

# STOW Senior News

Programs & Services for Active Senior Adults 55+

March - April

## Registration Begins:

Stow Residents: Wednesday, February 26

Open Registration: Thursday, February 27

Registration will be available at the Stow Community and Senior Center and Stow City Hall this month!

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## STOW PARKS & RECREATION DEPARTMENT

Kathy Lewis, Recreation Supervisor  
klewis@stow.oh.us

## Stow Community & Senior Center

5344 Fishcreek Rd.  
330-689-5150

Open During Programs & Events

## Program Information & In-person Registration:

### Stow City Hall

3760 Darrow Road  
330-689-5100

Monday - Friday  
8:00AM - 4:30PM

**FunInStow.com**

# IMPORTANT INFORMATION

## Frequently Asked Questions

### Q: Will my keycard open the door?

A: No, your keycard needs to be scanned at the desk each time you come in. It is for attendance, not to open the doors.

### Q: Can I get a replacement if I lose my keycard?

A: Your first replacement will be free, but after that we will charge \$5.00 for replacements.

### Q: Where are the snacks and water?

A: There is a water station at the drinking fountain and we encourage people to bring their own water bottles. Bottles of water are not available on a regular basis. Snacks will be available based on donations. Coffee will be provided daily.

### Q: Can I bring a guest:

A: Guests are welcome to come three times for drop in programs only. Guests must sign in. Anyone who would like to come to a registered program or bingo must have a membership.

### Q: Can I stay in between programs?

A: Sure! You can use the lounge furniture (whenever it arrives!), read a book or help with the community puzzle. Remember the office and kitchen are for staff only.

## BUS TRIP POLICIES

Children under 18 must be accompanied by an adult. Pre-registration is required & full payment is due upon registration. No Holds. Trips include transportation and admissions. Meals are not included unless noted. Return times are approximate so please allow for additional time.

Our staff is happy to assist you with basics whenever possible if you are travelling alone such as, if you need assistance retrieving your mobility device, or accessing the lift. (You must have a mobility device if you intend to use the lift.) If you require special assistance boarding, de-boarding, climbing stairs, or walking any distance, or of a personal nature, you must travel with a personal care attendant, as our staff is not able to provide that level of assistance. A personal care attendant **MUST** also be registered for the trip. Please inform us of your intentions regarding these needs when you register, and the City is happy to work with you to accommodate these needs.

## CANCELLATION POLICY

Don't delay in registering for a program or trip. Some programs fill quickly or minimum numbers must be met in order to hold an activity. If the Stow Parks & Recreation Department must cancel a program due to low numbers you will receive a full refund of program fees. If you must cancel your registration due to any reason, including illness, appointments or change of personal plans, you must submit a refund request at least seven days prior to a trip or program. Refunds are given only if no expenses/ticket purchases have occurred. Approved refunds by check incur a \$5 processing fee. Approved refunds applied as program credit will be for the full amount. Any cancellations within 7 days of the activity **do not** receive credit or refund. You may always allow someone to take your place in the program with the exception of programs that have a current wait list.

## Late Arrival Policy for Events

We strive to create an enjoyable experience for all attendees. Please note the following policy regarding late arrivals:

**Timeliness:** We encourage all guests to arrive on time to ensure they can fully enjoy the event, including any provided meals or refreshments. Please arrive no earlier than 10 minutes prior to a weekly activity and 30 minutes prior to a special event.

**Food Availability:** Due to the nature of our events, food is served for a limited time. If you arrive after the designated serving period, we cannot guarantee food availability. Daily snacks are not guaranteed. Please plan accordingly.

**No Refunds:** Unfortunately, we are unable to offer refunds for missed meals or portions of the event due to late arrival. We appreciate your understanding.

**Communication:** If you anticipate being late, please notify us in advance when possible. While we cannot guarantee accommodations, we will do our best to assist.

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PROJECT



## SPECIAL EVENTS

### Travel Trip Preview

Tuesday, March 4th

10:00am

Stow CSC, 5344 Fishcreek Rd.,

Stow, OH 44224 Free

Join Carolyn Szachta, Travel Director from LifeCenter Plus to learn about upcoming travel opportunities to Hawaii, Michigan Mackinac Island and Boat Cruise and Niagra on the Lake and the Shaw Festival Theater.

Whether it's a quick overnight trip or an overseas excursion, LifeCenter Plus Travel will take care of all of the planning and details.

Pre-Register at Stow Parks & Recreation Department by March 3rd. Please call Carolyn at 330-655-7487 for more information or specific itineraries.

### National Pi(e) and Potato Chip Day

Friday, March 14th

9:00-11:00am

Stow CSC, 5344 Fishcreek Rd.,

Stow, OH 44224 Free

Join Buckeye Hospice and the Stow Senior Center to celebrate National Pi Day and National Potato Chip day! All registrants will receive a complimentary pie and bag of potato chips. Please register for either the 9-10 time slot or the 10-11 timeslot. Sorry, we are unable to hold the food if you are unable to make it that day. Be sure to register by March 8.

### Grandma Gateway

Monday, April 7

1:00 PM

Fee: \$5

**Stow CSC, 5344 Fishcreek Rd.,**

**Stow, OH 44224**

Join Eden Valley Enterprizes as they tell the magnificent story of Emma "Grandma" Gatewood. At age 67, she became the first woman to hike the entire Appalachian Trail alone in 1955. Despite enduring decades of domestic abuse and raising 11 children, she embarked on this 2,050-mile journey with minimal gear and sheer determination. Her incredible feat not only broke barriers for women in long-distance hiking but also highlighted her resilience and adventurous spirit. Gatewood's story is a testament to the power of perseverance and the human spirit.

### Cleveland Guardians

#### Watch Party

Tuesday, April 8

3:30- 7:00pm

Fee: R: \$8

NR: \$10

Stow CSC, 5344 Fishcreek Rd.,

Stow, OH 44224

Put on your baseball gear and enjoy watching the Cleveland Guardians home opener vs the Chicago White Sox with us on the big screen! We will have a nacho bar and hot dogs with a cracker jack treat.



### 4th Friday Parties

Celebrate with us on the 4th Friday of every month!

Stow CSC, 5344 Fishcreek Rd.,

Stow, OH 44224

#### Music Bingo Day!

Friday, March 28th

1:00pm Fee: R: \$10 NR: \$12

Music Bingo is the perfect way to start your weekend off right! Join us for prizes, fun and of course great music! You never know what you will hear during our Music Bingo game. Singing along is highly encouraged.

#### Chair Volleyball

Friday, April 25th

1:00pm

Fee: R: \$10

NR: \$12

Don't knock it until you try it! This craze is taking over some local senior centers and we don't want to miss out on the fun! Come for lunch and stay for volleyball. Join in, or just watch from the sidelines, but either way, you should totally come have some fun with us! Net, chairs and beach ball will be provided!

# RECREATION PROGRAMS & SERVICES

## Bunco Party

Monday, March 3  
Monday, April 14\*\*  
1:00 PM



Fee: R: \$5      NR: \$6

There are no decisions to be made, just pure luck and loads of fun. The object of the game is to accumulate points as you roll the dice in certain combinations. Small prizes will be awarded for most wins, most buncos and more. Refreshments provided. Registration required.

## Volunteers In Action

1st Monday of each month  
10:30-12:00pm  
Stow CSC, 5344 Fishcreek Rd.,  
Stow, OH 44224



March project: Card making for Serenity Hospice patients. All supplies will be provided. Registration required.

April project: TBD

## Mind Challenge Practice Day

Tuesday, March 25  
11:00am  
Stow CSC, 5344 Fishcreek Rd.,  
Stow, OH 44224

The Mind Challenge for the New Majority, a local trivia competition among area senior centers. We will go over dates for the program this year, freshen up on the rules and talk about strategy for the year. Come with your team or sign up solo to be added to a team!

## Movie Matinee

Monday, March 17th  
Monday, April 21st  
11:30 AM  
Stow CSC, 5344 Fishcreek Rd.,  
Stow, OH 44224  
Fee: R: \$5      NR: \$6



Why sit home watching TV when you can view a recent movie and have lunch in the company of friends? Call Stow Parks & Recreation for the title of movie. **Pre-Registration** is required until full. Limited Seating.

New: Morning Showings of movies available on March 27th and April 10th at 10am for FREE. Morning shows only include the movie, no lunch provided.

## Laugh and Learn

2nd Monday of each month  
10:30 AM  
Stow CSC, 5344 Fishcreek Rd.,  
Stow, OH 44224  
Fee: R: \$5      NR: \$6

Try something new and let's get creative with Cindy! Each month, Cindy will lead the group in a project to allow your creativity to flow. Supplies will be provided, unless noted. No experience necessary. Registration required.

**Reminder:** Registrations close one week prior to the event unless noted or the program is full. Please arrive on time for programs and events.

### Activity levels are provided for each trip:



**Mild: Level 1** - May require leisurely walking. There may be minimal steps or uneven surfaces and some standing.



**Moderate: Level 2** - May require moderate walking and extended standing. There may be steps or uneven surfaces.



**Strenuous: Level 3** - May require extended periods of walking and standing. There may be numerous steps or uneven terrain.

\*all activity levels are estimates and we ask that you carefully look over the waiver each time and answer honestly to ensure you are physically capable of participating without assistance or with your own mobility device.

# RECREATION PROGRAMS & SERVICES

## Be Smart: Smart Phones Tips and Tricks

Thursday, March 20  
1:30 PM  
Stow CSC, 5344 Fishcreek Rd.,  
Stow, OH 44224

This new series 'Be Smart with Technology' will be offered quarterly by the Stow Information Services department. The first session will focus on tips and tricks on your smart phone.



## Learn about Lock Boxes

Thursday, April 17  
1:30 PM  
Stow CSC, 5344 Fishcreek Rd.,  
Stow, OH 44224

Did you know the City of Stow offers lock boxes for Stow residents? At a cost to the resident, a lock box allows EMS, police and fire to safely and quickly enter your home without having to break down doors or windows. Learn more about this and more with your Stow Fire Department.



**Judi Lint, CRS, CSP, RRS, GSA**  
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judilint@howardhanna.com  
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# RECREATION PROGRAMS & SERVICES

## *fitness*

### Chair Yoga

Mondays and Wednesdays in March and April. No class 4/23

9:30-10:15 AM Fee: R: \$30 NR:\$35

Join certified instructor, Connie, for a great workout from the comfort (and support) of your own chair. No equipment needed to start. Beginners are welcome!

### Right Fit

A down to earth wellness program offered through Cleveland Clinic for seniors over 65 free of charge. Includes low- intensity fitness classes with a focus on cardio, strength and flexibility. Call 330-945-3106 for more information. This class is offered off site at 4300 Allen Rd., Stow.

### Tai Chi

First and Third Thursdays ea. month  
10 AM

Tai chi is an internal Chinese martial art practiced for self-defense and health. Known for its slow, intentional movements, tai chi has practitioners worldwide and is particularly popular as a form of gentle exercise and moving meditation, with benefits to mental and physical health. Learn the basics from Brandy from Serenity Hospice who is a certified instructor.

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Unless noted, programs will be offered for drop in play. Please arrive no earlier than 10 minutes before a weekly program start time.

### Social Hour



Tuesdays @10-11:30 AM

No Fee. No registration.

Bring your favorite project—be it a puzzle, sewing, crocheting, or any other hobby—and enjoy some social time with new friends. Let's create and chat together! Please remember to take your supplies with you when you leave.

### Trivia Time

Wednesday @ 10:30

No Fee. No registration.

Trivia challenges and games will vary from week to week. This is just for fun so come and enjoy!

### Mah-Johngg

Tuesdays @ 12 - 3 PM

No Fee. No registration.

For players familiar with the game.

### Dominos Mexican Train

Tuesdays @ 12 - 2 PM

No Fee. No registration.

Come learn to play this fun and easy game. Enjoy good company!

### Game Day!

Wednesday @ 12 - 3 PM

No Fee. No registration.

Decks of cards and a variety of board games and bunco supplies will be on hand to play Euchre players welcome too!

### Canasta

Wednesday @ 12 - 3 PM

No Fee. No registration. For players familiar with the game. New players are able to learn if interested.

### Brain Games

1st Thursday of the month @ 1 - 2 PM

No Fee. No registration.

Join our senior center staff for a fun hour of brain games including logic puzzles, word riddles and out of the box thinking. All materials will be provided.

### Bingo

2nd and 4th Thursday of each month. Games begin at 1:00 PM

\$3 (3 card) packet for all 10 games. Correct Change please. All money taken in is paid out as prizes! Digital board displays past numbers. Window slide Bingo cards provided.

# RECREATION PROGRAMS & SERVICES

## Lunch Buddies



Drive yourself to local restaurants to enjoy with friends. Meet the group leader at the restaurant. Order & pay off menu.

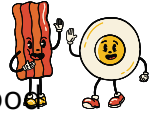
**Friday, March 14**  
**Hudson's Restaurant**  
80 N. Main St., Hudson

**11:00am**

**Friday, April 11**  
**Texas Roadhouse**  
4310 Lakepointe Corporate Dr., Stow

**11:00am**

## Breakfast Buddies



Visit a local restaurant to enjoy good conversation and a tasty breakfast! Meet the group leader at the restaurant. Order & pay off menu.

**Monday, March 24** **9:00am**  
**Wild Goats Cafe**  
319 W Main St, Kent

**Monday, April 28** **9:00am**  
**Yours Truly Restaurant**  
36 S. Main St, Hudson

Call 330-689-5100 to register for Lunch Buddies & Breakfast Buddies.

Registration is required by the Monday prior, unless filled. All restaurants are moderately priced.

Transportation and lunch are not included. Wait times may vary by restaurant.

## At Mulberry Gardens Assisted Living and Memory Care WE PUT YOUR LOVED ONE FIRST

At Mulberry Gardens Assisted Living and Memory Care, we know staying socially connected and feeling engaged becomes more important as we age. Healthy relationships, good nutrition and regular fitness programs are all included! When your loved one moves to Mulberry Gardens, they'll become a part of something special...a sense of family, friendship, and belonging that welcomes them each day. There are never any buy-in fees and everything is included in one reasonable monthly rent, even the utilities, except phone. We also offer personal services at an additional cost, and because we focus on individual needs and preferences, you only pay for the services needed.

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**330-634-9919**  
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Munroe Falls, OH 44262

MEMORY CARE  
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47 Steeplechase Ln  
Munroe Falls, OH 44262



# March

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 9:30 Chair Yoga 10:30 Volunteers in Action 1: Bunco Party	4 10: Travel Trip Preview 10-11:30 Social Hour 12-2: Dominoes 12-3: Mah-Jongg	5 9:30 Chair Yoga 10:30: Trivia Time 12-3: Cards & Games	6 10: Tai Chi 1: Brain Games 2:30 Library Bookmobile	7	8
9	10 9:30 Chair Yoga 10:30: Laugh and Learn 1: APEX	11 10-11:30 Social Hour 12-2: Dominoes 12-3: Mah-Jongg	12 9:30 Chair Yoga 10:30: Trivia Time 12-3: Cards & Games	13 1: BINGO 2:30 Library Bookmobile	14 National Pi and Potato Chip Day  Lunch Buddies	15
16	17 9:30 Chair Yoga 11:30 Movie Matinee	18 10-11:30 Social Hour 12-2: Dominoes 12-3: Mah-Jongg	19 9:30 Chair Yoga 10:30: Trivia Time 12-3: Cards & Games	20 10: Tai Chi 1:30 Be Smart 2:30 Library Bookmobile	21	22
23	24 9:30 Chair Yoga Breakfast Buddies	25 10-11:30 Social Hour 12-2: Dominoes 12-3: Mah-Jongg  11: Mind Challenge Practice	26 9:30 Chair Yoga 10:30: Trivia Time 12-3: Cards & Games	27 10: Morning Movie 1: BINGO 2:30 Library Bookmobile	28 12: Book Club 1: 4th Friday Party	29
30						

# APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3 10: Tai Chi 1: Brain Games 2:30 Library Bookmobile	4	5
6	7 9:30 Chair Yoga 10:30 Volunteers in Action 1: Grandma Gateway	8 10-11:30 Social Hour 12-2: Dominoes 12-3: Mah-Jongg	9 9:30 Chair Yoga 10:30 Trivia Time 12-3: Cards & Games	10 10: Morning Movie 1: BINGO 2:30 Library Bookmobile	11 Lunch Buddies	12
13	14 9:30 Chair Yoga 10: Laugh and Learn 1: Bunco Party	15 10-11:30 Social Hour 12-2: Dominoes 12-3: Mah-Jongg	16 9:30 Chair Yoga 10:30 Trivia Time 12-3: Cards & Games	17 10: Tai Chi 1:30 Lock Box Program 2:30 Library Bookmobile	18	19
20	21 9:30 Chair Yoga 11:30: Movie Matinee	22 10-11:30 Social Hour 12-2: Dominoes 12-3: Mah-Jongg	23 No Chair Yoga 10:30 Trivia Time 12-3: Cards & Games	24 1: BINGO 2:30 Library Bookmobile	25 12: Book Club 1: 4th Friday Party	26
27	28 9: Breakfast Buddies 9:30 Chair Yoga 1: Let's Get Social  Mind Challenge Practice Round @ Firestone	29 10-11:30 Social Hour 12-2: Dominoes 12-3: Mah-Jongg	30 9:30 Chair Yoga 10: 30 Trivia Time 12-3: Cards & Games	31 2:30 Library Bookmobile		

# COMMUNITY PARTNERSHIPS

## Library Bookmobile

Thursdays

2:30 -3:30 PM

Stow CSC, 5344 Fishcreek Rd.,

Stow, OH 44224

Fee: FREE

The Stow-Munroe Falls Public Library Bookmobile will continue weekly stops at the Stow Senior Center!

Join them to

borrow from their extensive selection of new fiction and more. No library card? No problem! The Library staff can help with that too! No registration required!



## Library Book Club

4th Friday of each month

2:00-1:00pm

Stow CSC, 5344 Fishcreek Rd.,

Stow, OH 44224

Fee: FREE

Explore a different genre each month, mysteries, historical fiction, science fiction, and more. Dive into diverse stories, share your thoughts, and connect with fellow book lovers. Rediscover the joy of reading with us!

## Manicures by Eden Vista Senior Living

Monday, April 14

11:30-1:30pm

**Location Change:** Eden Vista Senior Living

5511 Fishcreek Rd. Stow

**Eden Vista Stow's** activity director Susan will be on hand to file, shape and paint ladies finger nails.

Please register a time slot when you register.

Availability is limited for this program.

Pre-Registration is required. Please call Susan at 330 342-0934

## Brunch Bingo at Eden Vista

Tuesday, March 11 - 11:30AM

**Location :** Eden Vista Senior Living

5511 Fishcreek Rd. Stow

Eden Vista invites you to join them for Brunch and Bingo! Theme is TBD. Pre-Registration is required.

Please call Susan at 330 342-0934.

## Let's Get Social

Presented by Vitalia Senior Living

Monday, April 28

1:00 PM

Stow CSC, 5344 Fishcreek Rd., Stow, OH 44224

Fee: \$2

Join **Vitalia Senior Living** and enjoy some social time with friends and think spring! Vitalia Senior Living will provide a lemon cake/bar social for anyone that is craving a sweet treat!



## Coffee Talk with Summa Health

Monday, March 10

Time: TBD

Stow CSC, 5344 Fishcreek Rd.,

Stow, OH 44224

Amina Phelps, Physical Therapist-Rehab services OP in Hudson will be here to discuss "How physical therapy can help seniors"

## Fun in the Sun: Healthy Skin

Monday, March 10

1:00 PM

Stow CSC, 5344 Fishcreek Rd.,

Stow, OH 44224

As we approach warmer weather, APEX Dermatology will be here to talk about the importance of healthy skin all year round.

## Blanketeers

2nd & 4th Wednesdays

12:30 - 2:30 PM

Community Church of Stow, 1567 Pilgrim Dr.,

You do not need to know how to knit or crochet to join. Just go with a willingness to learn and they will teach you the craft to make hats, mittens and blankets. **Donations of yarn are appreciated** and can be dropped off at the Community & Senior Center. Contact Bobbi at 330-688-7390.

# STOW MUNROE FALLS LIBRARY EVENTS

Event	Date and Time		
Wednesday Movie Club – Movies That Matter	Every Wednesday at 2:00 PM	Matthew Ball Piano Music	Mar 8, 1:00 PM – 3:00 PM
Knit, Stay, Crochet	Second Monday, 6:30 PM – 8:30 PM	Akron Symphonic Winds Performance	Mar 9, 3:00 PM – 4:45 PM
Genealogy Interest Group	Second Tuesday, 7:00 PM – 8:00 PM	Ohio Owls	Mar 27, 7:00 PM – 8:00 PM
Chess for All Ages	Third Monday, 6:30 PM – 8:30 PM	Tragic Liner: Titanic	Apr 1, 7:00 PM – 8:30 PM
Acoustic Night	Second Wednesday, 6:30 PM – 8:30 PM	Author Talk: Cari Dubiel	Apr 7, 6:00 PM – 7:00 PM
Summit County Job and Family Services	Mar 13, Mar 27, Apr 10, Apr 24; 1:00 PM – 5:00 PM	Dinner Party Detectives	Apr 10, 6:00 PM – 8:00 PM
Family Folklore	Thursdays in Mar. & Apr., 10:30 AM – 12:30 PM	John Saks Piano Performance	Apr 12, 2:00 PM – 3:00 PM
Trailblazing Skies: WASP	Mar 6, 5:00 PM – 7:00 PM	Habitat For Humanity	Apr 15, 6:00 PM – 7:00 PM
Total Lunar Eclipse Guide	Mar 7, 4:30 PM – 5:30 PM	Miniature Painting Workshop	Apr 16, 5:00 PM – 7:00 PM
		Beaded Earring Craft	Apr 17, 6:00 PM – 8:00 PM
		Flowerpot Painting	Apr 23, 7:00 PM – 8:00 PM
		Author Talk: Dr. Gregory Hill	Apr 27, 2:00 PM – 4:00 PM

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# COMMUNITY BUS TRIPS

All trips are subject to change and cancellation. All restaurants are moderately priced and wait times and menu items may vary. Please arrive 15 minutes prior to departure time. All required waivers must be signed prior to the date of the trip.

## Picasso and Papers Tour at Cleveland Museum of Art



Friday, March 7

Resident fee: \$22

Depart: 10:15am Return: 3:30

Non Resident fee: \$24

Enjoy a guided tour showcasing nearly 300 works spanning the artist's career, the exhibition highlights Picasso's relentless exploration of paper. His appreciation of and experimentation with the material is revealed in the works ranging from collages of cut-and-pasted papers to sculptures from pieces of torn and burnt paper, manipulated photographs, drawings in virtually all available media, and prints in an array of techniques. Lunch at the Renaissance Cafe and self guided tour on your own after the program.

## Rhythm of the Dance at Ohio Star Theater



Tuesday, March 18

Resident fee: \$73

Depart: 3:30pm Return: 10:30pm

Non Resident fee: \$75

Rated #1 among the most popular Irish Dance productions touring the world, RHYTHM OF THE DANCE creates a new era in Irish entertainment, containing a wealth of talent, featuring World and Irish champion dancers and the finest traditional musicians and singers. Combining Irish dance and Celtic music with the most up-to-date stage technology, this two-hour dance and music extravaganza takes audiences on an exhilarating, energy-packed time trip through the ages. Dinner included at Dutch Valley Restaurant.

## Jersey Boys at Weathervane Playhouse



Friday, March 28

Resident fee: \$40

Depart: 6:30pm Return: 10:30pm

Non Resident fee: \$42

\*Ohio Community Theatre Premiere\* With phenomenal music, memorable characters, and great storytelling, Jersey Boys follows the fascinating evolution of four blue-collar kids who became one of the greatest successes in pop-music history. Winner of Best Musical at both the Tony Awards and Olivier Awards, Jersey Boys takes you behind the music of Frankie Valli and The Four Seasons to discover the secret of a 40-year friendship as the foursome works their way from the streets of New Jersey to the heights of stardom. You'll be thrilled with electrifying performances of chart-topping hits including "Sherry," "Big Girls Don't Cry," "Can't Take My Eyes Off You," "Dawn," and "My Eyes Adored You," which brought The Four Seasons the highest honor: induction into the Rock 'n' Roll Hall of Fame. Audience Advisory: This show contains adult language and themes. We will not be stopping for dinner prior to the show.

## Hollywood Gaming at Mahoning Valley



Friday, April 4

Resident fee: \$15

Depart: 10:30am Return: 3:00pm

Non Resident fee: \$17

Take a ride to Youngstown to Hollywood Gaming at Mahoning Valley. Spend the day meandering through the casino and gamble until your heart's content. Sorry, there is no live horse racing this day. There are restaurants (Wahlburgers, Sky Box and Take 2 Grill) in the Casino where you can grab lunch on your own.

## Dial M for Murder at Weathervane Playhouse

Thursday, April 24

Resident fee: \$40

Depart: 6:30pm Return: 10:30pm

Non Resident fee: \$42

Frederick Knott's midcentury melodrama had a highly successful run on Broadway and later gained popularity as a major motion picture directed by Alfred Hitchcock. This psychological thriller unravels an elegant mystery about an ex-tennis star who plots to kill his wealthy wife. We will not be stopping for dinner prior to the show.

## The Road to Damascus: A Musical at Ohio Star Theater

Friday, May 16

Resident fee: \$73

Depart: 10:00am Return: 4:00pm

Non Resident fee: \$75

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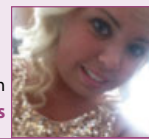
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**Jayne Pandy**

[jpandy@lpicommunities.com](mailto:jpandy@lpicommunities.com)

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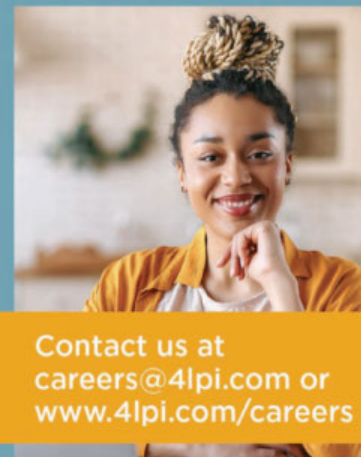
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# PROGRAM SIGN UP

Please use this registration form if you are signing up for multiple activities at once. You must sign up for each month. If you cannot attend, please call 330-689-5100, so we can add a registration from the waitlist.

Name: \_\_\_\_\_

Circle one:

Resident\*

Non-Resident

\*Stow mailing address and 44224 zip code\*

## SPECIAL EVENTS:

_____ Chair Yoga	<b>R: \$30</b>	<b>R: \$35</b>
_____ Travel Trip Preview	<b>FREE</b>	<b>FREE</b>
_____ National Pi and Potato Chip Day	<b>FREE</b>	<b>FREE</b>
_____ Grandma Gateway	<b>\$5</b>	<b>NR: \$6</b>
_____ Cleveland Guardians Watch Party	<b>R: \$8</b>	<b>NR: \$10</b>
_____ Music Bingo	<b>R: \$10</b>	<b>NR: \$12</b>
_____ Chair Volleyball	<b>R: \$10</b>	<b>NR: \$12</b>
_____ Bunco Party - March _____ April _____	<b>R: \$5</b>	<b>NR: \$6</b>
_____ Movie Matinee - March _____ April _____	<b>R: \$5</b>	<b>NR: \$6</b>
_____ Laugh and Learn: March _____ April _____	<b>R: \$5</b>	<b>R: \$6</b>
_____ Let's Get Social	<b>\$2</b>	

## FREE PROGRAMS

- \_\_\_\_\_ Morning Movie
- \_\_\_\_\_ Morning Movie
- \_\_\_\_\_ Volunteers in Action
- \_\_\_\_\_ Mind Challenge
- \_\_\_\_\_ Smart Phones Tips and Tricks
- \_\_\_\_\_ Lock Boxes
- \_\_\_\_\_ Coffee Talk
- \_\_\_\_\_ Healthy Skin
- \_\_\_\_\_ Library Book Club

## BUS TRIPS

- \_\_\_\_\_ Cleveland Museum of Art
- \_\_\_\_\_ Rhythm of Dance
- \_\_\_\_\_ Jersey Boys
- \_\_\_\_\_ Hollywood Gaming
- \_\_\_\_\_ Dial M for Murder
- \_\_\_\_\_ The Road to Damascus

## LET'S EAT:

**Lunch Buddies** March \_\_\_\_\_ April \_\_\_\_\_

**Breakfast Buddies** March \_\_\_\_\_ April \_\_\_\_\_



# LUCK *of* the IRISH LUNCHEON

MARCH 14  
11:30 a.m. - 1 p.m.

Cuyahoga Falls Natatorium  
2345 4th Street, Cuyahoga Falls

It is a FREE event, but registration is required by calling (330) 926-3445 or by emailing [hospitalevents@westernreservehospital.org](mailto:hospitalevents@westernreservehospital.org)

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**STOW SENIOR ADULT PROGRAMS**  
**MARCH - APRIL 2025**  
**STOW PARKS & RECREATION DEPARTMENT**  
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# STOW Senior News

Programs & Services for Active Senior Adults 55+

March - April

## Registration Begins:

Stow Residents: Wednesday, February 26

Open Registration: Thursday, February 27