the event, including any provided meals or refreshments. Please arrive no earlier than 10 minutes prior to a weekly activity and 30 minutes prior to a special event.

Food Availability: Due to the nature of our events, food is served for a limited time. If you arrive after the designated serving period, we cannot guarantee food availability. Daily snacks are not guaranteed. Please plan accordingly.

No Refunds: Unfortunately, we are unable to offer refunds for missed meals or portions of the event due to late arrival. We appreciate your understanding.

Communication: If you anticipate being late, please notify us in advance when possible. While we cannot guarantee accommodations, we will do our best to assist.

BUS TRIP POLICIES

Children under 18 must be accompanied by an adult. Pre-registration is required & full payment is due upon registration. No Holds. Trips include transportation and admissions. Meals are not included unless noted. Return times are approximate so please allow for additional time.

Our staff is happy to assist you with basics whenever possible if you are travelling alone such as, if you need assistance retrieving your mobility device, or accessing the lift. (You must have a mobility device if you intend to use the lift.) If you require special assistance boarding, de-boarding, climbing stairs, or walking any distance, or of a personal nature, you must travel with a personal care attendant, as our staff is not able to provide that level of assistance. A personal care attendant **MUST** also be registered for the trip. Please inform us of your intentions regarding these needs when you register, and the City is happy to work with you to accommodate these needs.

CANCELLATION POLICY

Don't delay in registering for a program or trip. Some programs fill quickly or minimum numbers must be met in order to hold an activity. If the Stow Parks & Recreation Department must cancel a program due to low numbers you will receive a full refund of program fees. If you must cancel your registration due to any reason, including illness, appointments or change of personal plans, you must submit a refund request at least seven days prior to a trip or program. Refunds are given only if no expenses/ticket purchases have occurred. Approved refunds by check incur a \$5 processing fee. Approved refunds applied as program credit will be for the full amount. Any cancellations within 7 days of the activity **do not** receive credit or refund. You may always allow someone to take your place in the program with the exception of programs that have a current wait list.

Call 330-689-5100 M-F, 8:00-4:30 for cancellations or 330-697-4615 for trip cancellations outside of regular business hours.

THANK YOU SPONSORS
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PROJECT



REV. 7/1/2023

SPECIAL EVENTS

Fall Hiking Spree

Tues. at 10am (Rain Dates are Thurs.)

September and October

Bus Fare Fee: R: \$24 NR:\$26

Each hike departs Stow City Hall

We travel by bus to an easy to moderate trailhead with a program assistant who points the way! Please note: This program is designed for active seniors and locations will include trails at local Summit Metroparks and possibly Cuyahoga Valley National Park. We cannot guarantee credit towards to Summit Metroparks Fall Hiking spree. Hikes will include stairs, hills and uneven terrain and up to 2 miles of walking per week. Hiking location flyer will be available closer to the start of the program. Registration required.

Presentations with Pizzazz Introduces: A Tale of Two Beautiful Homes

Monday, August 18

10:00 AM Fee: R: \$3 NR: \$4

At one time William Randolph Hearst lived there with his mistress, Marion Davies. It also has a connection to JFK and several blockbuster movies. Rosecliff is a mansion from the Gilded Age. Learn about the owner, Tessie Oelrichs, who wanted to be THE queen of society. This is something straight out of a Fitzgerald novel.

Mah Jongg Lessons

11:00-12:00pm Fee: \$20

Tuesdays in August

Learn to play the game of Mah Jongg - Step by Step with other beginner level players. 4 week class teaches the rules of play with ample opportunity to practice and play with others new to the game. Participants must be able to come to all classes. Cards will be provided.



Wed., July 2, 2025

The Cover Band
Dance Hits from the
last 5 Decades

Fri., August 8, 2025

The Shazzbots
Time: 6-7:30pm with meet & greet
The galaxy's
#1 kid's rock n' roll band

All concerts will be at Stow City Center Complex
3870 Darrow Rd., Stow | 6:00 - 8:00pm

Bring your lawn chair & enjoy food trucks, yard games,
and great MUSIC!

Library Tech Help: Stow CSC, FREE

Tech Help

Tuesday, July 1 1:00pm

Sign up for a 15 minute time slot to get one on one help with your device. Bring your device and talk with library staff about what needs you have and have them help you troubleshoot things like connecting to Wi-Fi outside home, using different apps, getting help using library resources and more. Limited spots available.

Ebooks, Audiobooks, and more!

Tuesday, August 5 1:00pm

Join library staff as they help you navigate the wealth of ebooks, audiobooks, movies, tv shows, magazines and more available with your library card. The library staff will bring laptops for this training, but bring your own devices (smart phones, tablets, laptops etc. for personalized help and find out all you can access for free with your library card! This training will focus heavily on Libby and Hoopla services, but other services will be explained as well. Afterwards enjoy a visit to the bookmobile! Registration required. Limited spots available

4th Friday Parties Celebrate with us on the 4th Friday of every month at the Stow SCS!
Registration required.

Christmas in July

Friday, July 25 at 1:00pm

R: \$10 NR: \$12

We're not waiting until December to celebrate with Santa! Join us for holiday music bingo and a visit from Santa and Mrs. Claus. Wear your holiday best or just your red and green will do.

Let's Polka

Friday, August 22 at 1:00pm

R: \$10 NR: \$12

Join us for a traditional Polish lunch as the Polka Pirates band entertains us. Dancing is highly encouraged and of course a dance floor will be provided, let's see those moves!

RECREATION PROGRAMS & SERVICES

Bunco Party

Monday, August 4

1:00 PM

Stow CSC

Fee: R: \$5 NR: \$6



There are no decisions to be made, just pure luck and loads of fun. The object of the game is to accumulate points as you roll the dice in certain combinations. Small prizes will be awarded for most wins, most buncos and more. Refreshments provided. Registration required.

Volunteers In Action

1st Monday in July

10:30 AM

Stow CSC

Flower Pot painting and planting for nursing homes.



Upcoming Volunteer Opportunities

Stow Farmer's Market, 1567 Pilgrim Drive, Stow

Children's Craft Area 8:30am- 12:00pm

1st Saturday of the month: August, September and

October. 4-5 volunteers per day. Registration required

Card Making with Serenity Hospice

Monday, July 21

10:30 AM

Stow CSC

Join Brandy from Serenity Hospice and Cindy from the Stow Senior Center for a volunteer opportunity to make Easter and Spring cards for hospice patients. All supplies will be provided, along with light refreshments.

Registration required until filled.

Movie Matinee

Monday, July 28th

Monday, August 18th

11:30 AM

Stow CSC

Fee: R: \$5 NR: \$6



Why sit home watching TV when you can view a recent movie and have lunch in the company of friends? Call Stow Parks & Recreation for the title of movie.

Pre-Registration is required until full. Limited Seating.

Morning showings of the same movies as the Movie Matinee available on July 31 and August 28 at 10am for FREE. Morning shows only include the movie, no lunch provided. Registration required.

Laugh and Learn

2nd Monday of each month

10:30 AM

Stow CSC, 5344 Fishcreek Rd.,

Fee: R: \$5 NR: \$6

Try something new and let's get creative with Cindy! Each month, Cindy will lead the group in a project to allow your creativity to flow. Supplies will be provided, unless noted. No experience necessary. Registration required.

Activity levels are provided for each trip:



Mild: Level 1 - May require leisurely walking. There may be minimal steps or uneven surfaces and some standing.



Moderate: Level 2 - May require moderate walking and extended standing. There may be steps or uneven surfaces.



Strenuous: Level 3 - May require extended periods of walking and standing. There may be numerous steps or uneven terrain.

*all activity levels are estimates and we ask that you carefully look over the waiver each time and answer honestly to ensure you are physically capable of participating without assistance or with your own mobility device.

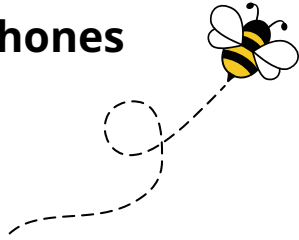
RECREATION PROGRAMS & SERVICES

Be Smart: Smart Phones Tips and Tricks

Iphone Users Only:
Tues., July 15 at 10 AM
Stow CSC

Android Users Only:
Thurs., July 17 at 1:30 PM
Stow CSC

Back by popular demand. We will offer one session each, depending on the type of smart phone you have. This FREE class will focus on tips and tricks on your smart phone.



Neighborhood Watch and Home Safety

Thurs., August 21 at 1:30 PM
Stow CSC

At this FREE event, Lt. Erik Dirker from the Stow Police Department will discuss the Neighborhood Watch program, ways to protect your home and how to lookout for your neighbors.

Pre-Registration by August 9.

Reminder: Registrations close one week prior to the event unless noted or the program is full. Please arrive on time for programs and events. Unless noted, all paid programs require registration and payment prior to the day of the program.



Judi Lint, CRS, CSP, RRS, GSA
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RECREATION PROGRAMS & SERVICES @ STOW CSC

Chair Yoga

Mondays and Wednesdays in July and August

9:30-10:15 AM

Fee: R: \$30 NR:\$35

Join certified instructor, Connie, for a great workout from the comfort (and support) of your own chair. No equipment needed to start. Beginners are welcome! Registration required.

Chair Volleyball

2nd & 4th Wednesdays at 1 PM

Free

Chair volleyball is a fun, low-impact version of traditional volleyball played while seated. It's perfect for all ability levels and encourages movement, laughter, and teamwork!

SAIL Fitness - New Class!

Try it out for free: Thursday, July 17th

10:00-11:00am

Classes begin (2nd & 4th Tues.): August 12

10:00-11:00am

Fee: \$10 per session (4 classes)

A new partnership with University Hospital, Stay Active and Independent for Life (SAIL) is an evidence-based strength, balance and fitness program for adults 65 and older. Performing exercises that improve strength, balance and fitness are the single most important activity that adults can do to stay active and reduce their chances of falling. Regularly scheduled classes begin in August. Registration required. Limited to 20 participants.

Unless noted, programs will be offered for drop-in play. Please arrive no earlier than 10 minutes before a weekly program start time.

Social Hour

Tuesdays @10-11:30 AM

No Fee. No registration.

Come for the donuts and stay for the socialization! Bring your favorite project or walk the parking lot and enjoy some social time with new friends. Please remember to take your supplies with you when you leave.

Mah- Johngg

Tuesdays @ 12 - 3 PM

No Fee. No registration.

For players familiar with the game.

Mah-Johngg Lessons coming in August! Info on page 3.

Dominos Mexican Train

Tuesdays @ 12 - 3 PM

No Fee. No registration.

Come learn to play this fun and easy game. Enjoy good company!

Trivia Time

1st and 3rd Wednesdays @ 10:30

No Fee. No registration.

Trivia challenges and games will vary from week to week. This is just for fun so come and enjoy!

Game Day!

Wednesdays @ 12 - 3 PM

No Fee. No registration.

Decks of cards and a variety of board games and bunco supplies will be on hand to play. Euchre players welcome, too! Canasta for players familiar with the game. New players are always welcome to learn.

Brain Games

1st Thursday of the month @ 1 - 2 PM

No Fee. No registration.

Join our senior center staff for a fun hour of brain games including logic puzzles, word riddles and out of the box thinking. All materials will be provided.

Bingo

2nd and 4th Thursday of each month.

Games begin at 1:00 PM No registration.

\$3 (3 card) packet for all 10 games. Correct Change please. All money taken in is paid out as prizes! Digital board displays past numbers. Window slide Bingo cards provided. Prizes provided by Danbury Senior Living.

RECREATION PROGRAMS & SERVICES

Lunch Buddies

Drive yourself to local restaurants to enjoy with friends. Meet the group leader at the restaurant. Order & pay off menu.

Friday, July 11 at 11:00 AM

Poncho & Lefty's
3254 Kent Road, Stow



Friday, August 8 at 11:00 AM

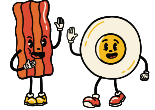
Brew Kettle
11 Atterbury Blvd Hudson, OH 44236

Breakfast Buddies

Visit a local restaurant to enjoy good conversation and a tasty breakfast! Meet the group leader at the restaurant. Order & pay off menu.

Monday, July 28 at 9:00 AM

First Watch
2050 Portage Trail Cuyahoga Falls, OH 44223



Monday, August 25 at 9:00 AM

Perkins
130 W. Streetsboro St., Hudson, OH 44236

Call 330-689-5100 to register for Lunch Buddies & Breakfast Buddies.
Registration is required by the Monday prior, unless filled. All restaurants are moderately priced.
Transportation and lunch are not included. Wait times may vary by restaurant.

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July

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10-11:30 Social Hour 12-3: Dominoes 12-3: Mah-Jongg 1: Tech Help 2:00 Library Bookmobile	2 9:30 Chair Yoga 12-3: Game Day 6: Concert on the Green	3 1: Brain Games	4	5 TRIP: Charlie Brown
6	7 9:30 Chair Yoga 10:30 Volunteers in Action	8 10-11:30 Social Hour 12-3: Dominoes 12-3: Mah-Jongg 2:00 Library Bookmobile	9 9:30 Chair Yoga 10:30: Trivia Time 12-3: Game Day 1: Chair Volleyball	10 1: BINGO	11 11: Lunch Buddies TRIP: Carol King	12
13	14 9:30 Chair Yoga 10:30: Laugh and Learn	15 10: Be Smart 10-11:30 Social Hour 12-3: Dominoes 12-3: Mah-Jongg 2:00 Library Bookmobile	16 9:30 Chair Yoga 12-3: Game Day	17 10: SAIL 1:30 Be Smart	18 Trip: Ohio Star Theater	19
20	21 9:30 Chair Yoga 10:30 Card Making 1:00 Summa	22 10-11:30 Social Hour 12-3: Dominoes 12-3: Mah-Jongg 2:00 Library Bookmobile	23 9:30 Chair Yoga 10:30: Trivia Time 12-3: Game Day 1: Chair Volleyball	24 10: Morning Movie 1: BINGO	25 12: Book Club 1: 4th Friday Party	26 TRIP: School of Rock
27	28 9: Breakfast Buddies 9:30 Chair Yoga 11:30: Movie Matinee	29 10-11:30 Social Hour 12-3: Dominoes 12-3: Mah-Jongg 2:00 Library Bookmobile	30 9:30 Chair Yoga 12-3: Game Day	31 10: Movie Showings		

August

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 8:30: VIA Trip: Bad Mood Rising CCR Tribute
3	4 9:30 Chair Yoga 10:30 Volunteers in Action 1: Bunco Party	5 10-11:30 Social Hour 12-3: Dominoes 11: Mah-Jongg Lessons 12-3: Mah-Jongg 1: Ebooks 2:00 Library Bookmobile	6 9:30 Chair Yoga 10:30 Trivia Time 12-3: Game Day	7 10: Not so Newlywed game 1: Brain Games	8 11: Lunch Buddies 6: Concert on the Green	9
10	11 9:30 Chair Yoga 10:30: Laugh and Learn	12 10-11:30 Social Hour 11: SAIL 12-3: Dominoes 11: Mah-Jongg Lessons 12-3: Mah-Jongg 2:00 Library Bookmobile	13 9:30 Chair Yoga 12-3: Game Day 1: Chair Volleyball	14 1: BINGO TRIP: Portage Princess	15	16
17	18 9:30 Chair Yoga 10: Presentations with Pizzazz 11:30: Movie Matinee	19 10-11:30 Social Hour 12-3: Dominoes 11: Mah-Jongg Lessons 12-3: Mah-Jongg 2:00 Library Bookmobile	20 9:30 Chair Yoga 10:30 Trivia Time 12-3: Game Day	21 1:30: Neighborhood Watch	22 12: Book Club 1: 4th Friday Party	23
24	25 9: Breakfast Buddies 9:30 Chair Yoga	26 10-11:30 Social Hour 11: SAIL 12-3: Dominoes 11: Mah-Jongg Lessons 12-3: Mah-Jongg 2:00 Library Bookmobile	27 9:30 Chair Yoga 12-3: Game Day 1: Chair Volleyball	28 1: BINGO	29	30
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COMMUNITY PARTNERSHIPS

Library Bookmobile

Tuesdays, 2:00-3:00 PM

Fee: FREE

Stow CSC

The Stow-Munroe Falls Public Library Bookmobile will continue weekly stops at the Stow Senior Center! Join them to borrow from their extensive selection of new fiction and more. No library card? No problem! The Library staff can help with that too! No registration required!



Library Book Club

4th Friday of each month from 12:00-1:00pm

Stow CSC Fee: FREE

Explore a different genre each month, mysteries, historical fiction, science fiction, and more. Dive into diverse stories, share your thoughts, and connect with fellow book lovers. Rediscover the joy of reading with us! Books available at the CSC and SMF Library. Registration required.

Right Fit

A down to earth wellness program offered through Cleveland Clinic for seniors over 65 free of charge. Includes low- intensity fitness classes with a focus on cardio, strength and flexibility. Call 330-945-3106 for more information. This class is offered off site at 4300 Allen Rd., Stow.

Manicures by Eden Vista Senior Living

Monday, July 14 at 12:30-1:30pm

Location:Eden Vista Senior Living

5511 Fishcreek Rd. Stow

Eden Vista Stow's activity director Susan will be on hand to file, shape and paint ladies finger nails. Please register a time slot when you register. Availability is limited for this program. Pre-Registration is required. Please call Susan at 330 342-0934

Brunch Bingo at Eden Vista Senior Living

Tuesday, August 12 10:00- 11:30AM

Location Eden Vista Senior Living

5511 Fishcreek Rd. Stow

Eden Vista invites you to join them for Brunch and Bingo! Theme is TBD. Pre-Registration is required. Please call Susan at 330 342-0934.

Not So Newlywed Game

Presented by: Hospice of Western Reserve

Thursday, August 7 Time: 10am Stow CSC

This one is going to be fun. A revamp of an old game show favorite. Interested couples, or friends can register to be a game show contestant. We will need 6 total couples to participate. We will also need a studio audience for those who just want to come and watch the fun! Snacks and refreshments will be provided.

Coffee Talk with Summa Health

Monday, July 21 Time: 1pm

Stow CSC

More information will be available closer to the registration sign up date. When available, more information and a description of the program will be in RecDesk, at the Community and Senior Center and City Hall.

Women's Bowling Group

Do you like to bowl? Looking for a fun, friendly league? The Tuesday afternoon ladies league is looking to add new teams and/or fill vacant slots on existing teams. New season begins Tuesday, September 2, 2025 for 30 weeks at Clutch Lanes, 4190 State Rd., Cuyahoga Falls, OH 44223. Games begin at 12:30. Three games played per day. Please contact Barb at stowcat@neo.rr.com or Carol at petecott@frontier.com or 330-907-3857.

Blanketeers

2nd & 4th Wednesdays 12:30 - 2:30 PM

Location: Community Church of Stow, 1567 Pilgrim Dr.

You do not need to know how to knit or crochet to join. Just go with a willingness to learn and they will teach you the craft to make hats, mittens and blankets. **Donations of yarn are appreciated** and can be dropped off at the Community & Senior Center. Contact Bobbi at 330-688-7390.

COMMUNITY PARTNERSHIPS



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For more information for these free programs, call (330) 688-3295 ext. 4 or visit events.smfpl.org.

Wednesday Movie Club
Every Wednesday of the Month
2:00 PM

Knit, Stay, Crochet
Second Monday of the Month
6:30 - 8:30 PM

Genealogy Interest Group
Second Tuesday of the Month
7 - 8 PM

Chess for All Ages
Third Monday of the Month
6:30 - 8:30 PM

Acoustic Night
Third Wednesday of the Month
6:30 - 8:30 PM

Summit County Job and Family Services
Thurs., July 10, Thurs., July 24,
Thurs., August 14, Thurs., August 28
1:00 - 5:00 PM

Novel Idea: A Guide to Self-Publishing
Sat., July 19
2:00 - 3:00 PM

Dungeons & Dragon Club for Adults
Weds., July 23
6:00 - 8:00 PM

Cuyahoga Falls Community Band
Tues., July 29
6:30 - 7:30 PM

Let's plan the next chapter together:

Answer the Library Survey

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COMMUNITY BUS TRIPS

All trips are subject to change and cancellation. All restaurants are moderately priced and wait times and menu items may vary. Please arrive to the Stow City Hall Parking lot, 3760 Darrow Rd., 15 minutes prior to departure time. All required waivers must be signed prior to the date of the trip.

Porthouse Theatre: You're A Good Man, Charlie Brown

Saturday, July 5

Resident fee: \$22



Depart: 1:00pm Return: 4:30pm

Non Resident fee: \$24

With charm, wit and heart, "You're A Good Man, Charlie Brown" explores life through the eyes of Charlie Brown and his friends in the Peanuts gang. This revue of songs and vignettes, based on the beloved Charles Schulz comic strip, is guaranteed to please audiences of all ages! We will not be stopping to eat for this trip.

Carol King the Musical at the Weathervane Theater

Friday, July 11

Resident fee: \$39



Depart: 6:30pm Return: 10:30pm

Non Resident fee: \$41

The inspiring true story of Carole King's journey from teenage songwriter to the Rock & Roll Hall of Fame! Before she was hit-maker Carole King — she was Carole Klein, a spunky, young songwriter from Brooklyn with a unique voice. From the chart-topping hits she wrote for the biggest acts in music to her own life-changing, trailblazing success with her seminal album, "Tapestry," Beautiful: The Carole King Musical takes you back to where it all began — and takes you on the ride of a lifetime. We will not be stopping for dinner, cash and snack bar are available at the Theater.

Porthouse Theatre: School of Rock (Waitlist Only)

Saturday, July 26

Resident fee: \$22



Depart: 1:00pm Return: 4:30pm

Non Resident fee: \$24

Rock got no reason, rock got no rhyme... You better get me to school on time! Andrew Lloyd Webber's "School of Rock—The Musical" is based on the hit movie. The tuner follows Dewey Finn, a failed, wannabe rock star who decides to earn an extra bit of cash by posing as a substitute teacher at a prestigious prep school. There he turns a class of straight-A pupils into a guitar-shredding, bass-slapping, mind-blowing rock band. We will not be stopping to eat for this trip.

Bad Moon Rising, a CCR Tribute at Ohio Star Theater

Saturday, August 2

Resident fee: \$73



Depart: 3:30pm Return: 10:30pm

Non Resident fee: \$75

Bad Moon Rising is a Tribute band to Creedence Clearwater Revival, also known as CCR. Their musical style encompassed roots, swamp, and blues played in a Southern rock style, with lyrics about bayous, rivers and grapevines just to name a few. Dinner buffet at Dutch Valley Restaurant and ticket to the show are included.

Evening Cruise on the Portage Princess

Thursday, August 14

Resident fee: \$35



Depart: 4:00pm Return: 9:00pm

Non Resident fee: \$37

Cruise on the Portage Princess and enjoy the lakes while listening to The Oldies music by Linda & Bobby Martin. J & J Food Truck will be available if you wish to have dinner prior to boarding. Bottled water and snacks provided on board feel free to bring your own snacks to enjoy. (No alcohol on board) Join us for a lovely evening cruise.

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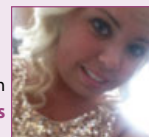
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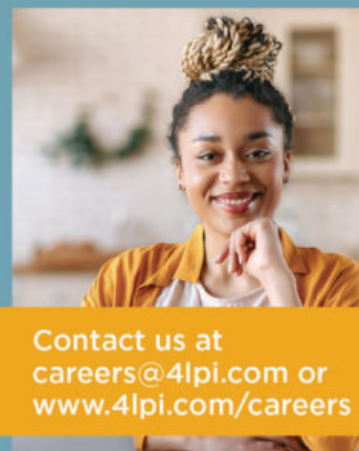
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PROGRAM SIGN UP

Please use this registration form if you are signing up for multiple activities at once. You must sign up for each month. If you cannot attend, please call 330-689-5100, so we can add a registration from the waitlist.

Name: _____

Circle one:

Resident*

Non-Resident

Stow mailing address and 44224 zip code

SPECIAL EVENTS:

_____ Bunco Party	R: \$5	NR: \$6
_____ Chair Yoga	R: \$30	NR: \$35
_____ Fall Hiking Spree	R: \$24	NR: \$26
_____ 4th Friday: Christmas in July	R: \$10	NR: \$12
_____ 4th Friday: Let's Polka	R: \$10	NR: \$12
_____ Laugh and Learn: July _____	R: \$5	NR: \$6
_____ Aug _____	R: \$5	NR: \$6
_____ Mah Jongg Lessons	R: \$20	NR: \$20
_____ Movie Matinee - July _____	R: \$5	NR: \$6
_____ Aug _____	R: \$5	NR: \$6
_____ Presentations with Pizzazz	R: \$3	NR: \$4
_____ SAIL: Fitness (4 sessions)	R: \$10	NR: \$10

FREE PROGRAMS WITH REGISTRATION

- _____ Be Smart ___ iPhone ___ Android
- _____ Card Making with Serenity Hospice
- _____ Coffee Talk with Summa Health
- _____ Library Book Club
- _____ Morning Movie Showing July
- _____ Morning Movie Showing August
- _____ Neighborhood Watch
- _____ Not So Newlywed Game
- _____ SAIL Fitness Free Class
- _____ Volunteers in Action July
- _____ Volunteers in Action - Farmers Market
- _____ Aug _____ Sept _____ Oct
- _____ Library: Tech Help
- _____ Library: Ebooks and info

BUS TRIPS

- _____ You're a Good Man, C Brown @ Porthouse
- _____ Carol King the Musical @ Weathevane
- _____ School of Rock @ Porthouse (Waitlist Only)
- _____ Bad Moon Rising @ Ohio Star Theater
- _____ Evening Cruise on the Portage Princess

LET'S EAT:

Lunch Buddies July _____ Aug _____

Breakfast Buddies July _____ Aug _____

Registration Begins:

Stow Residents: June 25

Open Registration: June 26

JULY 11
12-1 P.M.

Cuyahoga Falls Natatorium



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SENIOR COALITION



OCT. 17
11 A.M.-1 P.M.
Leona Farris Lodge



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StowCommChurch.Org

Home of the Stow Community
Farmers Market & Spaghetti Dinners



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STOW Senior News

Programs & Services for Active Senior Adults 55+

July - August

Registration Begins at 8:00 AM

Stow Residents: Wednesday, June 25

Open Registration: Thursday, June 26